Term 1  Week 5, Commencing 25th February, 2013

**OUR SCHOOL WEEK**

<table>
<thead>
<tr>
<th>TERM 1</th>
<th>Week 5</th>
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<tbody>
<tr>
<td><strong>Monday 25th Feb</strong></td>
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</table>
| **Tuesday 26th Feb** | Scripture Begins  
Take-it-Home Tuesday  
Canteen Committee Meeting 2pm – Staffroom  
Balgowlah Boys Campus Open Day – 9-11.30am  
Mackellar Girls Campus Open Day – 9-11.30am |
| **Wednesday 27th Feb** | PCS Year 6 Young Leaders  
Senior Girls Eagle Tag Training – 3-4pm  
Junior Girls Teeball Training – 3-4pm |
| **Thursday 28th Feb** | Zone Swimming Carnival  
Manly Selective Open Day 9.30-11.30am |
| **Friday 01st Mar** | Senior Boys Softball & Junior Boys Cricket Training 8-8.45am  
PSSA  
Softball: v Bilgola Plateau @ Newport Oval  
Tee-Ball: v Bilgola Plateau @ Newport Oval  
Cricket: v Bilgola Plateau @ Newport Oval  
Eagle Tag: v Bilgola Plateau @ Narrabeen Reserve  
AFL A Team v Bilgola Plateau @ Narrabeen Sports High  
AFL B Team V Collaroy Plateau @ Narrabeen Sports High |

**TERM 1 Week 6**

| **Monday 04th Mar** | Best Start Interviews - class KC  
K - 2 Assembly |
| **Tuesday 05th Mar** | Best Start Interviews – class KS  
Take-it-Home Tuesday |
| **Wednesday 06th Mar** | Best Start Interviews – class KY  
PCS Year 6 Young Leaders  
Senior Girls Eagle Tag Training – 3-4pm  
Junior Girls Teeball Training – 3-4pm |
| **Thursday 07th Mar** | Best Start Interviews – class KA |
| **Friday 08th Mar** | Senior Boys Softball & Junior Boys Cricket Training 8-8.45am  
PSSA  
Softball: v Collaroy Plateau @ Kitchener Park  
Tee-Ball: v Collaroy Plateau @ Kitchener Park  
Cricket: v Collaroy Plateau @ Kitchener Park  
Eagle Tag: v Collaroy Plateau @ Narrabeen Reserve  
AFL A Team v Narrabeen North @ Narrabeen Sports High  
AFL B Team V Wheeler Heights @ Narrabeen Sports High |

- PRODUCTS & SERVICES advertised ARE NOT endorsed by Elanora Heights P.S.
- Please note that items for the weekly newsletter will NOT be accepted after 10am on the preceding Friday.
**Found** - a watch with a silver face and black cloth strap with silver stripes. The word “SPORT” is on the band. Please contact the office if this is yours.

**REMINDER TO PARENTS:** Please make sure that **ALL** your children's belongings (clothes, lunch boxes, drink bottles, stationery, etc.) are **CLEARLY LABELLED** with your child's name. Labelled property can be easily returned to its owner. Thank you.

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**Principal’s Message**

**Dear Parents/Caregivers,**

**PBEL**

In week 5 and 6 of this term we are conducting lessons in our classrooms on how our core values of **Respect** and **Responsibility** translate to our lunch areas. When we talk about **Respect** in the lunch area we mean students should place rubbish in correct bins, be kind and considerate of others and wear a hat. By **Responsibility** we mean students should stay seated at all times while eating and only eat their own food.

**Phonics – Helping your child with letters and sounds**

For decades now, phonics has been the subject of great public debate. It seems everyone has an opinion on it, so much so that a host of myths and half-truths have arisen. While experts argue about how much emphasis should be placed on phonics instruction in classrooms, just about all agree the teaching of phonics and phonemic awareness is critical to children learning to read. More information can be found at [http://www.schoolatoz.nsw.edu.au/homework-and-study/english/english-tips/phonics-helping-your-child-with-letters-and-sounds](http://www.schoolatoz.nsw.edu.au/homework-and-study/english/english-tips/phonics-helping-your-child-with-letters-and-sounds)

**Changes to reporting procedures**

This year we are making changes to the way in which we provide information about our students to parents and caregivers. Last year we held interviews and provided a written report at the end of Term 2 and a written report at the end of Term 4. There was some concern amongst the staff that a face-to-face meeting at the end of Term 2 was too late in the year to have meaningful dialogue with parents about progress and concerns, so the following changes have been made. At the end of Term 1 we will be holding interviews with parents of students from Year 1 to Year 6. Kindergarten interviews will take place during the Best Start Interviews in Week 6. There will then be a written report at the end of Term 2 (parents can request an interview) and Term 4.

