Week 4 - Term 3

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon</td>
<td>04 Aug</td>
<td>K - 2 Assembly</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Kindy 2015 Tour</td>
</tr>
<tr>
<td>Tue</td>
<td>05 Aug</td>
<td></td>
</tr>
<tr>
<td>Wed</td>
<td>06 Aug</td>
<td>SCHOOL PHOTOS</td>
</tr>
<tr>
<td></td>
<td></td>
<td>School Banking Day</td>
</tr>
<tr>
<td>Thur</td>
<td>07 Aug</td>
<td></td>
</tr>
<tr>
<td>Fri</td>
<td>08 Aug</td>
<td>PSSA</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Rugby League v Newport</td>
</tr>
<tr>
<td></td>
<td></td>
<td>@ Newport Oval</td>
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<tr>
<td></td>
<td></td>
<td>Soccer v Bilgola Plateau</td>
</tr>
<tr>
<td></td>
<td></td>
<td>@ Careel Bay</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Netball v Bilgola Plateau</td>
</tr>
<tr>
<td></td>
<td></td>
<td>@ Boondah</td>
</tr>
</tbody>
</table>

Week 5 - Term 3

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon</td>
<td>11 Aug</td>
<td>K - 6 Assembly</td>
</tr>
<tr>
<td>Tue</td>
<td>12 Aug</td>
<td>ICAS Maths - 8am</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Sydney Swans Visit - Stage 2</td>
</tr>
<tr>
<td>Wed</td>
<td>13 Aug</td>
<td>Rainbow Fruito/Vego - RED</td>
</tr>
<tr>
<td></td>
<td></td>
<td>School Banking Day</td>
</tr>
<tr>
<td>Thur</td>
<td>14 Aug</td>
<td>Make Your Own Lunch - 3-6</td>
</tr>
<tr>
<td>Fri</td>
<td>15 Aug</td>
<td>PSSA</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Rugby League v Bilgola Plateau</td>
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<tr>
<td></td>
<td></td>
<td>@ Narrabeen Reserve #4</td>
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<tr>
<td></td>
<td></td>
<td>Soccer v Collaroy Plateau</td>
</tr>
<tr>
<td></td>
<td></td>
<td>@ Kitchener Park</td>
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<tr>
<td></td>
<td></td>
<td>Netball v Collaroy Plateau</td>
</tr>
<tr>
<td></td>
<td></td>
<td>@ Boondah</td>
</tr>
</tbody>
</table>

Notes Home This Week

Adobe Excursion: 5M & 5R

NB: If you have misplaced a note sent home, please check our website (notes tab) first.

Weekly Reminders!

School Photos: Wednesday Aug 6

School Photo Payments:
Online is preferred - see page 7

School Banking: Send bank books in on Wednesday

Un-Named Lost Property: Parents, please come and check

Have you downloaded our EHPS School App?
Staying in touch has never been easier...Download it for FREE now

Go to iTunes or Google Play App Store and search for SCHOOL APP NAME provide details here.
Peninsula Community of Schools Music Festival
I would like to congratulate everyone who was involved in the PCS Music Festival last Tuesday. What a great performance! This just goes to show what can be achieved when everyone works together on a common goal. Last Friday I was at a meeting with other Principals from the PCS and all agreed that this year’s performance one of the best Music Festivals they have seen.

Communication … can you help us?
Can you help us? Last Monday we had a number of heavy vehicles using the driveway and asked parents not to come into the school grounds because of the dangers. We put messages in the newsletter, sent out emails, notified parents via the school app and even put a message on the school noticeboard at the top of the driveway. The band committee and Before and After School Care contacted their parents, however, we still had parents using the driveway in the morning. If you have any solutions to the communication problem please let me know.

Open Day-Grandfriends Day
What a fantastic day! The weather was perfect and I thoroughly enjoyed catching up with a number of parents and discussing a variety of issues. Walking around the classrooms both Mrs Lomas and I couldn’t help but notice the number of children who were thrilled to have their “special people” come into the rooms to talk to them and see the wonderful educational activities taking place within the school. I would like to thank Mrs Hagon for the organisation and a special thanks to YOU, the school community, for making the day so special.

School photos
Just a quick reminder to parents that school photos are taking place this Wednesday. Children need to be in full school winter uniform. It is not too late to order photos just go to http://www.advancedlife.com.au and the code MKE 2BF BQR.

