Our School News

Week 1 | Commencing 14th July, 2014

Don’t forget to visit our website at elanorahts-pschool.nsw.edu.au

Notes Home This Week

NB: If you have misplaced a note sent home, please check our website (notes tab) first where most notes will be found.

Weekly Reminders!

Band Committee Meeting:
Wednesday July 16

Stewart House Bags: by Fri July 18

Wombat Stew Excursion: Year 1
Tuesday 22 July

School Banking Send bank books in on Wednesday

Un-Named Lost Property: Parents, please come and check

Week 1 - Term 3

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Mon</td>
<td>14 JuL</td>
<td>STAFF DEVELOPMENT DAY</td>
</tr>
<tr>
<td>Tue</td>
<td>15 JuL</td>
<td>CHILDREN RETURN</td>
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<td></td>
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<td>K - 2 Athletics Carnival</td>
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<tr>
<td>Wed</td>
<td>16 JuL</td>
<td>Band Committee Meeting</td>
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<td></td>
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<td>School Banking Day</td>
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<td>Thur</td>
<td>17 JuL</td>
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<tr>
<td>Fri</td>
<td>18 JuL</td>
<td>Last day to return Stewart House Bags</td>
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<td>PSSA</td>
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<td></td>
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<td>Rugby League v Collaroy Plateau</td>
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<td>@ Lake Park</td>
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<td></td>
<td></td>
<td>Soccer v Wheeler Heights</td>
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<td></td>
<td></td>
<td>@ Narrabeen North School Grounds</td>
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<td></td>
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<td>Netball v Wheeler Heights @ Boondah Oval</td>
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Week 2 - Term 3

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<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Mon</td>
<td>21 JuL</td>
<td>K -2 Assembly</td>
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<tr>
<td>Tue</td>
<td>22 JuL</td>
<td>Year 1 Wombat Stew Excursion</td>
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<tr>
<td>Wed</td>
<td>23 JuL</td>
<td>School Banking Day</td>
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<td>Thur</td>
<td>24 JuL</td>
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<tr>
<td>Fri</td>
<td>25 JuL</td>
<td>PSSA</td>
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<td></td>
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<td>Rugby League v Mona Vale</td>
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<td></td>
<td>@ Narrabeen Reserve #4</td>
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<td></td>
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<td>Soccer v Avalon</td>
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<td>@ Careel Bay</td>
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<td></td>
<td></td>
<td>Netball v Avalon</td>
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<tr>
<td></td>
<td></td>
<td>@ Boondah Oval</td>
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Have you downloaded our EHPS School App?

Staying in touch has never been easier...Download it for FREE now

Go to iTunes or Google Play App Store and search for SCHOOL APP NAME provide details here.

Elanora Heights Public School
43 Elanora Rd, Elanora Heights NSW 2101 P (02) 9913 7283 / (02) 9913 7229 F (02) 9913 3749
E elanorahts-pschool@det.nsw.edu.au
Welcome back to term 3!

Hope you all had a lovely holiday break. We are looking forward to an exciting 10 weeks of learning activities in our classrooms as well as a host of interesting and informative events, including: the K-2 sports carnival, Open Day (as part of Education week), PCS Music Festival, school photos, Premier’s Sporting Challenge, Green Day, PCS Science Fair, Jump Rope for Heart and National Literacy and Numeracy week celebrations. Keep reading the newsletter for updates about what is going on and when.

Athletics Carnivals

Congratulations to all those students who competed at our 3-6 athletics carnival at the end of last term. It was a lovely day out for all! Our new organisation of grouping and events created by Mr Jono Rosconi went very smoothly and was enjoyed by teachers and students alike.

Today was our K-2 sports carnival with much to offer and much participation. The students had a lot of fun. Thanks to Mrs Alyce Castaing for all her organisation and to all the parents for coming to help. Look for the official report for both these events in next week’s newsletter.

Bush track update

We have had a few enquiries from parents in regards to the bush track upgrade to Elanora Road. These works have been held up due to reorganisation of the tender process. We are in constant contact with the Department of Education in relation to these works and will update the community when we know the start date of construction this term. Thank you for your patience.

