### Our School News

**Week 3** | Commencing 10th February, 2014

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**Don’t forget to visit our website at elanorahts-p.school.nsw.edu.au**

**Notes Home This Week**

**CARES Excursion Notes – Year 6**

**Weekly Reminders!**

**Un-Named Lost Property** Parents, please **label ALL** of your child’s belongings and check regularly that their names are still visible.

**Parent/Teacher Evenings:** this week - see calendar

**P&C Meeting:** this Tuesday 7pm

**School Fees:** please refer to our website for grade fees - direct deposit available

**NB:** that items for this newsletter will NOT be accepted after 10am on the preceding Friday.

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### Week 3 - Term 1

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Event</th>
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| Mon  | 10 Feb | Kindy Parent/Teacher Evening 6pm  
|      |       | Year 3 Parent/Teacher Evening 6.30pm |
| Tue  | 11 Feb | P&C Meeting 7pm |
| Wed  | 12 Feb | Year 4 Parent/Teacher Evening 6pm  
|      |       | Year 5 Parent/Teacher Evening 6.30pm |
|      |       | Year 6 Parent/Teacher Evening 7pm |
| Thur | 13 Feb | Year 1 Parent/Teacher Evening - 6pm in hall  
|      |       | Year 2 Parent/Teacher Evening - 6pm in library |
| Fri  | 14 Feb | PSSA Begins  
|      |       | Tag v Avalon @ Rat Park |
|      |       | Softball v Avalon @ Rat Park |
|      |       | Cricket v Avalon @ Newport Oval |
|      |       | T-Ball v Avalon @ Rat Park |
|      |       | AFL v TBA @ NSHS Grounds |

### Week 4 - Term 1

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Mon</td>
<td>17 Feb</td>
<td>Year 3-6 ssembly</td>
</tr>
<tr>
<td>Tue</td>
<td>18 Feb</td>
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</tr>
</tbody>
</table>
| Wed  | 19 Feb | Maths Information Evening  
|      |       | K-2 @ 6pm; 3-6 @ 6.45pm |
| Thur | 20 Feb | Year 6 CARES Excursion  
|      |       | Pittwater Council Nutrition Information for Parents @ 2pm in the Hall |
| Fri  | 21 Feb | PSSA  
|      |       | Tag v Newport @ Rat Park |
|      |       | Softball v Newport @ Boondah Res |
|      |       | Cricket v Newport @ Kitchener Park |
|      |       | T-Ball v Newport @ Boondah Res |
|      |       | AFL v TBA @ NSHS Grounds |
Parent information evenings
This week we are holding our parent information evenings. During the meeting you will find out about the educational experiences that your child will be undertaking this year. The dates and times are as follows – Monday – Kindergarten at 6pm – Hall, Year 3 at 6:30pm, Wednesday - Year 4 at 6:00pm, Year 5 at 6:30pm and Year 6 at 7:00pm (all in the Library), Thursday – Year 2 at 6:00pm – Library, Year 1 – 6:00pm – Hall.

Mr O’s retirement
Mr O’Reilly, our General Assistant has retired. Mr O’Reilly has worked at Elanora for seven years. I’m sure that you join with me in wishing Mr O’Reilly all the best for a long and healthy retirement. Mr O’Reilly you will be missed!

Student Achievement
Yesterday, the 2014 Junior Branch Championships for the Northern Beaches was held at Collaroy beach. Bridget H, Keeley H & Elizabeth T, all from Year 3, and one other girl from North Narrabeen Surf Club combined to collect gold in the U8 girls’ beach relay. This was an awesome effort against an extremely competitive field. Congratulations also to Keeley who won silver in the sprint and bronze in the flags!

Traffic flow around the school
While there has been some improvement with the movement of vehicles around the school there are a couple of issues I would like to draw to your attention.

Firstly I would like to remind parents, in particular our new Kindergarten parents, about parking across our neighbours’ driveways. We have already had phone calls about this issue.

The new parking changes have almost made Elanora Road a “one-way” when it comes to dropping off students, however, a few parents have decided to make three-point turns in the middle of the road rather than going around the block. In one instance a parent has reported that their children had to move off the footpath to avoid being hit as the driver of a four-wheeled vehicle was attempting to make this dangerous manoeuvre. After you drop off or pick up your children please continue along Elanora Road rather than make a dangerous U-turn.

Maths information night for Parents
Unsure of the difference between the jump and split strategy when it comes to maths? Come along to our maths information nights where Mrs Lomas will reveal the differences and explain how you can assist you child with mathematics. The night is scheduled for Wednesday, 19 February. K-2 parents come along at 6:00pm, Year 3-6 parents at 6:45pm. The night will take place in the school library.

