## Our School Week

<table>
<thead>
<tr>
<th>Term 3 Week 4</th>
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<tbody>
<tr>
<td><strong>Monday</strong></td>
<td><strong>05th Aug</strong></td>
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<tr>
<td><strong>Kindy 2014 Tour &amp; Information Session</strong></td>
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<tr>
<td><strong>3-6 Assembly</strong></td>
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<tr>
<td><strong>Premier’s Sporting Challenge</strong></td>
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<tr>
<td><strong>Tuesday</strong></td>
<td><strong>06th Aug</strong></td>
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<tr>
<td><strong>“Take it Home Tuesday”</strong></td>
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<tr>
<td><strong>Wednesday</strong></td>
<td><strong>07th Aug</strong></td>
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<tr>
<td><strong>Years 3-6 Gym</strong></td>
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<td><strong>School Banking Day</strong></td>
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<td><strong>Thursday</strong></td>
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<td><strong>Years 3-6 Gym</strong></td>
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<td><strong>Friday</strong></td>
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<td><strong>PSSA</strong></td>
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<tr>
<td><strong>Soccer:</strong> v <strong>Collaroy Plateau</strong> @ <strong>Kitchener Park</strong></td>
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<td><strong>Netball:</strong> v <strong>Collaroy Plateau</strong> @ <strong>Boondah</strong></td>
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<tr>
<td><strong>Rugby League:</strong> v <strong>Avalon</strong> @ <strong>Narrabeen Reserve #3</strong></td>
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<thead>
<tr>
<th>Term 3 Week 5</th>
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<tbody>
<tr>
<td><strong>Monday</strong></td>
<td><strong>12th Aug</strong></td>
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<tr>
<td><strong>Spellathon Test Week</strong></td>
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<tr>
<td><strong>K-6 Assembly</strong></td>
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<tr>
<td><strong>Premier’s Sporting Challenge</strong></td>
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<td><strong>Tuesday</strong></td>
<td><strong>13th Aug</strong></td>
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<tr>
<td><strong>“Take it Home Tuesday”</strong></td>
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<tr>
<td><strong>Wednesday</strong></td>
<td><strong>14th Aug</strong></td>
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<tr>
<td><strong>2R &amp; 1/2W Excursion to Manly Dam</strong></td>
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<tr>
<td><strong>Years 3-6 Gym</strong></td>
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<tr>
<td><strong>School Banking Day</strong></td>
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<tr>
<td><strong>Thursday</strong></td>
<td><strong>15th Aug</strong></td>
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<tr>
<td><strong>2C &amp; 2D Excursion to Manly Dam</strong></td>
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<tr>
<td><strong>Years 3-6 Gym</strong></td>
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<tr>
<td><strong>Friday</strong></td>
<td><strong>16th Aug</strong></td>
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<tr>
<td><strong>Premier’s Sporting Challenge Week 5 Stats due</strong></td>
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<tr>
<td><strong>PSSA</strong></td>
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<tr>
<td><strong>Soccer:</strong> v <strong>Narrabeen North</strong> @ <strong>Narrabeen North School Grounds</strong></td>
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<tr>
<td><strong>Netball:</strong> v <strong>Narrabeen North</strong> @ <strong>NB Indoor Sports Centre</strong></td>
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<tr>
<td><strong>Rugby League:</strong> v <strong>Bilgola Plateau</strong> @ <strong>Narrabeen Reserve #4</strong></td>
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- PRODUCTS & SERVICES advertised ARE NOT endorsed by Elanora Heights P.S.
- Please note that items for the weekly newsletter will NOT be accepted after 10am on the preceding Friday.

### FOUND

- 1 x School Jacket un-named (new microfibre style) Size 12 - Please call into the office
- 1 x brand new dog collar - red with red sparkly bones on it

### Reminders

- Don’t forget - P&C MOVIE TRIVIA NIGHT - SAT 10TH Aug 7pm in Hall
- PARENTS, PLEASE COME & CHECK UN-NAMED LOST PROPERTY
- PLEASE MAKE SURE YOUR CHILD’S PROPERTY IS CLEARLY LABELLED
- Send bank books in on Wednesday
**Principal's Message**

**Spellathon**
How is the spelling going? Does your child know all their words? Do they have many sponsors? Don’t forget that next week we will be testing students on their spellathon words. All completed spellathon sheets and money need to be returned to school on Friday, 30 August. There is a special prize for the class that raises the most money.