Student achievement
Congratulations to Jamie M (4/5M) who has been selected to participate in Ski Snowboard Australia’s Freestyle Moguls talent identification program. Jamie will be working with Olympic, NSW Head Freestyle Coach and Coordinating Winter Sports Coach Peter Topalovic. What a great opportunity.

Recently Alisha D (5Z) competed in the Energy Express Eisteddfod in Balmain. Alisha took out 3rd Place in her Classical Ballet Solo and, along with her Troupes, took out 1st & 3rd Place in Broadway Jazz Troupes, 3rd Place in Contemporary Troupes, 3rd Place in Classical Ballet Troupes & 3rd Place in Modern Lyrical Troupes. It was a big weekend with very tough competition, well done Alisha!

Access to school grounds
Parents can enter the school from 6:45-7:30am, 9:10am-2:25pm and from 3:10-6:20pm only. THERE IS NO PARENT ACCESS FROM 7:30-8:20AM. Only staff can access the school driveway during this time. PLEASE DO NOT TAILGATE STAFF CARS DOWN THE DRIVEWAY

Until next time,

Your Principal, Bill Gillespie
Thank you for making our Open Day so special!
**Kids Kafe Roster | To volunteer call 9913 2721**

Below is the roster for the next three weeks. We are in need of helpers THIS FRIDAY!! If you are able to help, please drop by & see us or phone on the number below. Your help is much appreciated as we cannot operate without the help of our wonderful volunteers. Thanks, Wendy.

<table>
<thead>
<tr>
<th>Weeks 4 to 6 – Term 3</th>
<th>MON</th>
<th>TUE</th>
<th>WED</th>
<th>THUR</th>
<th>FRI</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 4</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4/8 – 8/8</td>
<td>LUISA P</td>
<td>DONNA P</td>
<td>CATHERINE M</td>
<td>CAROLINE R</td>
<td>JENNY T REBECCA C</td>
</tr>
<tr>
<td>Week 5</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>11/8 – 15/8</td>
<td>FIONA F</td>
<td>ANGIE K</td>
<td>SHARON C</td>
<td>LOUISE E</td>
<td>KELLY G KYLIE S</td>
</tr>
<tr>
<td>Week 6</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18/8 – 22/8</td>
<td>LUCY K</td>
<td>RENATE R KARIN S</td>
<td>BARB La G</td>
<td>DANNI Q MARTHA</td>
<td>MANDY H MATT D</td>
</tr>
</tbody>
</table>

To order school lunches online go to [www.munchmonitor.com](http://www.munchmonitor.com)

Use log in – username: Elanora and password: munch2101

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**IN FOCUS**

**THIS WEEKS FEATURES...**

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**VICKI BOSLER  | PSC/L2L Facilitator**

We are now in the 4th week of the PSC and the 2014 L2L Team has been very busy since the beginning of the term organising lunchtime activities for K-6 students. Participation in these lunchtime activities is voluntary and it enables students to accrue more time engaged in physical activity which means they can ‘tick’ off time on their PSC Student Logs.

Each week I convene a meeting with the L2L team to organise the following week’s roster. So far students in K-6 have participated in soccer, touch, dance, obstacle courses and other games.

The 2014 team is responsible, enthusiastic and well organised. It is wonderful to observe these students in action. Ky H and Sam K have co-written a report (below) on the activity they organised last week with a photo which shows the Kindy students enjoying a range of activities and equipment!

Don’t forget that any physical activity is valid whether it is a weekend family walk, jumping on the backyard trampoline, formal after school/evening sports training sessions and Saturday games.

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**Kindergarten Obstacle Course | Ky H and Sam K**

The L2L team is busy organising fun games at lunchtimes for our Elanora Heights students. Last Thursday Ky H, Sam K and Max S organised an obstacle course and games for the Kindergarten students. They all had a great time.

Listen out for announcements at morning assemblies to come and join in the fun.
AND THE AWARD GOES TO...

The K-2 Bronze and Silver Awards will be given to the students at the K-2 assemblies and the 3-6 Bronze and Silver Awards will be given to the students at the 3-6 assemblies. The Gold and Diamond Awards will be given out at the K-6 Assembly. If you wish to see your child receive their award at assembly, please first contact the office to confirm this. When sending the 20 mini merits from home, please make sure that the mini merit on top has your child’s full name & class on it. Please do not send them in plastic bags or envelopes. The cut-off time each week is Thursday after recess. Thank you.

