## OUR SCHOOL WEEK

### TERM 3 Week 1

<table>
<thead>
<tr>
<th>Monday</th>
<th>15th July</th>
<th>Staff Development Day</th>
</tr>
</thead>
</table>
| Tuesday | 16th July | Students return for Term 3  
“Take it Home Tuesday” |
| Wednesday | 17th July | School Banking Day |
| Thursday | 18th July | PCS Music Festival Rehearsal  
Years 3-6 Gym |
| Friday | 19th July | PSSA  
Soccer: v Avalon @ Careel Bay  
Netball: v Avalon @ Boondah  
Rugby League: v Newport @ Newport Oval |

### TERM 3 Week 2

<table>
<thead>
<tr>
<th>Monday</th>
<th>22nd July</th>
<th>K-2 Assembly</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday</td>
<td>23rd July</td>
<td>“Take it Home Tuesday”</td>
</tr>
</tbody>
</table>
| Wednesday | 24th July | School Banking Day  
Year 3 Botany Bay Excursion  
OC Placement Test |
| Thursday | 25th July | Years 3-6 Gym |
| Friday | 26th July | PSSA  
Soccer: v Newport @ Kitchener Park  
Netball: v Newport @ Boondah  
Rugby League: v Narrabeen North @ Narrabeen Reserve #4 |

- PRODUCTS & SERVICES advertised ARE NOT endorsed by Elanora Heights P.S.
- Please note that items for the weekly newsletter will NOT be accepted after 10am on the preceding Friday.

### Notes Home This Week

**Finishing Times & Meeting Arrangements - Kindergarten**

### Reminders

**Payments for Years 3-6 Gymnastics Program for Identified Students**

**PARENTS, PLEASE COME & CHECK UN-NAMED LOST PROPERTY**

**Send bank books in on Wednesday**
Principal's Message

Parking in the school grounds
In the last week of the previous term there were a number of incidents of concern regarding parents driving and parking within the school grounds. One afternoon we had three parents already parked in the turning circle when another parent decided that they would also park illegally causing the turning circle to be blocked. When asked to move their vehicle by a member of staff they refused halting all traffic. We had one car reversing out from between the Year 3 and Year 5 and 6 classrooms almost hitting a blocked car, another parent seeing the blocked traffic going around the right hand side of the round-a-bout and calling for their child to come through the chaos to their car, two cars stuck at the round-a-bout and another parent seeing the blockage doing a U-turn in the middle of the driveway. A number of staff, including myself, have been blocked in by parents. If there isn't a designated parking space within the school grounds then parents need to park on Elanora Road.

Due to the actions of some parents I am currently reviewing the parking situation within the school grounds. If parents continue to act in an irresponsible manner when driving within the school grounds then there won't be access for parents to drop off or pick up their children from Before and After School Care, Band or after school PSSA training. Elanora Heights PS is one of the few schools that allow parents to drive onto their grounds.

Student medical forms
During Terms 3 and 4 we will be updating our medical records system to ensure we have the most up-to-date information on your child’s health. If you have a child with a medical condition you will receive a copy of the new forms in the mail and will need to fill them out and return them to us as soon as you can. The good news is we have already started collecting some of this information, which means less for you to do. The new forms will help us collect your child’s important medical information and the introduction of new systems will mean we’ll be able to better manage the daily and emergency health needs of your child. We appreciate your support as we start collecting the information, and if you have any questions please call.

Welcome back
I would like to take this opportunity to welcome back Mrs New, Mrs Zaratsian and Mrs Gerard after the birth of their children. Mrs New will be taking science as part of the Release from Face to Face program on a Monday and Wednesday. Mrs Zaratsian and Mrs Gerard will be taking 2D. A meeting will be held shortly so parents of children in 2D have the opportunity to meet Mrs Zaratsian and Mrs Gerard.

Public meeting to discuss traffic issues around our school
Next Wednesday, 24 July, Pittwater Council will be holding a meeting to discuss traffic, parking and pedestrian congestion around Elanora Heights Public School. All parents and community members are invited to attend this important community forum to discuss these issues and to be informed of the changes that will be taking place. The meeting will take place at the Narrabeen North Community & Tennis Centre, Woorarra Avenue, North Narrabeen from 7pm – 8:30pm.

Student Achievement
Daniel M (5P) competed for Sydney North the last week of Term 2 in the PSSA Hockey. His team had a successful carnival in which they finished second in their pool, and fourth overall. This result is a big improvement from last year in which the team finished 10th (out of 12 teams).
Daniel really enjoyed the experience of playing representative hockey at this level and was also very proud to represent Elanora Heights Public School.