Swimming Carnival
I would like to thank Mr Waters and his hard working team of assistants who ran a very successful carnival last week in very difficult circumstances. Thank you everyone. The results will be in next week’s newsletter.

PSSA
Due to council restrictions with their grounds, the PSSA season has been reduced from nine weeks to six, commencing February 14 and ending on March 21. New notes will be sent home today.

Parental access to the school
To assist Before and After School Care and Band parents the school opens the boom gate from 6:45-7:30am and 3:10-6:15pm. Unfortunately a few parents are tailgating teachers into school in the morning outside of the allotted times. Elanora Heights PS is one of only a few schools that allows parents to drive into the school. Please abide by the allotted times to access the school and the 10k speed limit.

P&C
I would like to thank the P&C for organising the welcome BBQ for our new parents. It was wonderful to see so many parents come along and become a part of our school community. The next P&C meeting is this Tuesday, 11 February at 7pm in the staffroom. I look forward to seeing you there.

Until next time,

Your Principal, Bill Gillespie
AND THE AWARD GOES TO...

Bronze and Silver Awards will be given to the students at the K-2 & 3-6 Assemblies. The Gold and Diamond Awards will be given out at the K-6 Assembly. If you wish to see your child receive their award at assembly, please first contact the office to confirm this. When sending the 20 mini merits from home, please make sure that the mini merit on top has your child’s full name & class on it. Please do not send them in plastic bags or envelopes. Thank you.

SILVER AWARDS

RUBY B       SAM H       ZOE S
DAN C        MIA R

BRONZE AWARDS

HANNAH B    FELIX H    MAX S
RUBY B      KATE H    ZOE S
ARIELLE H  MIA R    ISABELLE H

ELANORA HEIGHTS PUBLIC SCHOOL MATHEMATICS INFORMATION SESSIONS:
NUMBER AND ALGEBRA

Wednesday February 19, 2014 in the School Library

6.00 – 6.45pm  K-2
6.45 – 7.30pm  3-6

The aim of these sessions is to outline the important knowledge, skills and understanding addressed in Number and Algebra strand lessons in K-2 and 3-6. Information, activities and ideas for reinforcement at home will be covered through demonstration, handouts, and hopefully some audience participation! We want this session to be both valuable and fun.

Parents are welcome to come for one session or stay for both.

Sessions will be offered in Semester 2 in relation to Measurement and Geometry.

We hope to see you there!

Laurinda Lomas
Deputy Principal and self-confessed maths enthusiast!

BORROWING BOOKS...........

Our Kindergarten children will be able to start borrowing books from the library from Week 5.

Children are asked to please bring in a library bag (available from our uniform shop or KMart) clearly labelled with their child’s name, to carry their home. For easier identification parents may also use iron-on transfers on the bags that their child will readily recognise.
**Kids Kafe Roster** | To volunteer call 9913 2721

Here is the roster for this term, there are still days we are in need of helpers throughout the term. If anyone is able to help, please call on the number below or drop by and see me. The canteen strongly relies on our wonderful volunteers as we cannot operate without your help and greatly appreciate you giving your precious time. Don’t forget to sign up to Munch Monitor (log in details below) for a convenient cashless ordering system if you haven’t already. Please ensure to update your student profile with your new class for 2014. For Years 3-6, students must also update their details if they are now in PSSA sport, or delete from their profile if they are no longer a PSSA participant to ensure lunches are made for the correct time on a Friday.

<table>
<thead>
<tr>
<th>Weeks 7 to 10 – Term 3</th>
<th>MON</th>
<th>TUE</th>
<th>WED</th>
<th>THUR</th>
<th>FRI</th>
</tr>
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<tbody>
<tr>
<td><strong>Week 3</strong> 10/2 – 14/2</td>
<td>LISA McF</td>
<td>RENATE R</td>
<td>KIM K</td>
<td>ANGELA C</td>
<td>KYM G</td>
</tr>
<tr>
<td></td>
<td></td>
<td>KARIN S</td>
<td>KATHRYN V</td>
<td>KRISTIN P</td>
<td>LUCY D</td>
</tr>
<tr>
<td><strong>Week 4</strong> 17/2 – 21/2</td>
<td>JUSTINE S</td>
<td>PIPPA McF</td>
<td>SHARON C</td>
<td>INGRID T</td>
<td>MICHAELA B</td>
</tr>
<tr>
<td></td>
<td></td>
<td>TANYA P</td>
<td></td>
<td></td>
<td>JENNY T</td>
</tr>
<tr>
<td><strong>Week 5</strong> 24/2 – 28/2</td>
<td>LUISA P</td>
<td>DONNA P</td>
<td>BARB LA G</td>
<td>LOUISE E</td>
<td>KELLY G</td>
</tr>
<tr>
<td></td>
<td>LUCY K</td>
<td>ELISA P</td>
<td></td>
<td></td>
<td>SINA V</td>
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To order school lunches online go to [www.munchmonitor.com](http://www.munchmonitor.com)