**P&C**
At the recent P&C meeting it was decided that the bottom oval is a priority for development and that the P&C would make the oval their main fundraising focus. **How can you help?** Have you paid your P&C fees? Do you have expertise in landscaping, environmental design or developing playgrounds? If you answered yes to any of these questions then please come along to the next P&C meeting on Tuesday, 27 August, where we will have some concept drawings for the playground redevelopment.

**Student achievement**
Congratulations to **Lachlan M (5W)** who has been selected in the Manly Warringah Junior Baseball U12's Association Cup Team.

On Friday, 26th July 2013, **Sabrina B (3S) and Jacinda B (1R)** competed in the Castle Hill Festival of Performing Arts Eisteddfod. Both girls played piano. **Sabrina** competed in two categories, ‘Restricted own choice 8yrs & under’ where she played ‘Light Blue’ and her second category was ‘Open own choice 8yrs & under’ where she played ‘L’arabesque’. Sabrina received a ‘Highly Commended’ ribbon for her performance of ‘Light Blue’.

**Jacinda** also competed in two categories ‘Restricted Own Choice 6yrs & under’ where she played ‘Struttin’ and her second category was ‘Open Own Choice 6yrs & under’ where she played ‘Big Black Spider’. Jacinda received third place trophy for her performance of ‘Struttin’ and a ‘Highly Commended’ ribbon for her performance of ‘Big Black Spider’. Both girls did a great job after many months of practice. Congratulations Sabrina and Jacinda!

Do you have a child who has achieved something special? If the answer is yes then please let us know so that we can celebrate together.

**Food for the school day**
Any parent of a school-aged child knows how famished their children are the minute they walk in the door from school. And the simple reason for that is learning makes you hungry. Or, to put it another way, children need to eat well if they are to learn well. Here is some advice to help feed developing brains. [http://www.schoolatoz.nsw.edu.au/en/wellbeing/food/power-foods-for-kids](http://www.schoolatoz.nsw.edu.au/en/wellbeing/food/power-foods-for-kids)

**Ten cybersafety tips every parent should know**
Keeping your kids safe online is easy with a few simple precautions. Find out more: [http://www.schoolatoz.nsw.edu.au/technology/cybersafety/cybersafety-tips-every-parent-should-know](http://www.schoolatoz.nsw.edu.au/technology/cybersafety/cybersafety-tips-every-parent-should-know)

**Leaving your children at home alone**
All parents make the decision to leave their child at home alone sooner or later. And although parents may worry at first, most children will be fine on their own when the appropriate time comes, so long as some guidelines are followed. Find out more: [http://www.schoolatoz.nsw.edu.au/en/wellbeing/development/leaving-your-children-at-home-alone](http://www.schoolatoz.nsw.edu.au/en/wellbeing/development/leaving-your-children-at-home-alone)

**P&C trivia night**
It is not too late to purchase a ticket for the P&C trivia night. The night fun and merriment takes place this Saturday, 10 August. The staff has entered a crack team of trivia buffs and are sure to carry off most of the prizes, however, don’t despair I’m sure there are enough prizes for everyone. Please contact the office for more information. I look forward to seeing you there.

Until next time,
**Bill Gillespie**  Principal
Our Open Day for Education Week was such a success. Thank you to everyone who came to celebrate with us.

There was so much activity in classrooms, including reading books, looking at stories, discussing maths ideas and appreciating fabulous art works.

At our concert magnificent bands played conducted by Nic Campbell, the junior and senior choirs sang under the guidance of Mrs Grewal, Mrs Castaing and Miss Johnson, and our dancers floated beautifully across the stage with the assistance of choreographer Miss Clydsdale. We heard inspiring speeches from our public speaking competition winners Jessie, Sam and Will, and enjoyed the toe-tapping sounds of KY and JJ.

Thank you to all the teachers who help prepare the students for their guests and to all the performers who showcased some of the talent we have at our school.

We hope to see you all again next year!
Last Wednesday was Science Week and our STEM Club group was excited by the visit of a young engineer Dirk Van Weeren. Dirk talked to the club about the importance of having strong trusses on a bridge. He assisted our investigation of rigid structures and shapes. Looking at a model of the Harbour Bridge helped us identify the triangle as a particularly strong (rigid) shape. Dirk also explained the work of engineers and helped in our straw bridge-building. His cousin, Lauren Van Weeren, a student teacher on 2C was also there to help.

