Don’t forget to visit our website at elanorahts-pschool.nsw.edu.au

**Week 4 - Term 4**

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon</td>
<td>27 Oct</td>
<td>K - 6 Assembly Kindy 2015 Orientation</td>
</tr>
<tr>
<td>Tue</td>
<td>28 Oct</td>
<td></td>
</tr>
<tr>
<td>Wed</td>
<td>29 Oct</td>
<td>School Banking Kindy 2015 Orientation</td>
</tr>
<tr>
<td>Thu</td>
<td>30 Oct</td>
<td>Interrelate - Year 6 Kindy 2015 Orientation</td>
</tr>
<tr>
<td>Fri</td>
<td>31 Oct</td>
<td>Kindy 2015 Orientation PSSA: Pittwater Tag v Narrabeen Lakes @ Narrabeen Reserve Field 6 Cricket v Narrabeen Lakes @ Griffith Park Softball v Narrabeen Lakes @ Rat Park Fields 3 &amp; 4 AFL v Narrabeen Lakes @ Narrabeen Sports High School Grounds</td>
</tr>
</tbody>
</table>

**Notes Home This Week**

**Powerhouse Museum: Year 2**

**NB:** If you have misplaced a note sent home, please check our website (notes tab) first.

**Weekly Reminders!**

**Kindy 2015 Orientation:** Mon 27th, Wed 29th, Thu 30th & Fri 31st

**School Banking** Send bank books in on Wednesday

**Un-Named Lost Property:** Parents, please come and check.

---

**Week 5 - Term 4**

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon</td>
<td>03 Nov</td>
<td>3 - 6 Assembly Kindy 2015 Orientation</td>
</tr>
<tr>
<td>Tue</td>
<td>04 Nov</td>
<td></td>
</tr>
<tr>
<td>Wed</td>
<td>05 Nov</td>
<td>School Banking Kindy 2015 Orientation</td>
</tr>
<tr>
<td>Thu</td>
<td>06 Nov</td>
<td>Kindy 2015 Orientation</td>
</tr>
<tr>
<td>Fri</td>
<td>07 Nov</td>
<td>Kindy 2015 Orientation PSSA: Pittwater Tag v Mona Vale @ Narrabeen Reserve Field 6 Cricket v Mona Vale @ Kitchener Park Softball v Mona Vale @ Rat Park Fields 3 &amp; 4 AFL v Bilgola Plateau @ Narrabeen Sports High School Grounds</td>
</tr>
</tbody>
</table>

---

**Have you downloaded our EHPS School App?**

*Staying in touch has never been easier... Download it for FREE now.*

Go to iTunes or Google Play App Store and search for "EHPS APP NAME" provide details here.
Navy Band
What an event! The Navy Band had the whole school dancing and singing at its performance last Wednesday, even the teachers were swaying to the beat of the music. Our school band certainly enjoyed working with professional musicians and the enthusiasm was infectious. I would like to thank Mrs Heather and the Band Committee for organising such a wonderful event.

New pathway opened
Today our new pathway was officially opened by our Mayor, Ms Jacqueline Townsend, Mr Dean White, Director of Public Schools and our school captains Holly R and Luke P. The pathway, along with the new installed footpath provided by Pittwater Council should help to reduce the current traffic congestion. Children and parents can start using the new pathway from next week, after the guard rails have been installed during this week. It has taken us nearly three years to have the stairs and pathway finally completed but this is a fantastic result for our school and our children’s safety.

Planning for 2015
We are currently in the process of planning for 2015. If you know that you are leaving the school at the end of the year please let us know (by filling out the form on page 3) as the number of teachers and classes is dependent upon the students enrolled at the school. This term we will be developing our three year plan for the school and an important aspect of the plan is parental involvement. How do you envisage our school in three year’s time? What aspects of the school do we need to improve? What are the features of the school that distinguishes our school from other schools and how do we build upon those qualities? During the term we will be working with our parent community to ensure that our students continue to have access to the highest level of education available.