Over the first week of the school holidays Jaime M of 4W, competed in the regional skiing competition held in Perisher Valley. Jaime made it through to the NSW state championships in all 3 events. She came 3rd in the Moguls, 6th in the Giant Slalom and went straight through to state in the Ski Across as this event was cancelled due to bad weather. The NSW State championships will be held in Perisher from the 20th of August to 25th.
Multicultural Speaking Finals
Congratulations to Sam, Jessie, Wil and Lexi who represented our school at the local Multicultural Speaking Finals. There were 15 competitors, all of whom spoke exceptionally well. The standard of both, the prepared speeches and the impromptus was very high. There was one overall winner and two highly commended awards given in both, junior and senior categories. Both Jessie and Sam received the highly commended awards! Congratulations to all of the students who performed beautifully representing EHPS with such confidence and grace.

Sorting fact from fiction
You can't always trust what you read when researching information for homework, assignments or projects. There are ways your child can tell a good website – or any document – from a bad one. Find out more at http://www.schoolatoz.nsw.edu.au/homework-and-study/homework-tips/sorting-fact-from-fiction

Until next time,
Bill Gillespie,
Principal

Meet Our Staff
Mrs Cullen – Assistant Principal/Teacher
An interview by our school captains Lauren, Ruby and Wil

Lauren – Mrs Cullen, how long have you been at EHPS?
Mrs Cullen – Five years.

Wil – What do you like best about EHPS?
Mrs Cullen – The well cared for lovely children and the beautiful natural grounds.

Ruby – Have you worked at many other schools?
Mrs Cullen – Yes, I have taught at some quite different schools in different parts of Sydney.

Lauren – Mrs Cullen, what are your hobbies or interests?
Mrs Cullen – Swimming, bushwalking and learning about our fascinating world!!

Ruby – What is your role at EHPS?
Mrs Cullen – I currently teach a Year 2 class and am also an assistant principal.
A tribute to my Grandad............

Congratulations to the Bauder’s Grandad, Dr David Serisier, OAM

My Grandad is my mum’s father and his name is Dr David Serisier and our family are very, very proud of him. This year, Grandad was awarded an Order of Australia in the Queen’s birthday honours. He has been a neurologist at Illawarra Hospital for 35 years.

He said, “Until recently, I was the only practising neurologist in the area. So I’ve been on call 24 hours a day seven days a week for 35 years.” Being “on call” means that wherever he was, he would be ready to help any patient who needed him all day and all night every single day.

My mum says, “As well as being an incredibly committed doctor, he has campaigned tirelessly to improve the quality of care for his patients in the Illawarra. It took him a decade to get the stroke unit established and he never gave up.”

He is also associate professor at the University of Wollongong teaching other doctors.

Even though he is such a busy man, he tries to fit in time to spend with us too. Thank you Grandad for helping so many people!

By Genevieve Bauder

Premier’s Sporting Challenge 2013

It’s Term 3, Week 1 and the Challenge begins!

This afternoon all students K-6 will bring home their Premier’s Sporting Challenge Logs that they will use to record time spent engaged in physical activity and sport for the 10 week period (i.e. weeks 1-10 inclusive).

The time accrued includes both week days and weekends so the PSC is really easy to achieve for the students at EHPS given their involvement in so many activities!

Please encourage your child/children to engage in many different forms of physical activity and/or sport during the Challenge and help them record ‘time’ in their logs each day.

Remember the aim of the Challenge is to get ‘more students, more active, more often’.

Teachers will be monitoring the challenge using a PSC class wall chart to keep each child ‘on track’.

Good luck Elanora students with the K-2 challenge ‘go for gold’ and the Years 3-6 challenge of attaining the highest award - diamond!

I’d love to hear from any child/family participating in some ‘out there’ forms of physical activity to share with others in the newsletter eg abseiling, parasailing, scuba diving- or whatever!

Vicki Bosler
PSC Coordinator
PSSA TRAINING TIMES
(TRAINING IS CANCELLED IF IT IS RAINING)