At the same time in Canberra, Australia’s Chief Scientist, Ian Chubb was officially launching his position paper addressing the urgent need to increase the focus on STEM - Science, Technology, Engineering and Mathematics - at every level of our education system and beyond. Ian Chubb has repeatedly emphasised the importance of high quality teaching in these fields starting in primary level schools. You can see his address at [www.abc.net.au/news/2013-07-31/...press-club...ian-chubb/4856576](http://www.abc.net.au/news/2013-07-31/...press-club...ian-chubb/4856576).

At our meeting on Thursday this week we will complete our bridges and test how sturdy they are. We hope Dirk will come back soon to see our final products. Thanks Dirk!
The Bronze and Silver Awards will be given to the students at the K-2 & 3-6 Assemblies. The Gold & Diamond Awards will be given out at the K-6 Assembly. If you wish to see your child receive their award at assembly, please first contact the office to confirm this. (Parents, if you are sending the 20 mini merits from home, could you please make sure that the mini merit on top has your child’s full name & class on it. Please do not send them in plastic bags or envelopes. Thank you.)

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<th>SILVER</th>
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<td>PENNY B</td>
<td>AISHA A</td>
<td>ZALEY A</td>
<td>CHLOE B</td>
<td>SAMANTHA G</td>
<td>NELSON H</td>
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<td>BRYCE C</td>
<td>KY H</td>
<td>INDIANNA K</td>
<td>SAM K</td>
<td>WILLIAM L-B</td>
<td>JAMIESON M</td>
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<td>TASMAN F</td>
<td>LUKE M</td>
<td>GEOFFREY Mc</td>
<td>ISABELLA M</td>
<td>ANDREW M</td>
<td>JOSIE P</td>
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<td>SIENNA H</td>
<td>CAMERON P</td>
<td>CONNOR S</td>
<td>JESSICA T</td>
<td>ELLA V W</td>
<td>TAMARA W</td>
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<td>JAMES H</td>
<td>PENNY B</td>
<td>TEAGAN B</td>
<td>JACKSON C</td>
<td>FINLAY C</td>
<td>CHAD D</td>
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<td>LAUREN H</td>
<td>DANIEL D</td>
<td>FLYNN E</td>
<td>REBECCA H</td>
<td>BROOKE K</td>
<td>JAMIE K</td>
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<td>REBECCA H</td>
<td>SHEA K</td>
<td>ALANNAH L</td>
<td>HUDSON Mc</td>
<td>MAX Mc</td>
<td>JACQUES Mc</td>
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<td>JACQUES Mc</td>
<td>ISABELL M</td>
<td>JESSICA P</td>
<td>LUKE P</td>
<td>ROBBIE P</td>
<td>NICOLE P</td>
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<td>EMILY P</td>
<td>NATHAN R</td>
<td>NATALYA R</td>
<td>TAYLA R</td>
<td>CHARLIE S</td>
<td>TASMAN V</td>
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<td>TASMAN V</td>
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<td>JACK W</td>
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Meet Our Staff

Mr O’Reilly – General Assistant

An interview by our school captains Lauren, Ruby and Wil

Wil – Mr O’Reilly, how long have you been at EHPS?
Mr O’Reilly – I first walked down the Elanora driveway when I was 28 years old!
I have been a GA for seven and a half years.

Ruby – What do you like best about EHPS?
Mr O’Reilly – The new driveway!

Wil – Have you worked at many other schools?
Mr O’Reilly – No. I was a professional driver before this.

Lauren – Mr O’Reilly, what are your hobbies or interests?
Mr O’Reilly – My interest is the greatest team in the world – Tottenham Hotspurs FC. My hobby is keeping Mrs O’Reilly happy. Happy wife – happy life!!

Lauren – What is your role at EHPS?
Mr O’Reilly – My favourite roll is an Elanora special made by Wendy the canteen chick!!

Reminders

Premier’s Reading Challenge
The Premier’s Reading Challenge for 2013 will officially end on Sunday, 1st September but in order for us to collate all information, the last day for parents to help their children submit the books they have read on-line is Friday, 23rd August.
Spellathon
A reminder that the Spellathon test is in Week 5. We hope your cards are filled with sponsors - you still have time to collect some more. The class that raises the most sponsorship money will be given a party.