What is a homonym?
Let’s face it; English can be a crazy language. Take homonyms, for example. These are words that are identical in pronunciation and spelling but have different meanings. This homonym list will provide some clarity. Find out more at http://www.schoolatoz.nsw.edu.au/homework-and-study/english/english-a-to-z/-/english_glossary/8Qum/1084/homonym

Congratulations on the birth of ….
Elanora Heights Public School would like to announce the birth of a number of brush turkeys last Wednesday night. The chicks hatched out of the nest near the Kindergarten rooms and were soon making their own way in the world without the assistance of their parents.

Digital citizenship
We’re the first generation of parents responsible for equipping our children with digital citizenship skills – how to use technology safely and responsibly, and how to evaluate, manage and use the information and tools they find online. If you are a little worried about your child’s cyber safety then you can find some tips to get you started at: http://www.schoolatoz.nsw.edu.au/technology/using-technology/raising-good-digital-citizens

School mower
I would like to thank everyone who entered in a bid for the school ride on mower. Congratulations to Mrs Alison Alas who was the successful tenderer.

Fathers’ Day Camp Out
Once again the P&C Fathers’ Day Camp Out was a huge success with a record number of people involved in the event.

Until next time,

Your Principal, Bill Gillespie
AND THE AWARD GOES TO...

The K-2 Bronze and Silver Awards will be given to the students at the K-2 assemblies and the 3-6 Bronze and Silver Awards will be given to the students at the 3-6 assemblies. The Gold and Diamond Awards will be given out at the K-6 Assembly. If you wish to see your child receive his/her award at assembly, please contact the office first to confirm this. When sending the 20 mini merits from home, please make sure that the mini merit on top has your child’s full name & class on it. Please do not send them in plastic bags or envelopes. **The cut-off time each week is Thursday after recess.** Thank you.

**NOTE TO PARENTS:** The children’s names listed below relate to TODAY’S assembly ONLY.

### SILVER AWARDS
- AMELIA B
- JAMES G
- CHRISTINA N
- SOPHIE C
- MELODY M

### BRONZE AWARDS
- EDEN B
- HENRY E
- DAISY H
- JESSICA M
- ARCHIE B
- RUSTY-JAY E
- BONNIE H
- STELLA M
- ABBEY B
- JACK F
- MAX H
- CHRISTINA N
- HARRISON B
- ELLA F
- TOMMY H
- AMELIA O’B
- DANIEL C
- MADDIE F
- ZACH H
- TAYLAH P
- ABIGAIL C
- LACHLAN F
- SIENNA J
- AMELIA S
- HARPER E
- SABRINA G
- JONATHAN L

---

**Children Leaving EHPS in 2015**
(Please return slip to Office.)

My child/ren will not be returning to Elanora Heights Public School in 2014.

Name _________________________________________ Class ________

Name _________________________________________ Class ________

Reason _________________________________________________________________

________________________________________________________________________

Signed____________________________________________Date  ________________
STUDENTS ACHIEVEMENT

Conratulation to Taylor H (6P) who recently competed in the NSW Sprint Kart State Titles. Despite a large field from all over Australia, Taylor raced really well and came home in a very creditable 6th position. What a great result!

Last Sunday, Amy Patrick (5Z) competed in Level 5, National Development Program States Championship in gymnastics and placed 1st on bars in her age group. An amazing effort Amy!

After 3 days of trials last week Gaby Journee (5/6R) managed to get selected for the Manly United FC girls 13s squad. This girl’s team will play football in the highest level of amateur competition available in Australia - the FNSW National Premier League 1 competition. Well done Amy!

On Sunday, 26 October, Aspen (4C) and Nikita (2B) were able to witness an inspirational moment when John MacLean completed the Nepean Triathlon as an able bodied competitor after being in a wheelchair for 25 years. They were also there to receive their medals for completing the JMF Kids 4 Kids Ironman - a 3.8km swim, 180km bike ride and 42.2km run, a full Ironman in 8 weeks. They completed their task and thanks to friends and family, raised $1,078.00 for kids who are in desperate need of new wheelchairs. They got to meet some of these special kids and it will be a day they will never forget. Congratulations Aspen and Nikita!