SILVER AWARDS

| HANNAH B | POPPY C | KATE H | LONDON M |
| JESSICA B | MAX D | BYRON J | RYAN T |

BRONZE AWARDS

| JACINDA B | SOPHIE C | TYSON J | CASSIDY P |
| RUBY B | POPPY C | SIENNA J | LENA S |
| TASMAN B | ANTHONY D | BEAU K | KAHMANI S-L |
| LUKE B | JACK D | WILBER K | MAX S |
| COOPER B | HUGO D | JACK L | CODY S |
| EDEN B | JACK F | LUCY M | MAXWELL T |
| ABIGAIL B | MICHAEL G | RYAN McP | AVA W |
| LUKE B | MACKA H | JESSICA M | COOPER W |

ICAS Science Test.... VICKI BOSLER

The ICAS Science Test was held on Wednesday, 4th June, 2014 (Term 2, Week 6). Fourteen students from Years 2-6 sat this exam. Those students who were awarded a Participation Certificate will receive their certificate at morning assembly. Students who gained a Merit, Credit or Distinction will receive their certificate at the next K-6 assembly (Week 5). Parents are more than welcome to attend this assembly. The results are presented below. The ICAS Mathematics Test will be held at 8am in the 3B classroom on Tuesday, 12th August, (Term 3, Week 5).

<table>
<thead>
<tr>
<th>Year</th>
<th>Distinction</th>
<th>Credit</th>
<th>Merit</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td></td>
<td>Alex K</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>Max H</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>Sam K</td>
<td>Finlay C</td>
<td>Max H</td>
</tr>
<tr>
<td>5</td>
<td>Tim K</td>
<td>Charlie S</td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>Alexander G</td>
<td>Sam K</td>
<td></td>
</tr>
</tbody>
</table>
THE GOOD NAG

August is known for its cold winter westerlies, and last week’s litter blowing on the playground prompted the little ditty below.

IN FOCUS

THIS WEEK’S FEATURES...

THE GOOD NAG

August is known for its cold winter westerlies, and last week’s litter blowing on the playground prompted the little ditty below.

Ode to an August Playground

When the cold wind doth blow,
Where does it go?
The plastic and foil on the breeze?
It may get stuck
With the rest of the muck
In the grass and bushes and trees.
Or slip down the drains
And when it rains
Flow on, out to the seas.
Where does it go
When the cold wind doth blow?
(Children and parents are invited to write the next verse - best entries published next week)

It’s the little bits that get away - the plastic around the popper straw, the cling wrap, the piece of foil pulled off to open the packet, the lid of the tubes. Every day I pick up this sort of litter near our grated drains, about to head off to the lagoon.

What are you contributing to the stream of rubbish flowing to Kimbriki Tip, the bushland or the ocean?

Look at the food items your child buys from the canteen or brings to school. What is left behind? What will happen to it? Watch you child opening a foil or plastic packet outside on a windy day, multiply by 550!

The Good Nag’s Tip of the Week

SCRAP THE WRAP!

Look at each packaged item your child brings or buys. How is it adding or reducing good nutrition? How could the packaging be avoided?

send your ppoetic efforts or lunchbox tips to The Good Nag aka Jenny Cullen at: elanorahts-p.school@det.nsw.edu.au

Student Absences

Under guidelines set by the Department of Education, all student absences need to be accounted for. When a student is absent without a note, that absence is marked as an “unexplained” absence. The guidelines state that a parent or caregiver should send in a note explaining a child’s absence within two days of that absence. However, there is a tolerance of six days in our system within which a note should be sent in. If on the seventh day no explanation has been received, that “unexplained” absence will automatically (via the computer) change to “unjustified” and will remain so even if we receive a note at a later date.

Parents and caregivers can notify staff of an absence by writing a note, via the school app, by email, making a phone call or verbally to the teacher or office staff. All notes are kept on record and become legal documents.
Premier’s Reading Challenge 2014 | KIM WOODS

With only 3 weeks left for the Premier’s Reading Challenge, it is lovely to see so many students finishing their logs already. The official completion date of the Challenge is August 29, so if your child’s name is not published below, there is still time.