Athletics Carnival Results

Here are the results for the 100m Finals. The children who placed 1st, 2nd and 3rd all qualify to compete at the Zone Athletics Carnival to be held on Tuesday 27th August, 2013

8 Years Boys 100m
1st Will L-B
2nd Xavier B
3rd Nash R

8 Years Girls 100m
1st Keeley H
2nd Annabelle F
3rd Elise C

9 Years Boys 100m
1st Tristan H
2nd Cam P
3rd Dylan H

9 Years Girls 100m
1st Mairen C
2nd Jessica T
3rd Sienna H

10 Years Boys 100m
1st Sam J
2nd Tim J
3rd Ky H

10 Years Girls 100m
1st Holli R
2nd Tara D
3rd Layla R

11 Years Boys 100m
1st Nathan C
2nd Christian G
3rd Jack H

11 Years Girls 100m
1st Tayanita R
2nd Bella D
3rd Chloe B

12/13 Years Boys 100m
1st Ned R
2nd Angus C
3rd Wil Mc

12/13 Years Girls 100m
1st Brienna M
2nd Jess H
3rd Olivia S

Here are the results for the 200m Finals. The children who placed 1st and 2nd qualify to compete at the Zone Carnival.

Junior Boys 200m
1st Tim J
2nd Ky H
3rd Sam J

Junior Girls 200m
1st Holli R
2nd Layla R
3rd Jessica T

11 Years Boys 200m
1st Jack H
2nd Nathan C
3rd Beau G

11 Years Girls 200m
1st Tayanita R
2nd Bella D
3rd Chloe B

12/13 Years Boys 200m
1st Ned R
2nd Angus C
3rd Hayden C

12/13 Years Girls 200m
1st Brienna M
2nd Jess H
3rd Olivia S
Here are the results for the 800m straight out finals. The children who finished 1st or 2nd qualify to compete at the Zone Carnival.

**Junior Boys 800m**
1st James H  
2nd Sam J  
3rd Xavier B

**Junior Girls 800m**
1st Holli R  
2nd Layla R  
3rd Jessie C

**11 Years Boys 800m**
1st Jack H  
2nd Beau G  
3rd Beau H

**11 Years Girls 800m**
1st Bella D  
2nd Chloe B  
3rd Tayanita R

**12/13 Years Boys 800m**
1st Angus C  
2nd James H  
3rd Ned R

**12/13 Years Girls 800m**
1st Brienna M  
2nd Olivia S  
3rd Ruby B

Here are the results for the field events. The children who finished 1st and 2nd and have reached the qualifying height or distance will compete at the Zone Athletics Carnival to be held on Tuesday 27th August, 2013.

Here are the results for **High Jump** (Qualifying heights apply for Zone Carnival)

**Junior Boys High Jump**
1st Tristan H  
2nd James H & Tim J  
3rd Ky H

**Junior Girls High Jump**
1st Layla R  
2nd Heather T  
3rd Gaby J, Holli R & Michaela M

**11 Years Boys High Jump**
1st Christian G  
2nd Luke P  
3rd Nathan C

**11 Years Girls High Jump**
1st Tayanita R  
2nd Chloe B  
3rd Sophie O

**Senior Boys High Jump**
1st Hayden C  
2nd Max S  
3rd Ned R & James H

**Senior Girls High Jump**
1st Brienna M  
2nd Olivia S  
3rd Tayla R

Here are the results for **Long Jump**

**Junior Boys Long Jump**
1st Tim J  
2nd James H  
3rd Cam P

**Junior Girls Long Jump**
1st Holli R  
2nd Tara D  
3rd Charlotte T

**11 Years Boys Long Jump**
1st Beau G  
2nd Jack H  
3rd Christian G

**11 Years Girls Long Jump**
1st Tayanita R  
2nd Chloe B  
3rd Tarlia M

**Senior Boys Long Jump**
1st Ned R  
2nd Angus C  
3rd Max S

**Senior Girls Long Jump**
1st Brienna M  
2nd Olivia S  
3rd Jess H
Here are the results for Shot Put

**Junior Boys Shot Put**
1st Josh A  
2nd Michael M  
3rd Klay F

**Junior Girls Shot Put**
1st Layla R  
2nd Alannah L  
3rd Holli R

**11 Years Boys Shot Put**
1st Sasha O  
2nd Lachie B  
3rd Angus K

**11 Years Girls Shot Put**
1st Angelica P  
2nd Chloe B  
3rd Tayanita R

**Senior Boys Shot Put**
1st James H  
2nd Isaac H  
3rd Ned R

**Senior Girls Shot Put**
1st Jess H  
2nd Olivia S  
3rd Belle A

Congratulations to the following children who have qualified to represent Elanora Heights at the Zone Track & Field Athletics Carnival.