<table>
<thead>
<tr>
<th>Event</th>
<th>Days</th>
<th>Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Senior Boys Rugby League</td>
<td>Wednesdays</td>
<td>2.55 - 4pm</td>
<td>Top Oval</td>
</tr>
<tr>
<td></td>
<td>Fridays</td>
<td>8 - 8.45am</td>
<td>Top Oval</td>
</tr>
<tr>
<td>Junior Boys Rugby League</td>
<td>Wednesdays</td>
<td>2.55 - 4pm</td>
<td>Top Oval</td>
</tr>
<tr>
<td>Senior Girls Soccer</td>
<td>Thursdays</td>
<td>8am - 8.45am</td>
<td>Top Oval</td>
</tr>
<tr>
<td>Junior Girls Soccer</td>
<td>Thursdays</td>
<td>8am - 8.45am</td>
<td>Top Oval</td>
</tr>
<tr>
<td>Senior Boys Soccer</td>
<td>Thursdays</td>
<td>8am - 8.45am</td>
<td>Top Oval</td>
</tr>
<tr>
<td>Junior Boys Soccer</td>
<td>Thursdays</td>
<td>8am - 8.45am</td>
<td>Top Oval</td>
</tr>
<tr>
<td>Senior Girls Netball</td>
<td>Mondays</td>
<td>8am - 8.45am</td>
<td>Netball Courts</td>
</tr>
<tr>
<td>Junior Girls Netball</td>
<td>Tuesdays</td>
<td>8am - 8.45am</td>
<td>Netball Courts</td>
</tr>
</tbody>
</table>

Please be advised that all children should be collected by parents when they are dismissed from training (within the school grounds) and NOT wait for collection at the top of the track where there is no supervision.
Catholic Scripture

Dear Parents,

You are invited to attend our annual School Mass being held on Tuesday 20 August 2013. Fr. Barry Nobbs of the Lakes Parish, will celebrate the Primary School Mass with Year 3 – 6 Catholic Scripture children in the School Hall at 9.45am. After the Mass you are invited to have a cuppa and a chat with your child’s SRE teacher. We look forward to meeting you on August 20. Parents, grandparents and friends are most welcome to attend.

Yours sincerely,

Catholic Scripture Teachers
Elanora Heights Public School.
Below is the roster for Term 3. There are quite a few days we are still in need of helpers, if you are able to help, please drop by the canteen or call me on the number below. Your help is very much appreciated as we cannot run our canteen without our wonderful volunteers.

Thanks………………
Wendy Douglass
Canteen Co-ordinator  9913 2721

<table>
<thead>
<tr>
<th>TERM 3 WEEK</th>
<th>TERM 3 MONDAY</th>
<th>TERM 3 TUESDAY</th>
<th>TERM 3 WEDNESDAY</th>
<th>TERM 3 THURSDAY</th>
<th>TERM 3 FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. 15 - 19/7</td>
<td>SED</td>
<td>SUSIE W</td>
<td>KATHRYN V/KIM K</td>
<td>NEED HELP</td>
<td>KAREN Y/NEED HELP</td>
</tr>
<tr>
<td>2. 22 - 26/7</td>
<td>DI V</td>
<td>RENATE R/KARIN S</td>
<td>LOUISE E</td>
<td>9:30-11:30 ERICA R/9:30-1:30 GILL E</td>
<td>KELLY G/NEED HELP</td>
</tr>
<tr>
<td>3. 29/7-2/8</td>
<td>KAREN W</td>
<td>ANGIE K/PAULA B</td>
<td>KATE MCG</td>
<td>ANGELA C/MANDY H</td>
<td>MICHAELA B/DARREN J</td>
</tr>
<tr>
<td>4. 5 – 9/8</td>
<td>VIV K/FIONA F</td>
<td>IONE B/PIPPA MC</td>
<td>SHARON C</td>
<td>DANNI G/MARSHA W</td>
<td>HANA/NEED HELP</td>
</tr>
<tr>
<td>5. 12 – 16/8</td>
<td>NEED HELP</td>
<td>SUSIE W</td>
<td>KATHRYN V/KIM K</td>
<td>NEED HELP</td>
<td>NEED HELP</td>
</tr>
<tr>
<td>7. 26 – 30/8</td>
<td>KAREN W</td>
<td>ANGIE K/PAULA B</td>
<td>KATE MCG</td>
<td>ANGELA C/MANDY H</td>
<td>DAVINA J/NEED HELP</td>
</tr>
<tr>
<td>8. 2 – 6/9</td>
<td>VIV K/FIONA F</td>
<td>IONE B/PIPPA MC</td>
<td>SHARON C</td>
<td>DANNI G/MARSHA W</td>
<td>HANA/NEED HELP</td>
</tr>
<tr>
<td>9. 9 – 13/9</td>
<td>NEED HELP</td>
<td>JULIE S</td>
<td>KATHRYN V/KIM K</td>
<td>LYNNE H/LISA H</td>
<td>NEED HELP</td>
</tr>
<tr>
<td>10. 16 – 20/9</td>
<td>DI V</td>
<td>RENATE R/KARIN S</td>
<td>LOUISE E</td>
<td>9:30-11:30 ERICA R/9:30-1:30 GILL E</td>
<td>KELLY G/NEED HELP</td>
</tr>
</tbody>
</table>