Open Day

Our Open Day to celebrate Education Week is fast approaching. Keep the date: Wednesday July 30. Mrs Clare Hagon and her committee have been working hard to make this a great community day. They have even organised transport from Narrabeen RSL to alleviate parking issues around the school. Please see the poster later in the newsletter for more details.

Student achievement

Alisha D, 5Z competed in her first solo eisteddfods over the holidays. Alisha came 2nd place in the Ultimate Dance Challenge 12U Classical Ballet Solo and took out another 2nd place in the Twinkle Toes Dance Eisteddfod 10U Classical Ballet Solo. Congratulations Alisha!

Congratulations also to Jaime M of 4/5M who competed in the 2014 Sydney Regional Inter school ski and snowboard competition for Elanora Heights PS over the first week of the school holidays. Jaime made it through to the state for all the events she entered. Her results were: 2nd (silver medal) for the moguls, 3rd (bronze) medal for the Alpine GS and 4th for the Skier X. Good luck in the State competition in August Jaime!

And well done to Daisy.H of 2B who gained 1st Place in the 8 Years Novice category at the Australian Physie and Dance held in Queensland over the holidays.

Premier’s Sporting Challenge 2014

The Premier’s Sporting Challenge has begun at EHPS! This is our sixth year of participation in this initiative, designed to get ‘more students, more active, more often’. This program has health and lifestyle benefits for students. Thank you to Ms Vicki Bosler for all her organisation! See her information report later in the newsletter.

Until next time,

Your Relieving Principal, Laurinda Lomas
**Kids Kafe Roster | To volunteer call 9913 2721**

Welcome back to Term 3. Below is the roster for this term, there are many days we are still in need of helpers. If you are able to help out, please drop by & see us or phone on the number below. Our canteen cannot operate without our wonderful volunteers & we really do appreciate you giving your precious time. Thanks, Wendy.

<table>
<thead>
<tr>
<th>Weeks 1 to 10 – Term 3</th>
<th>MON</th>
<th>TUE</th>
<th>WED</th>
<th>THUR</th>
<th>FRI</th>
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<tbody>
<tr>
<td>Week 1 14/7 – 18/7</td>
<td>STAFF DEP DAY</td>
<td>ANGIE K</td>
<td>SHARON C</td>
<td>LOUISE E</td>
<td>KELLY G SINA V</td>
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<tr>
<td>Week 2 21/7 – 25/7</td>
<td>FIONA F</td>
<td>RENATE R KARIN S</td>
<td>BARB LA G</td>
<td>DANNI Q MARTHA</td>
<td>NEED HELP</td>
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<tr>
<td>Week 3 28/7 – 1/8</td>
<td>LUCY K</td>
<td>DONNA P CHARLIE P</td>
<td>KATE McG</td>
<td>ANGELA C</td>
<td>KYM G MICHAELA B</td>
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<tr>
<td>Week 4 4/8 – 8/8</td>
<td>LUISA P</td>
<td>NEED HELP</td>
<td>KIM K</td>
<td>CAROLINE R</td>
<td>JENNY T REBECCA C</td>
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<tr>
<td>Week 5 11/8 – 15/8</td>
<td>FIONA F</td>
<td>ANGIE K</td>
<td>SHARON C</td>
<td>LOUISE E</td>
<td>KELLY G KYLIE S</td>
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<tr>
<td>Week 6 18/8 – 22/8</td>
<td>LUCY K</td>
<td>RENATE R KARIN S</td>
<td>BARB LA G</td>
<td>DANNI Q MARTHA</td>
<td>MANDY H NEED HELP</td>
</tr>
<tr>
<td>Week 7 25/8 – 29/8</td>
<td>DONNA P ELISA P</td>
<td>KATE McG</td>
<td>ANGELA C</td>
<td>KYM G NEED HELP</td>
<td></td>
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<tr>
<td>Week 8 1/9 – 5/9</td>
<td>NEED HELP</td>
<td>KIM K</td>
<td>LINDA E NEED HELP</td>
<td>JENNY T REBECCA C</td>
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<tr>
<td>Week 9 8/9 – 12/9</td>
<td>FIONA F</td>
<td>ANGIE K PAULA B</td>
<td>SHARON C</td>
<td>LOUISE E</td>
<td>KELLY G SINA V</td>
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<tr>
<td>Week 10 15/9 – 19/9</td>
<td>LUCY K</td>
<td>RENATE R KARIN S</td>
<td>BARB LA G</td>
<td>DANNI Q MARTHA</td>
<td>MANDY H MELISSA</td>
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To order school lunches online go to www.munchmonitor.com
Use log in – username: Elanora and password: munch2101