Congratulations to all students who participated and made it such a great day!!

Mr Rosconi & Mr Waters

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**Book Week**

Book Week is the longest running children’s festival in Australia. This special week is almost here again and is an exciting time for students, parents and teachers. The library program, as always, will reflect active involvement in the school’s teaching and learning programs.

The slogan for this year is “Read Across the Universe” and officially Book Week is celebrated from Saturday 17th August to Friday 23rd August. The library will be running a Book Fair as part of our commitment to promote reading.

Please note that this is an opportunity for **children to purchase books for themselves** not for donation to the library. Purchases can be made at a Family Event and **preview and purchase times will be advised shortly**.

During library sessions this term, students will be introduced to shortlisted books nominated for awards, to be announced in Book Week by the Children’s Book Council of Australia. Further, through the use of technologies, students will also complete a variety of interactive activities related to the books, authors and illustrators.

I look forward to this special time of the year and hope to see you at the Book Week Family Event.
**Anne-Marie Morrison**  
Teacher-Librarian
Term 3 Rehearsal Schedule
This Term’s rehearsal schedule is:

Tuesday Afternoon
3pm to 4pm: Junior Band (this year’s Beginner group) woodwind section (clarinet, flute, saxophones), percussion and keyboards.
4pm to 5pm: Junior Band (this year’s Beginner group) brass section (trumpet, trombone, euphonium) and drums.

Wednesday Morning
7.30am for a 7.40am start: All Senior & Intermediate Band

Thursday Afternoon
3pm to 4pm: All Senior & Intermediate Band
4pm to 5pm: All Stage Band

All rehearsals are in the demountable. There were quite a few Junior Band members missing last week. These rehearsals are of vital importance as they teach students how to play as an ensemble.

Public Performances
The first public performance this Term is on Sunday, 25 August. The Senior and Intermediate Bands will combine to perform at the NSW Band Festival at the University of NSW, Kensington. The combined band will perform at around 11.45am. The exact timings will be issued shortly. The Stage Band will also perform at the same event on the same day at or around 3.45pm.

The second public performance is at the Chatswood Concourse on Sunday, September 8. This performance is organised by NSSWE and is part of the Willoughby Council Spring Music Festival. The Senior and Intermediate Bands will combine and assemble from noon at the meeting area and then move to a rehearsal room for a performance at the matinee session commencing at 1.00pm.

The Stage Band will also play (probably outside on the Concourse steps) and we are waiting for details.
Comprehensive details for both days will be emailed to all parents as soon as they come to hand.

2014 INSTRUMENTAL MUSIC ENSEMBLES
A number of EHPS students are members of external bands, either a band run by the Department of Education or a privately run band: Northern Sydney Symphonic Wind Ensemble. Entry to either stream is by way of audition. For those students interested in the Education Department stream the Arts Unit instrumental music team will offer in 2014:

- 2 Symphonic Wind Bands
  - NSW Public Schools Symphonic Wind Ensemble (SWE)
  - NSW Public Schools Symphonic Wind Orchestra (SWO)
- 2 Big Bands
  - NSW Public Schools Stage Band
  - NSW Public Schools Jazz Orchestra
- Symphony Orchestra
- String Sinfonia

Students wishing to apply for these ensembles should be 3rd grade AMEB or above (or equivalent). To apply visit https://www.artsunit.nsw.edu.au/music-ensembles-application-form
The cut-off date for applications is this Friday, 9 August.

FrancesWatch
Frances is making excellent progress and is weighing up treatment options.
Tim Cowdery     Band President
A message from the P&C ...

Clearing of the art & craft room

The P&C are assisting the School with the clear out & refurbishment of the Art & Craft room. We would really love some volunteers to help us clear the unwanted items from the room.

Clear out days will be held in September on Thursday 5th, Friday 6th, Thursday 12th and Friday 13th. Timings will be 9.30am – 11.30am.