Wendy Douglass  Canteen Coordinator  Ph:  9913 2721
Second Hand Uniforms
If you require any second hand clothing please call me after 9 a.m., on 9913 1292 or email me at thewoodleys@optusnet.com.au

SECOND HAND UNIFORMS ARE ALWAYS IN DEMAND SO DONATIONS ARE MOST WELCOME
Karen Woodley, Second Hand Uniform Coordinator

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Uniform Shop
Shop hours: Monday: 8.15 am – 9.45 am Thursday: 8.15 am - 9.45 am
We offer ETPOS and CREDIT CARD facilities (Visa/MasterCard)

**News Flash** - New School Jacket
We are now taking orders for the new School Jacket. Please complete an order form if you are interested in purchasing one of these versatile, great looking jackets for your child. If you wish to check sizes, we have samples in the Uniform Shop.

Alterations/Repairs – we are fortunate to have one of our parents, Michelle Sturrock, who is a dressmaker and is offering to carry out repairs and alterations for your uniform items. Please contact the uniform shop for a price list and further details.

Suzie Duncan
Uniform Shop Coordinator

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The Northern Sydney Scholastic & Sports Academy
at Narrabeen Sports High School

Thinking of where to send your child for High School?
Thinking of changing schools?

Narrabeen Sports High School is a comprehensive public school focused on delivering excellence in all areas of the curriculum. The school has a unique specialist sporting & scholastic Academy with professional coaching staff and world class facilities.

We are offering a free afternoon of activity for interested students in Years 5, 6, 7 & 8 to try an Academy sport, followed by a BBQ.

Interested parents will be able to attend an information session during the training sessions. To secure a place please email Karen.Dipper1@det.nsw.edu.au or call 9913 7820 (Tues/Thurs)

When: Wednesday 31st July, 2013 3:30pm - 4:30pm
Where: Narrabeen Sports High School - 10 Namona St, North Narrabeen
Sports: AFL, Rugby Union/League, Touch Football, Dance, Basketball, Netball, Football (Soccer) and Tennis.
# Community News