PREMIER’S SPORTING CHALLENGE 2014 | VICKI BOSLER

On Friday, 19th September (the last day of Term 3), the Premier’s Sporting Challenge (PSC) officially ended at Elanora Heights PS for this year. The students have completed the 10 week challenge and our results have been submitted to the PSC Team.

This has been our sixth year of participating in this annual challenge. The PSC certificates will be sent to school in late November. I will feature the statistics for this year’s participation rates as they are made available to the school. We will participate again in 2015.

The 2014 Learn to Lead (L2L) team has done a great job supporting the students’ efforts throughout the challenge by organising regular opportunities for students, particularly in Years K-4, to participate in physical activity during second half lunch on Mondays -Thursdays. The L2L team enabled students to ‘clock up’ twenty minute periods of physical activity to record on their individual PSC logs.

The PSC is a key strategy which supports our Live Life Well at School (LLW@S) program at Elanora Heights PS. Physical activity and nutrition are the two foundational elements of the LLW@S Program.

Thank you for the encouragement you gave to your child/children to take up the PSC challenge in 2014. Regular physical activity (and good nutrition) has far reaching, positive effects on the immediate and future health and lifestyle of our students.

RETIREMENT

BEV GOETZE, long serving member of staff of Elanora Heights Community Preschool, is sadly retiring at the end of 2014. The preschool will be holding an afternoon tea on Sunday, 23rd November between 2pm and 4pm and we’d like to invite everyone to help celebrate Bev’s wonderful career with us.

If you would like to attend please RSVP to 9913 9423 or info@elanorapreschool.com’
**Kids Kafe Roster** | To volunteer call 9913 2721

Below is the roster for the next 3 weeks. Our canteen strongly relies on our wonderful volunteers as we cannot operate without you giving up your precious time. Just another reminder that there has been some slight price increases to our menu, all these have been updated on Munch Monitor and a hard copy is available from the canteen.

If your child is no longer in a PSSA Sport, please update their student profile on Munch Monitor to enable us to prepare their lunch at the correct time on Fridays so they do not receive it cold. If you need any help, please just let me know and I’d be happy to help. Thanks, Wendy.

---

### Weeks 4 to 6 – Term 4

<table>
<thead>
<tr>
<th></th>
<th>MON</th>
<th>TUE</th>
<th>WED</th>
<th>THUR</th>
<th>FRI</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Week 4</strong>&lt;br&gt;27/10 – 31/10</td>
<td>LUCY K</td>
<td>RENATE R</td>
<td>SHARON C</td>
<td>ANGELA C</td>
<td>JENNY T_</td>
</tr>
<tr>
<td></td>
<td></td>
<td>KARIN S</td>
<td></td>
<td></td>
<td>REBECCA C</td>
</tr>
<tr>
<td><strong>Week 5</strong>&lt;br&gt;3/11 – 7/11</td>
<td>LUISA P</td>
<td>NICOLE R</td>
<td>BARB LA G</td>
<td>DANNI Q</td>
<td>DONNA H</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>MARTHA</td>
<td>MEGAN W</td>
</tr>
<tr>
<td><strong>Week 6</strong>&lt;br&gt;10/11 – 14/11</td>
<td>FIONA F</td>
<td>DONNA P</td>
<td>KIM K</td>
<td>LOUISE E</td>
<td>KELLY G</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>AMANDA</td>
</tr>
</tbody>
</table>

To order school lunches online go to www.munchmonitor.com
Use log in – username: Elanora and password: munch2101

---

**EXCELLENT FULL TIME/PART TIME EMPLOYMENT OPPOSITE**

Elanora Heights P & C are looking for an enthusiastic Canteen Manager to run our fabulous School Canteen in 2015. The position is offered as 7.30am to 2.30pm, Monday to Friday, but consideration will also be given to employment of a canteen assistant.

The Canteen Manager is responsible for the day to day running of the canteen, food preparation, rostering of volunteers, ordering supplies and banking.