If you can spare an hour or two to assist us we would appreciate it. Please email your availability, date and time to the P&C at elanorahspandc@gmail.com.

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### PSSA RESULTS

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<th>Versus</th>
<th>Result</th>
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<tbody>
<tr>
<td>Senior Girls Netball “A”</td>
<td>TBA</td>
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<tr>
<td>Senior Girls Netball “B”</td>
<td>TBA</td>
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<tr>
<td>Junior Girls Netball “A”</td>
<td>TBA</td>
</tr>
<tr>
<td>Junior Girls Netball “B”</td>
<td>TBA</td>
</tr>
<tr>
<td>Senior Boys Soccer</td>
<td>Narrabeen Lakes</td>
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<tr>
<td>Junior Boys Soccer</td>
<td>Narrabeen Lakes</td>
</tr>
<tr>
<td>Senior Girls Soccer</td>
<td>Win 6 - 0</td>
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<tr>
<td>Junior Girls Soccer</td>
<td>Win 3 – 2</td>
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<tr>
<td>Senior Boys Rugby League</td>
<td>Wheeler Heights</td>
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<tr>
<td>Junior Boys Rugby League</td>
<td>Win 42 – 6</td>
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### PSSA TRAINING TIMES

**(TRAINING IS CANCELLED IF IT IS RAINING)**

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<thead>
<tr>
<th>Event</th>
<th>Days</th>
<th>Times</th>
<th>Location</th>
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<tbody>
<tr>
<td>Senior Boys Rugby League</td>
<td>Wednesdays</td>
<td>2.55 - 4pm</td>
<td>Top Oval</td>
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<tr>
<td></td>
<td>Fridays</td>
<td>8 – 8.45am</td>
<td>Top Oval</td>
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<tr>
<td>Junior Boys Rugby League</td>
<td>Wednesdays</td>
<td>2.55 – 4pm</td>
<td>Top Oval</td>
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<td>Senior Girls Soccer</td>
<td>Thursdays</td>
<td>8am – 8.45am</td>
<td>Top Oval</td>
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<tr>
<td>Junior Girls Soccer</td>
<td>Thursdays</td>
<td>8am – 8.45am</td>
<td>Top Oval</td>
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<tr>
<td>Senior Boys Soccer</td>
<td>Thursdays</td>
<td>8am – 8.45am</td>
<td>Top Oval</td>
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<tr>
<td>Junior Boys Soccer</td>
<td>Thursdays</td>
<td>8am – 8.45am</td>
<td>Top Oval</td>
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<tr>
<td>Senior Girls Netball</td>
<td>Fridays</td>
<td>8am – 8.45am</td>
<td>Netball Courts</td>
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<tr>
<td>Junior Girls Netball</td>
<td>Tuesdays</td>
<td>8am – 8.45am</td>
<td>Courts</td>
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</tbody>
</table>

Please be advised that all children should be collected by parents when they are dismissed from training (within the school grounds) and NOT wait for collection at the top of the track where there is no supervision.
Here is the roster for the next three weeks. We now have Frozen Yoghurt available in either Strawberry or Mango flavour, selling for $1.60 each. **There are still days this term that we are in need of helpers, especially Fridays.** We still need help on Friday, 30 August, Fridays, 6, 13 and 20 September. Please drop by and see us or call on the number below if you are able to help out. We really do appreciate you giving your precious time as we cannot operate the canteen without your help.

Many thanks.

Wendy

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**CANTEEN NEWS**

**Term 3 2013**

<table>
<thead>
<tr>
<th>Week 4</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>05/8 – 09/8</td>
<td>VIV K</td>
<td>PIPPA McF</td>
<td>LOUISE E</td>
<td>DANNI Q</td>
<td>HANA</td>
</tr>
<tr>
<td></td>
<td>FIONA F</td>
<td></td>
<td>MORTHA W</td>
<td></td>
<td>KELLY G</td>
</tr>
<tr>
<td>Week 5</td>
<td>LISA T</td>
<td>SUSIE W</td>
<td>KATHRYN V</td>
<td>INGRID T</td>
<td>KAREN C</td>
</tr>
<tr>
<td>12/8 – 16/8</td>
<td></td>
<td></td>
<td>KIM K</td>
<td></td>
<td>LESLEY M</td>
</tr>
<tr>
<td>Week 6</td>
<td>DI V</td>
<td>RENATE R</td>
<td>SHARON C</td>
<td>9.30-11.30</td>
<td>KELLY G</td>
</tr>
<tr>
<td>19/8 – 23/8</td>
<td>KARIN S</td>
<td></td>
<td>ERICA R</td>
<td>9.30-1.30</td>
<td>CAROLINE R</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>GILL E</td>
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</tr>
</tbody>
</table>