**Student Achievement**

Congratulations to Tayanita R of 6R who competed in the Little Athletics Regional Championships on Saturday 16 February. Tayanita came first in under 11 Girl’s High Jump and progresses to the State Championships. Best of luck Tayanita.

Well done to Xavier B in 2R who competed in the 2013 LANSW Regional Championships at Narrabeen on Saturday 16 and Sunday 17 February. Bryce was in two events, the 60m Hurdles and the 200m Sprint, where he came 5th in the final of the Hurdles and just missed out on qualifying for the final of the 200m race.

Congratulations to Zane F, Oliver S, Ned and Layla R and Holli R competed in the State Touch Football Championships in Port Macquarie last weekend in muddy conditions. U10’s Layla R and Holli R were State Champions and Holli was also named as a player “to watch” in the future. U12’s Ned R’s team were runners-up.

**Speech problems**

All children learn how to talk and listen at different rates but did you know there’s a general pattern to your child’s language development? To find out more go to [http://www.schoolatoz.nsw.edu.au/wellbeing/health/speech-problems](http://www.schoolatoz.nsw.edu.au/wellbeing/health/speech-problems)
PSSA training
During the week a number of teachers stay behind after school to train our students for PSSA sport, however, a number of parents have not picked up their children at the conclusion of the training sessions. I would like to remind parents that the training sessions conclude at 4pm and students must be picked up from the oval. If you cannot pick up your child promptly could you please arrange for another parent in the team or a relative to pick up your child? Don’t forget to send in a note to let the teachers know about the changes to your pick-up routine.

Going on holidays?
The Education Act (1990) requires parents to ensure that children of compulsory school age attend school on each day that the school is open for instruction. This includes arriving on time for instruction. If children are absent from school, parents are required to provide the school with an acceptable explanation within six days of the absence. If you are going on a holiday for more than 10 days then you need to obtain an exemption certificate. Exemption forms can be obtained from the front office.

Safety around our school
Last Friday we had an incident where one of our students ran across a pedestrian crossing and tripped over a kerb injuring themselves. While the injury was minor there was potential for a very nasty accident. I ask all parents to please ensure that their children walk with them when coming to and leaving the school.

Parent focus group
Tomorrow night we are holding a Parent Focus Group meeting in the staffroom at 7 pm. The meeting will be run by Ed Smith from DEC Communications Directorate. The meeting will assist Narrabeen Sports High School gain a greater understanding of the needs and expectations of our school community. The focus group session will be very informal so please feel free to come along. You don’t have to intend sending your child to Narrabeen Sports High School to attend the Focus Group.

Until next time,
Bill Gillespie,
Principal

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### PSSA TRAINING TIMES

<table>
<thead>
<tr>
<th></th>
<th>Days</th>
<th>Times</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>Senior Girls Eagle Tag</td>
<td>Wednesdays</td>
<td>3 - 4pm</td>
<td>Top Oval</td>
</tr>
<tr>
<td>Senior Boys Softball</td>
<td>Fridays</td>
<td>8:00 - 8:45am</td>
<td>Middle Oval</td>
</tr>
<tr>
<td>Junior Girls T-Ball</td>
<td>Wednesdays</td>
<td>3 - 4pm</td>
<td>Middle Oval</td>
</tr>
<tr>
<td>Junior Boys Cricket</td>
<td>Friday</td>
<td>8:00 - 8:45am</td>
<td>Top Oval</td>
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Please be advised that all children should be collected by parents when they are dismissed from training (within the school grounds) and NOT wait for collection at the top of the track where there is no supervision.