This is a wonderful opportunity for someone looking for work that fits in with school hours and school holidays. The successful applicant will receive training from our current Canteen Manager in Term 4 of this year. For further details and a full job description please contact Louise England at maecon@bigpond.net.au.

---

**SCHOOL BANKING**  | LUCY KELLY & FIONA FREUND

It’s great to see so many children banking each week! Currently there are 50 children who are eligible to order rewards. Please check their bank wallets to see if it is you. We are out of Reward Order forms, however, to order a reward please write a small note stating your child’s name and class and which reward you would like. All outstanding rewards will be ordered before the end of Term.

The following rewards are available:

- Blue Wallet
- Money Box
- Headphones
- Knuckles Game
- Projector Cup
- Scented Pencils
- Sea Streamers
- Shark Keyring
- Swimming Bag

Please note the whale shark pencil case is no longer available as it is out of stock.
IN FOCUS

ICAS AWARDS | VICKI BOSLER - ICAS COORDINATOR

ICAS Mathematics Results
Two students from Year 2 competed in the ICAS Maths Test and both successfully received a Credit.

<table>
<thead>
<tr>
<th>Award</th>
<th>Students</th>
</tr>
</thead>
</table>
| Credit| Year 2: Alexander K  
|       | Lachlan S         |

ICAS English Results
One student from Year 2 competed in the ICAS English Test and successfully gained a Credit.

<table>
<thead>
<tr>
<th>Award</th>
<th>Students</th>
</tr>
</thead>
<tbody>
<tr>
<td>Credit</td>
<td>Year 2: Alexander K</td>
</tr>
</tbody>
</table>

GREEN SEA TURTLE ART COMPETITION | JOSIE P (5Z)
A huge thank you to all the students who entered our Green Sea Turtle Art Competition. There were so many wonderful examples of creative expression. The students who visited the library agreed that Josie Petch from 5Z was the clear winner. Congratulations Josie. Don’t forget when you leave the beach always………………
‘Take Three for the Sea’.

MILK BOTTLE IGLOO
Before/After School Care are planning to build a milk bottle igloo this term as part of their Disney/Pixar day during the January school holidays. To be able to do this they are collecting empty (and rinsed out!) 2L milk containers with their lids. Please drop off your empty bottles in the crate left outside their rooms. Ali would be very grateful. Thank you.
Year 6 will be holding their annual fundraising event ‘Fun Day’ during Week 6 of this Term. This is an event that involves the whole school and allows our Year 6 students to run stalls, fun games and activities to help raise money for an end of year gift to the school.

Our Year 6 students have been busy working in their teams preparing delicious treats that will be sold to all years from Kindergarten to Year 5 during recess and lunch on Thursday 13th November. All Year 6 students are currently designing posters and menus to display around the school as part of their advertising program.

The fun will then move to the top and middle ovals between 1:30pm and 2:30pm where many fun games and activities have been planned and designed for enjoyment for all ages. Tickets to these fun games and activities will be sold by Ms Pitt and Mr Rosconi during recess and lunch on Fun Day for 20 cents each or 6 for $1.

We are looking forward to a wonderful Year 6 Fun Day and very much appreciate your support of this day!
THE AMAZING NAVY BAND PERFORMANCE
IN PICTURES
Navy band Performance

A big thank you to Bec Heather and the Band Committee for organising such an entertaining event. The students, teachers and the school community really enjoyed the concert with everyone singing along and bopping to the music. More importantly, the members of the Senior Band learned a lot from the members of the navy band during their workshop.

The Effects of Learning Music

Plenty of outstanding achievers have attributed at least some of their success to music study. Stanford University’s Thomas Sudhof, who won the Nobel Prize in medicine last year, gave credit to his bassoon teacher. Albert Einstein, who began playing the violin at age 6, said his discovery of the theory of relativity was “the result of musical perception.”

Until recently, though, it has been a chicken-and-egg question: Are smart, ambitious people naturally attracted to music? Or does music make them smart and ambitious? And do musically trained students fare better academically because they tend to come from more affluent, better educated families? New research provides some intriguing answers. Music is no cure-all, nor is it likely to turn your child into a Nobel Prize winner. But there is compelling evidence that it can boost children’s academic performance and help fix some of our schools’ most intractable problems.