Congratulations to:

Year 1 – Hugo D, Cynthia R, Max T, Rubi W
Year 2 – Christina D, Oliver K, Melody M
Year 3 – Genevieve B, Maisy B, Indiya B, Bridget H, Alice M, Roxie R, Jack VW
Year 4 – Amy D, Max H
Year 5 – Ella VW, Nathan R
Year 6 – Max S

** These children were validated as of 29/7/14 – apologies if your child finished after the validation date.

A reminder of the challenge goals for those still on their way OR ready to start:

<table>
<thead>
<tr>
<th>Premier’s Reading Challenge</th>
<th>Number of books need to complete challenge</th>
<th>Number of PRC books for your challenge</th>
<th>Maximum number of personal choice books</th>
</tr>
</thead>
<tbody>
<tr>
<td>K - 2</td>
<td>30</td>
<td>25</td>
<td>5</td>
</tr>
<tr>
<td>3 - 4</td>
<td>20</td>
<td>15</td>
<td>5</td>
</tr>
<tr>
<td>5 - 6</td>
<td>20</td>
<td>15</td>
<td>5</td>
</tr>
</tbody>
</table>

Many of the books are available to borrow from the school library. If you require any further information or help entering books etc, please don’t hesitate to contact your child’s teacher. Happy reading.

Make My Own Healthy Lunch

Last week a note was sent home to all years 3-6 regarding “Make My Own Healthy Lunch Challenge” an Elanora first last year – our own idea developed through parents and teachers working together. This term every student in Years 3-6 will be participating in Elanora’s unique Make My Own Healthy Lunch program.

At school: Mrs New will be running the Healthy Lunch program on Thursdays 14th, 21st and 28th August, 2014. Each grade will start with a nutrition lesson. What are the key nutritional groups every lunch needs? What do we need to avoid or minimise?

We need 4 parents per grade to help prepare a range of healthy lunch choices in the hall. Students then prepare their own sandwich or wrap. Kate Hickson has offered to buy the food and coordinate, but we need more helpers. Thank you to those parents who have already volunteered, we’ll contact you soon.

Can you help?

At home: We hope you will also support the optional home follow-up Make My Own Healthy Lunch Challenge. Students record on a colourful card whenever they make their own healthy morning tea or lunch over the next fortnight. The challenge card was designed by parent and graphic designer, Anna Buono. Mini-merits are awarded as well as yummy fruit kebabs for those who make 8 lunches. Encourage your child to participate - it will gradually lighten your load!

If you haven’t already done so, please return the Make Your Own Healthy Lunch permission slip with $4 in an envelope and indicate if you would like to help with this or other health initiatives.
National Literacy Numeracy week at Elanora Heights PS

This year we are participating in the NLNW Reach for the Stars data collection activity in Week 7 this term.

We know parents have a pivotal role in their children’s numeracy development, through encouragement, support and exposure to the use of mathematics in everyday activities.

You can support our school investigations related to drinking water with some of the following activities at home...

Water at home

- Help your child conduct a home water audit.

- How many taps do you have inside and outside your home? Where are they? Are there any other sources of water?

- Help your child collect data on how many times water is used in a day at home (e.g. having a drink, bathing, toilet, filling the kettle, watering the garden, feeding animals).

- Help your child work out how much water is used at home.

- How much water does your bath hold? How much water is used in a half-flush and a full-flush of the toilet? How much water is used in your shower in one minute? How long do people shower for? Do you leave the tap running when brushing your teeth? How much water does your dishwasher use for a full load? What is the capacity of the kitchen sink? How much water does your family drink? Use in food preparation? How much water is used in the washing machine? Are there any dripping taps? What about water in the garden?

- Discuss how you could save water at home.

- How much water could you save? How much money could be saved?

- Your child may be interested in interviewing you, a grandparent or a neighbour on where their drinking water came from when they were at school.

Don’t forget to visit the EHPS website
www.elanorahts-p.schools.nsw.edu.au
Thank You
A Band Bugle Big Thanks to Cassie White and all of the musicians who performed at the PCS Music Festival and backed up again for Open/Grandfriends’ Day playing for all at our school. Your performances made us proud!

Meeting Reminder:
Wednesday, August 6th at 7.30 pm we have a Music Committee Meeting at the Elanora Squash Courts, all welcome.