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**Band Committee Meeting**

The band committee will be holding a meeting on tomorrow **Wednesday, July 16 at 7pm** at school. All are welcome.
NRMA ROAD SAFETY PROGRAM | BY 3S

At our school today a lady called Nina taught us about road safety. Year Three and Four listened to her explain how we can be safe in any moving vehicle.

Nina started by explaining a scientific theory about moving things. She explained why objects keep moving even when the vehicle has stopped. She showed us with a wheel, that any moving object can only do so by pushing in the opposite direction.

The next thing was with someone from our class! Xavier got to go in a hovercraft. We learnt that anytime there is oil, water, ice or mud on the road the tyre is not in direct contact with the road and might slide a further distance. Xavier went sliding and almost crashed into the screen!

The next thing she showed us was with an egg called Evil Eggie. First, he went down a hill with his seat belt on at 100km and banged into a wall, he was okay. The second time Nina took his seat belt off, unfortunately Evil Eggie flew out of his car and SPLAT onto the floor. We learnt that people travel at the same speed as their vehicle.

Then we watched a demonstration on how to wear a seat belt correctly. The belt must be worn down from the collar bone and across your pelvis because these are the strongest bones in the upper body. It is not OK to slide down in your seat because the seat belt would be across your neck, which could choke you. It would also be across your tummy, which could damage your organs.

Finally, Nina taught us lots of things about wearing a helmet. Put two fingers above your eyebrows and two fingers in between your strap and chin, this will ensure your helmet is protecting your brain. Also if you do have a crash while wearing your helmet you must throw it away and buy another one.

We learnt so much about road safety, scientific explanations and how to be a safe passenger. We might go home and tell our families some of what we learnt today.
Stewart House Clothing Appeal
A reminder that the second-hand clothing bags for the Stewart House Appeal MUST BE RETURNED by THIS Friday, July 18. Stewart House thank you for your ongoing support.

NSW Premier’s Sporting Challenge 2014

It’s Term 3, Week 1 and the Premier’s Sporting Challenge has begun! This is the 6th year of participation in this initiative designed to get ‘more students, more active, more often’. Apart from the obvious long term health and lifestyle benefits to students, our ongoing participation and commitment to the PSC attracts a ‘loyalty’ grant. This grant enables the school to continue to purchase new PE/Sports equipment.

This afternoon students 3-6 will bring home their Premier’s Sporting Challenge Logs that they will use to record time spent engaged in physical activity and sport for the 10 week period (ie weeks 1-10 inclusive). For students in K-2, the usual practice is for students to fill in their logs each day at a time suited to individual class routines eg during morning ‘admin’ time or after lunch before DEAR. Some K-2 teachers might send the logs home instead.

The time accrued includes both week days and weekends so the PSC is really easy to achieve for the students at EHPS given their involvement in so many activities!

Please encourage your child/children to engage in many different forms of physical activity and/or sport during the Challenge and help them record ‘time’ in their logs each day.

Teachers will be monitoring the challenge using a PSC class wall chart to keep each child ‘on track’.

Good luck Elanora students with the K-2 challenge ‘go for gold’ and the Years 3-6 challenge of attaining the highest award- diamond!

I’d love to hear from any child/family participating in some ‘out there’ forms of physical activity to share with others in the newsletter eg abseiling, parasailing, scuba diving- or whatever!

CRITICAL THINKING WORKSHOP

In the last week of Term 2, we were lucky to have a visit from James Bach who conducted a critical thinking workshop with 5/6R and some children from other classes in Years 3-6. James works in the software testing industry, as does parent Anne-Marie Charrett who arranged this event with James while he is here from USA. James is a passionate advocate of critical thinking, which is a key attribute for testing software – or many other things! He led the students through a stimulating afternoon with an exercise using mini-boxes of cereal; analysing their assumptions, looking for fine similarities and differences and always asking “How do we know?” You can read about a similar session at http://www.edutopia.org/blog/teaching-critical-thinking-dog-food-james-bach
IN FOCUS

THIS WEEK’S FEATURES...