### PSSA RESULTS

<table>
<thead>
<tr>
<th>Versus</th>
<th>Result</th>
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</thead>
<tbody>
<tr>
<td>Senior Girls Eagle Tag</td>
<td>Draw 5 - 5</td>
</tr>
<tr>
<td>“A”</td>
<td>Loss 4 - 5</td>
</tr>
<tr>
<td>Senior Girls Eagle Tag</td>
<td></td>
</tr>
<tr>
<td>“B”</td>
<td></td>
</tr>
<tr>
<td>Senior Boys Softball</td>
<td>Win 6 - 3</td>
</tr>
<tr>
<td>“A”</td>
<td>Loss 1 - 9</td>
</tr>
<tr>
<td>Senior Boys Softball</td>
<td></td>
</tr>
<tr>
<td>“B”</td>
<td></td>
</tr>
<tr>
<td>Junior Girls T-Ball</td>
<td>Win 14 - 6</td>
</tr>
<tr>
<td>“A”</td>
<td>Loss 8 - 9</td>
</tr>
<tr>
<td>Junior Girls T-Ball</td>
<td></td>
</tr>
<tr>
<td>“B”</td>
<td></td>
</tr>
<tr>
<td>Junior Boys Cricket</td>
<td>Win 48 - 31</td>
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</table>
Re-launching this Tuesday 26th February – TAKE IT HOME TUESDAY!

PLEASE SEND EARTH-FRIENDLY LUNCH AND MORNING TEA, without plastic or foil.

Take-it Home Tuesday is part of Elanora’s drive to reduce waste.
We ask that each Tuesday you particularly try to send food without plastic or foil. The new multi-compartment lunchboxes reduce the need for wrapping. Paper bags or wrap can be composted. We ask that children simply take any other rubbish home again in their lunch box. There will still be one green bin for non-recyclable, non-biodegradable rubbish by the canteen and one in the K-2 area, but we hope you will support this initiative which is good for children’s health and good for the environment.

DO SEND:

- Reusable LABELLED lunch boxes and water bottles … please check if your child’s name is still clear!
- Food in paper if necessary

AVOID

- Plastic bags, plastic wrap and non-recyclable containers
- Foil packets and wrap

MINIMISE

- Plastic bottles and poppers can be recycled ... but it takes lots of energy to make and to recycle, adding to pollution and greenhouse gases. Poppers often add to playground litter as the plastic casing around the straw rarely makes it to the bin, and the straw cannot be recycled. I also find many thrown away only partly drunk.

Over the past few years we have made great strides in reducing the waste going to Kimbriki Tip from our students’ food. The new kindergarten children are being trained to use our three bin system: white bins for food scraps and paper to go to the compost, red bins for recyclable drink containers, and green bins for the rest – plastic and foil – which goes to the tip. Our team of energetic monitors collect the compost and recycling each day and take real pride in this responsibility. After the bugs and worms have done their work, we have rich soil for our gardens. The children are fascinated to see this transformation take place over a couple of months.

Would you like to contribute?

As explained in last week’s newsletter, LiveLifeWell @School aims to improve our children's health through involving parents and schools in encouraging healthy patterns of nutrition and activity.

Join the parent/teacher group

This is your chance to throw in new ideas and keep the children’s interest high. We will meet about once a term, your participation does not require a lot of time. Last year we had some great parent initiatives such as Rainbow Fruito-Vego, labelling days, fruit kebabs as rewards and nutritional info in the newsletter. An exciting project is planned for Years 3-6 this term – making their own lunch at school from an appetising range of healthy ingredients. Parent help is needed!

If you are interested, please return this form to your class teacher or the office who will forward it to me.

Thank you,
Jenny Cullen

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I am interested in being part of the LiveLifeWell@School parent/teacher group.

Name: ..........................................................

Name and class of my child/children: ..........................................................

Email:.......................................................... Phone: .........................
Clean Up School Day – this Friday, 1st March

On Friday, Years 2-6 will be picking up any litter that has spread around our grounds. *You may like to send gloves for your child.*

This is our contribution to *Clean Up Australia Day* which is on Sunday. Taking your children to help at a local site is a great way to build a strong sense of connection and responsibility for our area and environment.

**Band Fees**

Some parents have advised that they have not received an invoice for Band Fees. Please contact the Treasurers at jdlmasters@gmail.com if you have not received an invoice for Band or Guitar fees.

We would appreciate for all fees to be paid by 1 March.

**Email Addresses**

Our database is now up to date, thank you to the parents who made contact last week.