## Northern Sydney Parenting Courses Term 3

Visit www.resourcingparents.com

<table>
<thead>
<tr>
<th>Course</th>
<th>Agency</th>
<th>Suburb</th>
<th>Cost</th>
<th>Start Date</th>
<th>Finish Date</th>
<th>Time</th>
<th>Contact Name</th>
<th>Phone</th>
<th>Email/Contact</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lower North Shore Golf Fun</td>
<td>Northern Sydney Local Health District</td>
<td>Chatswood</td>
<td>FREE</td>
<td>Mon 15.07.2013</td>
<td>18.08.2013</td>
<td>4.30pm - 6.30pm</td>
<td>Jonathan Noyes</td>
<td>9976 6532</td>
<td><a href="mailto:jnoyes@nsclahs.health.nsw.gov.au">jnoyes@nsclahs.health.nsw.gov.au</a></td>
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<tr>
<td>Hornsby Golf Fun</td>
<td>Northern Sydney Local Health District</td>
<td>Hornsby</td>
<td>FREE</td>
<td>Mon 15.07.2013</td>
<td>18.08.2013</td>
<td>4.30pm - 6.30pm</td>
<td>Jonathan Noyes</td>
<td>9976 6532</td>
<td><a href="mailto:jnoyes@nsclahs.health.nsw.gov.au">jnoyes@nsclahs.health.nsw.gov.au</a></td>
</tr>
<tr>
<td>Northern Beaches Golf Fun</td>
<td>Northern Sydney Local Health District</td>
<td>North Narrabeen</td>
<td>FREE</td>
<td>Tue 16.07.2013</td>
<td>19.08.2013</td>
<td>4pm - 5pm</td>
<td>Jonathan Noyes</td>
<td>9976 6532</td>
<td><a href="mailto:jnoyes@nsclahs.health.nsw.gov.au">jnoyes@nsclahs.health.nsw.gov.au</a></td>
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<tr>
<td>North Ryde Golf Fun</td>
<td>Northern Sydney Local Health District</td>
<td>North Ryde</td>
<td>FREE</td>
<td>Tue 16.07.2013</td>
<td>19.08.2013</td>
<td>4pm - 5pm</td>
<td>Jonathan Noyes</td>
<td>9976 6532</td>
<td><a href="mailto:jnoyes@nsclahs.health.nsw.gov.au">jnoyes@nsclahs.health.nsw.gov.au</a></td>
</tr>
<tr>
<td>Cool Kids Child Anxiety Group Program</td>
<td>Approach Psychology</td>
<td>Gordon</td>
<td>$850 for the 10 week program - Medicare rebates apply</td>
<td>Thu 18.07.2013</td>
<td>18.08.2013</td>
<td>9am - 3pm</td>
<td>Donna Sobranski</td>
<td>0476733163</td>
<td><a href="mailto:info@approach-psychology.com.au">info@approach-psychology.com.au</a></td>
</tr>
<tr>
<td>Toddlers: Terrible or Terrible Workshops</td>
<td>Child &amp; Adolescent Parenting, Northern Sydney Local Health District</td>
<td>Chatswood</td>
<td>$15pp or $110pp for 3</td>
<td>Thu 18.07.2013</td>
<td>01.08.2013</td>
<td>7.00pm - 8.30pm</td>
<td>Vivienne Hughes</td>
<td>0477837676</td>
<td><a href="mailto:vhughes@nsclahs.health.nsw.gov.au">vhughes@nsclahs.health.nsw.gov.au</a></td>
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<tr>
<td>Anxiety Seminar</td>
<td>CatholicCare</td>
<td>Curl Curl</td>
<td>Free</td>
<td>Mon 22.07.2013</td>
<td>22.07.2013</td>
<td>9.30-11.00</td>
<td>Louise Hall</td>
<td>9668 5100</td>
<td><a href="mailto:brookvalefamilycentre@dbb.org.au">brookvalefamilycentre@dbb.org.au</a></td>
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<tr>
<td>Circle of Security Parenting Program</td>
<td>CatholicCare</td>
<td>Narrabeen</td>
<td>$30</td>
<td>Tue 23.07.2013</td>
<td>23.07.2013</td>
<td>9am-9pm</td>
<td>Narrabeen Family Support Team</td>
<td>8426 6700</td>
<td><a href="mailto:narrabeenfamilyservice@dbb.org.au">narrabeenfamilyservice@dbb.org.au</a></td>
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<tr>
<td>Anxiety Seminar</td>
<td>CatholicCare</td>
<td>Maroubra</td>
<td>Free</td>
<td>Tue 23.07.2013</td>
<td>23.07.2013</td>
<td>7.00pm - 9.00pm</td>
<td>Louise Hall</td>
<td>9668 5100</td>
<td><a href="mailto:brookvalefamilycentre@dbb.org.au">brookvalefamilycentre@dbb.org.au</a></td>
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<tr>
<td>Circle of Security Parenting Group</td>
<td>CatholicCare</td>
<td>Wolstonetheath</td>
<td>$65 for 6 weeks plus baby sitting cost</td>
<td>Tue 23.07.2013</td>
<td>23.07.2013</td>
<td>10am-12pm</td>
<td>Kerrie Paton</td>
<td>0204424000</td>
<td><a href="mailto:kerrie.paton@ssaws.health.nsw.gov.au">kerrie.paton@ssaws.health.nsw.gov.au</a></td>
</tr>
</tbody>
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**COUGH COLD AND FLU SEASON STARTING!**

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- Free zinc tests in clinic everyday... zinc is vital for good immunity! Custom cough & cold mixes: fix those irritating night coughs!
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Green Door Health - Natural Therapies & Education
Shop 6, 89 Kalang Road, Elanora Heights, NSW 2101 (off Powderworks Rd)
E: info@greendoorhealth.com.au  www.greendoorhealth.com.au

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9913 9781

facebook.com/greendoorhealth
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No Contracts

Elanora Heights Public School
43 Elanora Road, Elanora Heights
FRIDAY Juniors: 6:00pm
Beacon Hill Primary School
Tristram Road, Beacon Hill
THURS Juniors (5ys to 12 yrs) 6:00pm
Terrey Hills Community Centre
Yulong Ave, Terrey Hills
TUES Juniors: 6:00pm

Phone: 04 1300 4094
www.tkma.com.au

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Baseball season is about to start!
Pittwater Baseball Club invites all players to be part of this fun-filled game

Have some fun batting a baseball...!

Ages 5 to 16 welcome
Come to our Try-Baseball Day on

Sunday 21 July & Sunday 4 August
North Narrabeen Reserve (Rat Park)
from 11:30am - 2:30pm
Free sausage sizzle & drink

For further information and how to find us, see our website at
www.pittwaterbaseballclub.com.au
or phone Cheryl on 0425 264 293
If you can't make it on the day, you can still register by downloading forms from our website