Education Week Elanora Heights PS

Join us to celebrate on Wednesday 30th July.

9:30am - 10:15am ~ K-2 Open Classrooms & Library Visit (Donate a book)
10:15am - 10:45am ~ Special Group Performances
10:45am - 11:15am ~ Morning Tea and Band Performance
11:15am - 12:00pm ~ 3-6 Open Classrooms & Library Visit (Donate a book)

Parking available at Narrabeen RSL Club and shuttle bus service provided to and from front steps of Administration building. First shuttle leaves RSL at 9:30am; last shuttle leaves EHP8 at 12:20pm.

For safety reasons, strictly NO vehicle access to the school via the driveway during these times. Please cooperate.
Elanora Heights Public School
Footpath and bush track construction

PROJECT UPDATE - JULY 2014

Footpath construction - stage one

Earlier in 2014, Pittwater Council was busy constructing stage one of the Elanora Road footpath. This new footpath has improved pedestrian safety for students of Elanora Heights Public School and the Elanora Heights community.

Pedestrians can now walk most of the way to school on the new footpath!

Footpath construction - stage two

Council has allocated funding in its 2014/2015 Improvements Program and will be commencing stage two of the footpath construction shortly. This stage will see the footpath extend from the existing footpath on Elanora Road and connect to Weeroona Street. Please refer to the footpath plan and letter to residents for further information.

Elanora Heights Public School bush track

Council has received confirmation from the Department of Education & Communities that work is due to start during term three to construct the bush track from Elanora Road to the school.

This will provide another access point to the school for pedestrians and will assist in relieving the traffic and parking congestion. A new stop, kiss, and leave zone will be in operation once the footpath and bush track is complete.

For more information please contact Michelle Carter, Road Safety Officer, on 9970 1196 or by email at michelle_carter@pittwater.nsw.gov.au.

www.pittwater.nsw.gov.au
PSSA Training

Please be advised that all children should be collected by parents when they are dismissed from training (within the school grounds) and NOT wait for collection at the top of the track where there is no supervision.

### PSSA Training Times

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<tr>
<th>SPORT</th>
<th>DAY &amp; TIME</th>
<th>LOCATION</th>
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<tbody>
<tr>
<td>Senior Boys Rugby League</td>
<td>Wednesdays</td>
<td>Top Oval</td>
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<td>Fridays</td>
<td>Top Oval</td>
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<td></td>
<td>2.55pm - 4pm</td>
<td>Top Oval</td>
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<td></td>
<td>8am – 8.45am</td>
<td>Top Oval</td>
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<tr>
<td>Junior Boys Rugby League</td>
<td>Wednesdays</td>
<td>Top Oval</td>
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<td></td>
<td>Fridays</td>
<td>Top Oval</td>
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<td></td>
<td>2.55pm - 4pm</td>
<td>Top Oval</td>
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<tr>
<td>Senior Girls Soccer</td>
<td>Fridays</td>
<td>Middle Oval</td>
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<td></td>
<td>8am – 8.50am</td>
<td>Middle Oval</td>
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<tr>
<td>Junior Girls Soccer</td>
<td>Fridays</td>
<td>Middle Oval</td>
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<td></td>
<td>8am – 8.50am</td>
<td>Middle Oval</td>
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<tr>
<td>Senior Boys Soccer</td>
<td>Thursdays</td>
<td>Top Oval</td>
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<td></td>
<td>8am – 8.45am</td>
<td>Top Oval</td>
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<tr>
<td>Senior Girls Netball</td>
<td>Thursdays</td>
<td>Netball Courts</td>
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<td></td>
<td>7.50am – 8.25am</td>
<td>Netball Courts</td>
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<tr>
<td>Junior Girls Netball</td>
<td>Thursdays</td>
<td>Netball Courts</td>
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<td>8.25am – 8.45am</td>
<td>Netball Courts</td>
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Training is **cancelled** if it is raining.

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Stewart House Clothing Appeal

A reminder that the second-hand clothing bags for the Stewart House Appeal **MUST BE RETURNED by THIS Friday, July 18.** Stewart House thank you for your ongoing support.