**Practice**

As well as regular practice it is important that you receive feedback from your child’s tutor so practice is structured and applied where it is needed most. Please ensure your tutor is aware of new Band pieces that are introduced during the year and they identify difficult sections that require detailed instruction.

**Band Camp**

Band Camp is on Monday 8 April from 8.00am to around 8.00pm and Tuesday 9 April from 7.30am to about 6pm. This year’s Band Camp is non-residential (children will return home for Monday night). Band Camp is compulsory for Senior Band and strongly recommended for Intermediate Band.

The Guitar Group will also run a 2 day workshop at Band Camp.

Members of these bands will receive detailed information over the next week or so.

**Parking on School Grounds**

The school driveway gate is now open until 7.30am for morning Band rehearsals in addition to regular afternoon opening hours. There is additional traffic due to before school care and a scramble sometimes results at the am and pm peaks.

Please follow the school guidelines when parking on school grounds:

1. Always follow the sign posted speed limits.
2. Only park in designated parking areas.
3. Do not park on the grass.
4. Use the roundabout correctly (starboard rounding mark for sailors).

I've also been advised by a bloke called Bill that it's inadvisable to park his car in. In the corporate world this is considered a career limiting move. At school it's worth a couple of white cards and a summons to school to be grilled by your children on your inconsiderate behaviour. At the very least you will considered persona non grata until someone else usurps your special status.

Tim Cowdery
Band President
A message from the P&C ...

**P&C NEWSLETTER** - Over the next few months, the P&C will be trialling our newsletter that will be available in hardcopy, email and at the office. This newsletter organised by Diane will have all social events and dates and will also just keep you up to date on our school community.

**SOCIAL COMMITTEE** - We still require at least two people to help Diane on the Social Committee. They say 'many hands make light work' and it really is a rewarding commitment. The flipside is one person cannot do it all by herself and this could mean no social events such as Mothers’ Day stalls or Fathers’ Day Campout. If you can help, please contact the office.

Justin Wolfe
P&C President

**CANTEEN NEWS**
Below is the roster for the next three weeks. Recess orders can also be made via Munch Monitor for our "Dip Pots" with either carrots or celery sticks or our Saladas with either Vegemite, cheese or cheese & tomato. Please ensure you tell your child to come to the canteen to collect these orders, where they will be ready and waiting for them.

Our next Canteen Committee Meeting will be held in the staffroom tomorrow, Tuesday, 26th February at 2pm. Please come along and join us.

Thanks, Wendy.

<table>
<thead>
<tr>
<th>Term 1  2013</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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<tbody>
<tr>
<td>Week 5</td>
<td>KYLIE</td>
<td>JULIE S</td>
<td>KATHRYN V</td>
<td>LYNNE H</td>
<td>KAREN Y</td>
</tr>
<tr>
<td>24 –01 Mar</td>
<td></td>
<td>PIPPA McF</td>
<td>KIM K</td>
<td>LISA H</td>
<td>JENNY G</td>
</tr>
<tr>
<td>Week 6</td>
<td>DI V</td>
<td>ANGIE K</td>
<td>LOUISE E</td>
<td>9.30-11.30</td>
<td>KELLY G</td>
</tr>
<tr>
<td>04 – 08 Mar</td>
<td></td>
<td></td>
<td></td>
<td>ERICA R</td>
<td>RO B</td>
</tr>
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<td></td>
<td></td>
<td></td>
<td></td>
<td>9.30-1.30</td>
<td></td>
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<tr>
<td>Week 7</td>
<td>KAREN W</td>
<td>JENNY F</td>
<td>KAREN C</td>
<td>ANGELA C</td>
<td>NICOLA F</td>
</tr>
<tr>
<td>11 – 15 Mar</td>
<td></td>
<td>IONE B</td>
<td>KATE McG</td>
<td>SILVANA D</td>
<td>NEED HELP</td>
</tr>
</tbody>
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Wendy Douglass  Canteen Coordinator  Ph: 9913 2721
**Uniform Shop**

Shop hours:  
Monday: 8.15 am – 9.45 am  
Thursday: 8.15 am - 9.45 am  
*We offer ETPOS and CREDIT CARD facilities (Visa/MasterCard)*

Suzie Duncan  
Uniform Shop Coordinator

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**2nd Hand Uniforms**

If you require any second hand clothing please call me **after 9 a.m.** on 9913 1292 or email me at thewoodleys@optusnet.com.au

**SECOND HAND UNIFORMS ARE ALWAYS IN DEMAND SO DONATIONS ARE MOST WELCOME**

Karen Woodley,  
Second Hand Uniform Coordinator

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**COMMUNITY NEWS**

**Clean Up Australia Day**

is a simple way you can take action to conserve our prized Australian environment.