Use log in – username: Elanora and password: munch2101

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**TIME TO EAT**

**LIVE LIFE WELL @ SCHOOL**

**THIS THURSDAY 13th February - SHARED FRUITO-VEGO**

Daily Fruito-vego ensures that each child eats a raw fruit or vegetable as a mid-morning snack, and importantly, sees other children enjoying all sorts of different foods. This Thursday we are having a SHARED FRUITO-VEGO where children put out their containers for all to share. So please send cut rather than whole food and perhaps send something unusual to give a new experience. Teachers will be focussing on the importance of eating a range of fresh food for optimal nutrition.

**WHAT’S BEST FOR YOUR CHILD? TUCKSHOP NUTRITION SCHOOL TALK – THURSDAY 20TH FEB 1.45 -2.55 pm IN SCHOOL LIBRARY**

We are starting our LiveLifeWell@School program for the year with a talk by nutritionist Lynsey Bradley about packing the best nutrition into school lunches and morning teas. Lynsey will talk about tips for simple wholesome food, dealing with fussy eaters and avoiding food waste. Lynsey will be accompanied by Emma McKay, who has organised this free program as part of her role at Pittwater Council.

I urge all parents to attend, but especially those with younger children. The importance of the eating and exercise habits children are forming was highlighted again last week by the World Health Organisation’s World Cancer Report, with the WHO Director-General commenting that those cancers “associated with the world of plenty are increasingly prevalent, owing to the adoption of industrialised lifestyles, with increasing use of tobacco, consumption of alcohol and highly processed foods and lack of physical activity.” We are doing our children a favour if we minimise highly processed foods and maximise time to play at lunchtime.
Nutrition, School Lunches & Fussy Eating Workshops for Parents

Learn what you should be packing for your child’s school lunch to avoid your child’s lunch ending up in the bin.

**Seminars Include:**

- Strategies to address fussy eating & optimise variety
- Keeping kids healthy through food & nutrition
- Ideas and recipes for simple, healthy school lunches
- How to pack a waste free lunch

Join a free Tuckshop workshop today.

**Next Class**

Elanora Heights Public School  
20 February 2014  
1.45 - 2.55pm in the Library

[www.facebook.com/tuckshop.sydney](http://www.facebook.com/tuckshop.sydney)
**SCHOOL BANKING VOLUNTEERS REQUIRED URGENTLY**

To enable us to continue with School Banking we desperately need two volunteers to take over from Mrs Carolyn Chessell, who unfortunately due to her business is unable to continue this year. FULL training will be provided by Mrs Chessell and the bank rep. It requires a few hours of your time one day a week and although the banking was done on a Wednesday, there is flexibility with the day.

If you can spare a few hours one day a week to assist us we would appreciate it. Please email the P&C at elanorahtsandc@gmail.com for more details.

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**PSSA Training**

*Please be advised* that all children should be collected by parents when they are dismissed from training (within the school grounds) and **NOT** wait for collection at the top of the track where there is no supervision.

**PSSA Training Times**

<table>
<thead>
<tr>
<th>SPORT</th>
<th>DAY &amp; TIME</th>
<th>LOCATION</th>
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<tbody>
<tr>
<td>Senior Girls Pittwater Tag</td>
<td>Wednesdays 3pm – 4pm</td>
<td>Top Oval</td>
</tr>
<tr>
<td>Junior Girls T-Ball</td>
<td>Fridays 8am – 8.45am</td>
<td>Top Oval</td>
</tr>
<tr>
<td>Senior Boys Softball</td>
<td>Fridays 8am – 8.45am</td>
<td>Top Oval</td>
</tr>
<tr>
<td>Junior Boys Cricket</td>
<td>Thursdays 8am – 8.45am</td>
<td>Top Oval</td>
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</tbody>
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Training is **cancelled** if it is raining.

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**Beginners**

Thanks to all the keen beginners who made it to the assessment last Tuesday. The results of the assessments will be emailed to parents this week along with the structure for the year.