E. Glenn Schellenberg, a University of Toronto psychology professor, was skeptical about claims that music makes you smarter when he devised a 2004 study to assess its impact on IQ scores. He randomly assigned 132 first-graders to keyboard, singing or drama lessons, or no lessons at all. He figured that at the end of the school year, both music and drama students would show bumps in IQ scores, just because of “that experience of getting them out of the house.” But something unexpected happened. The IQ scores of the music students increased more than those of the other groups.

Another Canadian study, this one of 48 preschoolers and published in 2011, found that verbal IQ increased after only 20 days of music training. He found that music training enhanced the children’s “executive function” — that is, their brains’ ability to plan, organize, strategize and solve problems. And he found the effect in 90% of the children, an unusually high rate.

In a 2009 study in the Journal of Neuroscience, researchers used an MRI to study the brains of 31 6-year-old children, before and after they took lessons on musical instrument for 15 months. They found that the music students’ brains grew larger in the areas that control fine motor skills and hearing — and that students’ abilities in both those areas also improved. The corpus callosum, which connects the left and right sides of the brain, grew as well.

— Ms. Lipman is co-author, with Melanie Kupchynsky, of “Strings Attached,” published last month in paperback by Hachette Books. She is a former deputy managing editor of The Wall Street Journal and former editor in chief of Condé Nast Portfolio.

Dates for your Diary

There are a few band performances and activities coming up this term so we thought we would give you the heads up now so you can schedule the dates in your diaries before the silly season starts.

**Monday 3rd Nov 2 - 2:30pm:** Senior Concert Band Assembly Performance

**Tuesday 18th Nov 7pm:** EHPS P&C AGM

**Tuesday 25th Nov 9am - 3pm:** Blow Test for all Year 2 students (and any other students interested in joining band in 2015)

**Thursday 27th Nov 7pm:** Musicale Night (all ensembles to play including strings and guitars)

**Friday 12th Dec 5pm:** EHPS P&C Christmas Carol Evening (all ensembles to play including strings and guitars)
PSSA Training

Please be advised that all children should be collected by parents when they are dismissed from training (within the school grounds) and NOT wait for collection at the top of the track where there is no supervision.

PSSA Training Times

<table>
<thead>
<tr>
<th>SPORT</th>
<th>DAY &amp; TIME</th>
<th>LOCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Senior Boys Cricket</td>
<td>Fridays 8am – 8.55am</td>
<td>Top Oval</td>
</tr>
<tr>
<td>Senior Girls Softball</td>
<td>Thursdays 8am - 8.55am</td>
<td>Top Oval</td>
</tr>
<tr>
<td>Junior Boys Softball</td>
<td>Fridays 8am – 8.55am</td>
<td>Top Oval</td>
</tr>
<tr>
<td>Junior Girls Eagle Tag</td>
<td>Wednesdays 3pm – 4pm</td>
<td>Top Oval</td>
</tr>
</tbody>
</table>

Training is cancelled if it is raining.

PSSA Results

<table>
<thead>
<tr>
<th>SPORT</th>
<th>VERSUS</th>
<th>RESULT</th>
</tr>
</thead>
<tbody>
<tr>
<td>Senior Boys “A” Cricket</td>
<td>BYE</td>
<td></td>
</tr>
<tr>
<td>Senior Boys “B” Cricket</td>
<td>BYE</td>
<td></td>
</tr>
<tr>
<td>Senior Girls “A” Softball</td>
<td>BYE</td>
<td></td>
</tr>
<tr>
<td>Senior Girls “B” Softball</td>
<td>BYE</td>
<td></td>
</tr>
<tr>
<td>Junior Boys “A” Softball</td>
<td>BYE</td>
<td></td>
</tr>
<tr>
<td>Junior Boys “B” Softball</td>
<td>BYE</td>
<td></td>
</tr>
<tr>
<td>Junior Girls “A” Eagle Tag</td>
<td>BYE</td>
<td></td>
</tr>
<tr>
<td>Junior Girls “B” Eagle Tag</td>
<td>BYE</td>
<td></td>
</tr>
</tbody>
</table>