In 2012 an estimated **591,400 volunteers** cleaned up **16,169 tonnes** at **7,363 sites** right across Australia. But we can do better! Why not join the team to Clean Up Australia on **Sunday, 3 March 2013**.

Get involved by [registering your own Clean Up Site](#) or by [volunteering at a site near you](#).

Please register at these two local sites:

**North Narrabeen Lagoon**

Representing: Coastal Environment Centre  
**About the Site**

Join us to help clean up the environment along the northern lakeshore of Narrabeen Lagoon. Our site stretches from the Ocean Street Bridge around to the bridge on Pittwater Road at Narrabeen.

**Site Address**

Lake Park Road  
North Narrabeen  
NSW 2101  
**Meeting Point:** Coastal Environment Centre, off Pelican Path  
**Date:** March 3rd 2013  
**Start time:** 9:00 AM  
**End time:** 12:00 PM  
**Site Coordinator Details:** Joanne Tulau  
email: jtulau@pittwater.nsw.gov.au
Warriewood
Representing: McDonalds Warriewood

About Our Site
Join us to help clean up, fix up and conserve the environment.

Site Address
McDonalds     Warriewood     NSW 2102

Meeting Point: CNR of Warriewood and Pittwater Roads     Warriewood

Date: March 3rd 2013     Start time: 08:30 AM     End time: 12:00 PM

Site Coordinator Details     Matt Loveday     email: matt.loveday@hotmail.com

DON’T FORGET to BYO gloves, and wear sturdy shoes in case there is broken glass.

Narrabeen FC Needs You

If you love your football (soccer), why not come and have some fun playing for Narrabeen Football Club (NFC).

We’re currently recruiting new players for Boys U11 (born 2002) and U12 (born 2001).

Check us out at www.narrabeenfc.com.au

ONLINE REGISTRATION IS AVAILABLE NOW - Click on - http://www.narrabeenfc.com.au/registration.html

If you have any issues or questions, please contact:
Narrabeen FC Registrar - registrar@narrabeenfc.com.au

Join the club that has the most FUN
MWBA PRIMARY AGE BASKETBALL COMP:
‘THE POTTER LEAGUE’

**WHEN:** Starts in March runs ‘till July (No games in school holidays)

**WHO:** Designed for new players. Individual players can join at any time or you can enter a team of between 7 & 10 players.

**COST:** $150 per player includes registration, insurance, game fees, playing singlet, match coaching court hire & referees (payment before first game)

**VENUE:** NBISC, Jacksons Rd, Warriewood

**GAME TIMES:**
Mixed SEX YR1/2 & YR 3/4 Tuesdays 4pm/4.40pm/5.20pm
YR5/6 Thursdays 4PM/4.40/5.10
All Girls Saturdays 3.30/4.20/5.10pm

**TRAINING (OPTIONAL):** Each Saturday during school term at Northern Beaches Indoor Sports Centre, Jackson Rd, Warriewood
(ages 7 & under session 2.30-3.30pm,
ages 8 & over mixed session 3.30-4.30pm)

**Expert coaching plus short game $9 per session**

EMAIL: CAMPS@MANLYBASKETBALL.COM.AU
Epilepsy Information Seminar

Do you have epilepsy? Or does someone you live with or care for have epilepsy?

Epilepsy Action Australia provides specialist epilepsy services for children and adults living with epilepsy across Australia. Our seminars allow you to gain and understanding of epilepsy and the seizure diversity including descriptions of the common types of seizure activity, seizure first aid and management strategies.

Who: Anyone who has epilepsy or lives with or cares for someone with epilepsy

Date: Saturday 2nd March 2013

Time: 10:00am to 12:00pm

Venue: Epping, NSW

Numbers are limited
Register now to secure your place
- Call: 1300 37 45 37
- Email: epilepsy@epilepsy.org.au