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Uniform Shop

**Uniform Shop Coordinator** KATE DUTTON

**Open** on Monday & Thursday from 8.15am to 9.45am

**Purchase** in store or by order form available online. **Pay by** cash or card (Eftpos, Visa or Mastercard)

**Email:** ehps.uniforms@gmail.com

**Alterations & Repairs** by Michelle Sturrock (Dressmaker and parent), great rates on offer to Elanora families. Details are available at the Uniform Shop.

Second Hand Uniforms

**Second Hand Uniform Coordinator** KAREN WOODLEY

**Enquiries or Purchase** please call 9913 1292 after 9.00am or email thewoodleys@optusnet.com.au
ENROL NOW!!
PAY-AS-YOU-GO
No Direct Debit
No Contracts

Elanora Heights Public School
43 Elanora Road, Elanora Heights
FRIDAY Juniors: 6:00pm

Terrey Hills Community Centre
Yulong Ave, Terrey Hills
TUES Juniors: 6:00pm

Phone: 04 1300 4094
www.tkma.com.au

DROP INTO THE GYM FACTORY
BEFORE JUNE 30th AND QUALIFY FOR A
FREE 8-WEEK BODY BLAST PROGRAM!!

- 10/3 Vuko Place, Warriewood 2102
- membership@thegymfactory.com.au
- 02 9002 0322
- www.thegymfactory.com.au

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Elanora Heights
AUCTION
Bidding $1,375,000+
**Parenting Programs**

**Child & Adolescent Parenting**

**WHATS ON IN TERM 3 - COURSES & WORKSHOPS FOR PARENTS/CAREERS**

- **Tuning in to Kids Course (9-12 yrs)**
  - Help your child develop emotional intelligence, manage strengths & deal with conflict.
  - Chatswood Public School (12/5/19 - 12/6/19, 7:00-9:00pm)

- **Triple P (Positive Parenting Program) Course (1-8 yrs)**
  - Strategies to encourage desirable behaviour and manage persistent misbehaviour.
  - Chatswood Ave - 5 group 4-7 Chatswood (9/6/19 - 9/7/19, 7:00-9:00pm)

- **Communicating with Kids Workshop (based on PEP)** (4-12 yrs)
  - Communication skills for building positive long-term relationships with your children & family.
  - Chatswood (4/7, 7:00-9:00pm)

- **Tuning in to Teens Course**
  - An introduction to the teen communication skills for building positive long-term relationships with your children.
  - Chatswood (12/6 - 9/7, 7:00-9:00pm)

- **Toddlers Workshop** (1-5 yrs)
  - Sense of 3 workshops on Reading, Talking & Toilet Training: Speech & Sleep.
  - Chatswood (7/8, 14/8 & 21/8, 1:30-2:30pm each, 7:00-9:00pm)

- **Resilient Kids Workshop**
  - Strategies to accept & express feelings, develop empathy, thinking & coping skills.
  - Chatswood (17/9, 7:00-9:00pm)

- **Dealing with Teen’s Backchat Workshop**
  - How to retain a respectful & positive relationship with your teenager.
  - Chatswood (13/9, 7:00-9:00pm)

Enquiries: Child & Adolescent Parenting 9887 5830


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**EXTRACTIONS & NEW HOMES**

**HOME DESIGNS & PLANS FROM CONCEPT TO COMPLETION!**

- Innovative, functional designs to suit your lifestyle & budget
- Experienced with your local council
- Increase the value of your home & improve your lifestyle

For a free consult call 9986 1311

www.lifestylehome的笑容.com.au

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**Baseball season is about to start!**

Pittwater Baseball Club invites all players to be part of this fun-filled game!

**Have some fun batting a baseball...!**

Ages 5 to 16 welcome

Come to our Try-Baseball Day on Sunday 20 July & Sunday 3 August

North Narrabeen Reserve (Rat Park) from 11:30am - 2:30pm

Free sausage sizzle & drink

For further information and to find us, see our website at www.pittwaterbaseballclub.com.au

or phone Cheryl on 0425 254 253

If you can’t make it on the day, you can still register by downloading forms from our website.