Uniform Shop

Uniform Shop Coordinator KATE DUTTON

Open on Monday & Thursday from 8.15am to 9.45am

Purchase in store or by order form available online. Pay by cash or card (Eftpos, Visa or Mastercard)

Email: ehps.uniforms@gmail.com

Alterations & Repairs by Michelle Sturrock (Dressmaker and parent), great rates on offer to Elanora families. Details are available at the Uniform Shop.

Second Hand Uniforms

Second Hand Uniform Coordinator KAREN WOODLEY

Enquiries or Purchase please call 9913 1292 after 9.00am or email thewoodleys@optusnet.com.au
ENROL NOW!!

PAY-AS-YOU-GO
No Direct Debit
No Contracts

Elanora Heights Public School
43 Elanora Road, Elanora Heights
FRIDAY Juniors: 6:00pm

Terrey Hills Community Centre
Yulong Ave, Terrey Hills
TUES Juniors: 6:00pm

Phone: 04 1300 4094
www.tkma.com.au

FREE HEALTH CARE
Evening of Healing Relaxation and Learning
7th November at Green Door Health

Free Energetic Healing
Free 20 min Massage
Free Singing Lesson
Free Talks
Free Drink Voucher for Bar Nola
Free 15 min Naturopathy

BOOK NOW!
INFO@GREENDOORHEALTH.COM.AU / 02 9913 3781
Don’t miss this event! Booking necessary!

EXTENSIONS & NEW HOMES

HOME DESIGNS & PLANS FROM CONCEPT TO COMPLETION!
• Innovative, functional designs to suit your lifestyle and budget
• Experienced with your local council
• Increase the value of your home & improve your lifestyle

For a free consult call 9986 1311
www.lifestylehomedesigns.com.au
YOU'RE INVITED.

Celebrate twenty-five years of Northern Beaches Palliative and Supportive Care serving your community.

OPEN DAY

10 am to 2 pm Saturday 15th November 2014

Northern Beaches Palliative Care - “Yesterday, Today and Tomorrow”

Yesterday - travel through history from its modest beginning to
Today - view the new John Doran Clinic to
Tomorrow - share the vision of an In-patient Care Unit at Mona Vale Hospital

Friends of Northern Beaches Palliative Care Market
Complimentary refreshments at
Cora Adcock Palliative Care Centre Mona Vale Hospital

ALL WELCOME
**Halloween**

**After the Kids Trick or Treat Make Your Last Stop at...**

**Barnora**

- Movie
- Pizza
- Cocktails

Get the Kids One Last Treat with Pizza and Movie

For the Moms and Dads: Halloween Cocktails Are on the Menu.

Please Tell Your Friends, Slay Baking to Make or Pick Up the Full Menu, Drinks - Tapas.

Or Comment in Our Instagram Page: www.instagram/Barnora

9913 9003 - 50 Kelang Rd, Elanora - Facebook/Barnora

---

**Narrabeen Lakes School Market**

Lots of Fabulous Stalls with Organic, Hand-Crafted, Australian, Fair Trade and Indigenous Products.

Great Food. Live Entertainment. Make a Day of It.

**Saturday 1st Nov**

9 AM - 3 PM

By the lake, Next to The Sea

1299 Pittwater Rd, Narrabeen (Opposite The Fire Station)

---

**Go4Fun**

**Completely Free!**

Healthy, Active, Happy Kids

"It's so wonderful to have my active, happy, motivated and confident 10 year old boy back.

Cate Latham, Go4Fun parent"

**When**

Tuesdays
4:00pm-6:00pm
Starts 14th October

**Where**

Pittwater Sports Centre
1325 Pittwater Rd
North Narrabeen

**Register Now**

Freecall 1800 780 900 or go4fun.com.au

---

**Peninsula Community of Schools**