For those still interested but could not make it on the day please email me at tim.cowdery@gmail.com to make alternative arrangements for instrument assessment.

**Places for Beginners are still Available**

Students currently in Year 3 and up can join the Band. We are very keen, so keen in fact, had we the funds we’d give you a first class round world ticket, for brass players, particularly low brass such as trombone, euphonium (bit like a small tuba) and baritone.

Students from Year K and up can join the Strings group on violin or cello. Guitar is pretty full but could squeeze in a few more.

An application form is included in this issue of Connect.

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**Strings are on the Move**

For the time being, strings rehearsals will now be held in the Hall on Friday mornings from 8:20 am.

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**New Committee Members**

At the end of this year the Band Committee loses its President, Treasurer and at least three very valuable and very experienced Committee members.

Having come on board in my first year as President and Treasurer I can assure you that slowly swimming to the deep end is better than jumping in the deep end. The Band Committee will need a Vice President this year (hopefully moving up to President in subsequent years) and in 2015, a Treasurer and at least three active members to attend to various aspects of the Band’s relatively smooth running.

Please consider how you can contribute to the Band program and contact me to discuss.
Would your child like to learn a MUSICAL INSTRUMENT in 2014?

Earlier this Term parents were sent information about the various EHPS Music Programs. 🎵🎶

STUDENTS FROM YR 2, YR 3 AND YR 4 were invited to apply to join one or more of the BAND/GUITAR/STRINGS Music Programs.

STUDENTS FROM KINDY, YR 1 AND YR 2 were invited to apply to join the JUNIOR PERCUSSION GROUP as a follow-on from the Percussion Classes held earlier this year. 🎉 🎼

As part of a new initiative this year, all communications were sent out by email only. However, as the number of applications were DRAMATICALLY lower than those of previous years, we are concerned that our messages may have missed their mark and that email may not have been the most suitable delivery method. It would be unfair if this led to a child missing out on a wonderful musical and educational opportunity. 🎵🎶

So,... we are sending this note home with each student to ensure that everyone has the chance to participate in one of our award-winning Music Programs. If your child would like to apply, please fill in the details below as soon as possible. If you have already responded to the earlier emails, please disregard this note and we will be in touch shortly. 🎵🎉

<table>
<thead>
<tr>
<th>Child’s Name:</th>
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</thead>
<tbody>
<tr>
<td>Current Class:</td>
</tr>
<tr>
<td>Parent’s Name:</td>
</tr>
<tr>
<td>Contact Details:</td>
</tr>
</tbody>
</table>

PLEASE TICK THE APPROPRIATE BOX & CIRCLE YOUR INSTRUMENT(S) OF CHOICE:

☐ Yes, my child is interested in joining the SCHOOL BAND PROGRAM and would like to try out the following 1, 2 or 3 instruments (please circle): **Tryouts will be held in Week 11**
  - Flute
  - Trumpet
  - Drums (band)
  - Clarinet
  - Trombone
  - Keyboard (band)
  - Saxophone
  - Euphonium
  - Percussion (band)

☐ Yes, my child is interested in joining the STRINGS PROGRAM and would like to learn the following 1 instrument (please circle): **Violin OR Cello**

☐ Yes, my child is interested in joining the GUITAR PROGRAM and would like to learn the following 1 instrument (please circle): **Guitar OR Bass Guitar**

☐ Yes, my child is interested in joining the JUNIOR PERCUSSION PROGRAM with Frances Fordham (Please Note that this class is only open to this year’s Kindy, Yr 1 & Yr 2)

WHAT TO DO WITH THIS FORM: 😊

♫ place it in the Band Letterbox outside Mrs Millar’s office OR
♫ email it to the Band Committee President, Tim Coudery, at tim.coudery@gmail.com OR
♫ contact Tim Coudery directly via email at tim.coudery@gmail.com or by mobile 0419 472 46

ANY QUESTIONS??: Please contact the Band Director, Frances Fordham, on 0404 084 028.
Uniform Shop

Uniform Shop Coordinator Kate Dutton

Open on Monday & Thursday from 8.15am to 9.45am

Purchase in store or by order form available online. Pay by cash or card (Eftpos, Visa or Mastercard)

Email: ehps.uniforms@gmail.com

Alterations & Repairs by Michelle Sturrock (Dressmaker and parent), great rates on offer to Elanora families. Details are available at the Uniform Shop.