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**MUNCH MONITOR** – [www.mumchmonitor.com](http://www.mumchmonitor.com) m- username: Elanora, Password: munch2102

Wendy Douglass
Canteen Co-Ordinator Ph: 9913 2721

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**Uniform Shop**

**Shop hours:** Monday: 8.15 am – 9.45 am    Thursday: 8.15 am - 9.45 am

We offer ETPOS and CREDIT CARD facilities (Visa/MasterCard) in store and via mail order

Winter is upon us, the weather is wet and there is a chill in the air. We now have ponchos in sizes Small, Medium and Large for $18.00. We have a full range of tights, long pants, shirts and blouses in stock. Our new School Jacket in Microfibre is also available via our pre-purchase order for only $40.00. Just fill in the form attached to the newsletter and send it in to the uniform shop.

**Alterations/Repairs** – A reminder if you need repairs and alterations to your uniform items, Michelle Sturrock, dressmaker and a parent of our school, offers great rates to Elanora families. All details are at the Uniform Shop.

**Suzie Duncan**
Uniform Shop Coordinator

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**Second Hand Uniforms**

If you require any second hand clothing please call me **after 9 a.m.** on 9913 1292 or email me at thewoodleys@optusnet.com.au

**SECOND HAND UNIFORMS ARE ALWAYS IN DEMAND SO DONATIONS ARE MOST WELCOME**

Karen Woodley, Second Hand Uniform Coordinator
COMMUNITY NEWS

CODY’s SWIM COACHING
- Swim Instructor at your own pool
- All equipment provided
- Up to 4 children per class
- Ages 3 years and above
- Austswim accredited
- Licenced Coach
- Current CPR Examiner
- Experience with 4 different swim schools
- Classes cost $60/ hour and $40/half hour
- Pool also available, however costs differ due to pool rental
- GREAT FOR THE SUMMER

Cody Bromley:  Phone: 0403 812 366
Email: codyscoaching@hotmail.com

Yoga classes to suit all levels

Weekly Classes are held Wed 6.30pm at Elanora Community Centre.

Private Sessions held either at YogaFitness studio in Elanora Heights, or in the comfort of your own home.

Patricia Corthorn
T: 02 9944 6212
M: 0434 900 967
E: patricia@yogafitness.net.au
www.yogafitness.net.au
ENROL NOW!!
PAY-AS-YOU-GO
No Direct Debit
No Contracts

Elanora Heights Public School
43 Elanora Road, Elanora Heights
FRIDAY Juniors: 6:00pm
Beacon Hill Primary School
Tristram Road, Beacon Hill
THURS Juniors (5ys to 12 yrs) 6:00pm
Terrey Hills Community Centre
Yulong Ave, Terrey Hills
TUES Juniors: 6:00pm

Phone: 04 1300 4094
www.tkma.com.au

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www.lifestylehome designs.com.au

BATTLE OF THE BANDS 6
The Innerwest Battles the Northside

Do you have Parents in your school that are closet Rock Stars wanting to Play Loud to an adoring crowd?

AFL Auskick is a great way to have fun, meet new friends and get active.
For $45 you will receive six one-hour sessions of skills, games and coaching. You will also get an AFL backpack with footy, drink bottle, cap and much more.

To register, visit aflauskick.com.au, enter your school’s postcode, click on your school’s name and register – it’s that easy!
Narrabeen Lakes Sailing Club

Looking for a new sport that your child - or your whole family - might enjoy? Try sailing at 'the friendly club'. Narrabeen Lakes Sailing Club offers a supportive, friendly and family-orientated environment for all sailors: from the novice to the experienced. We offer junior coaching, and sail Herons, Lasers, Sabots, Optimists, Windsurfers and open class. Mums, dads, kids, grandparents - everyone can join in!

Registration and information days:
All day, Sunday 18th Aug
From 10am-12pm, Sunday 1st Sept
Jamieson Park, Narrabeen Lake
www.narrabeenlakessailingclub.com
(NLSC is a not-for-profit community organisation)