Second Hand Uniforms

Second Hand Uniform Coordinator Karen Woodley

Enquiries or Purchase please call 9913 1292 after 9.00am or email thewoodleys@optusnet.com.au

Uniform donations are most welcome as Second hand uniforms are in demand!

Elanora P.S. After School Football Sessions

Proudly Sponsored By

“Freshwater Community Bank - Branch of Bendigo Bank”

COACHES
Qualified Manly United FC Coaches and Players

TIME, DAY, AND DATES
3.10pm-4.10pm 6 x Tuesday’s – Feb 11th, 18th, 25th, March 4th, 11th, 18th.

WHERE DO WE MEET?
Upper playground at the end of the school day.

WHAT WILL I NEED?
Trainers, appropriate clothing, drink.

PRICE
$90 inclusive – Please return all Forms & Payments to the school office.

(THERE IS A 1% SURCHARGE ON CREDIT CARD PAYMENTS)
Parents will be notified via SMS should any sessions need to be postponed due to wet weather

PLEASE CALL NICK WITH ANY QUESTIONS REGARDING THE PROGRAM
OFFICE 9982 6226 OR MOBILE 0403 951 371
EMAIL nick@manlyunitedfc.com.au
ENROL NOW!!
PAY-AS-YOU-GO
No Direct Debit
No Contracts

Elanora Heights Public School
43 Elanora Road, Elanora Heights
FRIDAY Juniors: 6:00pm
Beacon Hill Primary School
Tristram Road, Beacon Hill
THURS Juniors (5ys to 12 yrs) 6:00pm
Terrey Hills Community Centre
Yulong Ave, Terrey Hills
TUES Juniors: 6:00pm

Phone: 04 1300 4094
www.tkma.com.au

FREE RACQUET for all new tennis players!

Come down and trial our tennis Hot Shots Program at Warringah Recreation Centre. All new players who enrol in Term 1 will receive a free racquet and Hot Shots T-shirt!

Come and join Term 1. It includes:
- A 10 week tennis program that has players quickly progressing to serve, rally and score through the use of modified courts and balls
- Access to enter into one of our tennis Hot Shots tournaments including our new competition for beginners
- End of term report card highlighting your child's strengths and areas to improve
- Kids make new friends in a fun environment

Ryan and his team of coaches make sure that every player has a positive experience in the program that exceeds expectations.

For all enquiries and questions please call Ryan on 0435 868 800 or email ryan@atsydney.com

Hope to see your child there soon!

Enrol for 2014
DANCE ARENA®
School of Dance
ELANORA HTS
TERREY HILLS
BEGINNERS TO ADVANCED
SPECIALIST TEACHER OF CHILDREN
CLASSICAL
TAP
JAZZ/HIP-HOP
CONTEMPORARY
Katherine Ward
BA Dip Teach AISTD
ACBA Cecchetti
Royal Academy of Dance
Registered Teacher 115922
99712244
ESTABLISHED 1989

Voyager Tennis is lead by Ryan Henry
His background in tennis is:
- He competed in all 4 Grand Slams
- Career wins include Richard Gasquet, Robin Soderling and Thomas Berdych

WARRINGAH Recreation Centre
Warringah Recreation Centre is on the corner of Pittwater and Kentwell Rd in North Manly
**Lifeline Northern Beaches**

**Book Fair**
Ted Blackwood Hall
Cnr Jacksons and Boondah Rd

**WARRIEWOOD**

- **Friday** 21 February 2014
  - 2pm – 9 pm
- **Saturday** 22 February 2014
  - 9 am – 5 pm
- **Sunday** 23 February 2014
  - 9 am – 2 pm

Thousands of quality books
Bargain prices
Over 50 different categories

Entry by gold coin donation very much appreciated.
Visa, Mastercard and EFTPOS accepted.

As the sun goes down, the fun starts up

**Outdoor cinema**
15 February 2014, 8pm
Village Park, Mona Vale

**Showing**
**“Life of Pi”**
Bring along a rug and picnic
(alcohol permitted until 10pm)

Collecting donations, raising funds for
**MONA VALE HOSPITAL**

**GOLDEN JUBILEE**
Mona Vale 50th Jubilee

Supported by:

Further details on the Enliven Pittwater app

Our school is part of the

Peninsula Community of Schools

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**NARRABEEN JRLFC SHARKS**

Love team sport?
Love Rugby League?

**Join the Mighty Sharks!**

**REGISTRATION**
Saturday 9am-1pm
SHARKIES CLUBHOUSE
cnr Pittwater and Lake Park Rd
Narrabeen


Rego includes jersey, socks, shorts and JRLFC fees