Photos:
Music Participant Photos are scheduled for Wednesday 6th August - please meet in the hall

INSTRUMENTS IN HAND:
Junior Band members – in school uniforms please at 8:15 am
Intermediate/Senior Band – in band shirts and black pants 8:30 am
Stage Band in band shirts and black pants 8:45 am
Strings in school uniforms 9 am
Guitars in school uniforms 9:15 am

Parent Feedback:
If you have any concerns or questions about your child’s music training organised through the school, please let Bec Heather, Band Convenor, know by email on becko1@optusnet.com.au. We aim to respond promptly so even the smallest issues are resolved quickly.

Attention Guitar Parents:
If your budding guitarist has a lesson on Monday mornings in the hall, from August 10th, this lesson will be moved to the Art Room (next to the Stella Room).

Attention Junior Band Parents:
A second rehearsal is now scheduled on Mondays from 7.30 am in the hall. Parents welcome to stay and watch, as well as set up and pack away!

Schedule from August 10th

<table>
<thead>
<tr>
<th>Day</th>
<th>Activity</th>
<th>Time</th>
<th>Teacher(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>Junior Band - Guitar Ensemble</td>
<td>7.20 am - art room &amp; demountable 7.30 am - hall</td>
<td>Dean Gray (for Jose Zarb) &amp; Cameron Jones Cassie Jones Cassie White</td>
</tr>
<tr>
<td></td>
<td>Intermediate &amp; Senior Band</td>
<td>7.30 am - hall</td>
<td>Cassie White</td>
</tr>
<tr>
<td></td>
<td>Junior Band</td>
<td>3pm - 4pm - hall</td>
<td>Cassie White</td>
</tr>
<tr>
<td>Tuesday</td>
<td>Intermediate &amp; Senior Band</td>
<td>3pm - 3.50 pm - hall 4pm - 5pm - hall</td>
<td>Cassie White Brendan Collins</td>
</tr>
<tr>
<td>Wednesday</td>
<td>Strings Ensemble</td>
<td>7.45 am - demountable</td>
<td>Carla van der Wallen</td>
</tr>
</tbody>
</table>
Our school photos will be taken on Wednesday, 6th August

For the convenience of our school community advancedlife have now introduced Online Ordering. School photos can now be ordered and paid for using a secure online Web Portal. Please note: Photos can also be purchased in the traditional manner using an envelope.

The preference of our school is that Orders and Payments by made through the Web Portal as this reduces the administration and associated security issues related to the return of cash and envelopes. To place an order visit www.advancedlife.com.au and enter the code MKE 2BF BQR. A full set of instructions on how to order can be found on the back of the order flyer. This code can also be found printed on the envelopes supplied by advancedlife. Please be aware that:

1) Sibling/Family photos may be ordered online or via an envelope. To ensure a smoothly run photography day, online orders for siblings/family photos will be cut off 48 hours before our photography day to allow a list of students who require sibling/family photographs taken to be compiled. Sibling/family photos can also be ordered after the online cut-off date using an envelope available from the school office and enclosing payment.

2) All online orders should be placed before our day of photography.

3) The online code above Web Portal may also be used to order sports and other group photos at any time.

All online orders placed through Web Portal will be returned to school for collection.

Uniform Shop

Uniform Shop Coordinator KATE DUTTON
Open on Monday & Thursday from 8.15am to 9.45am
Purchase in store or by order form available online. Pay by cash or card (Eftpos, Visa or Mastercard)
Email: ehps.uniforms@gmail.com
Alterations & Repairs by Michelle Sturrock (Dressmaker and parent), great rates on offer to Elanora families. Details are available at the Uniform Shop.

Second Hand Uniforms

Second Hand Uniform Coordinator KAREN WOODLEY
Enquiries or Purchase please call 9913 1292 after 9.00am or email thewoodleys@optusnet.com.au
PSSA Training

Please be advised that all children should be collected by parents when they are dismissed from training (within the school grounds) and NOT wait for collection at the top of the track where there is no supervision.

## PSSA Training Times

<table>
<thead>
<tr>
<th>SPORT</th>
<th>DAY &amp; TIME</th>
<th>LOCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Senior Boys Rugby League</td>
<td>Wednesdays</td>
<td>Top Oval</td>
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<tr>
<td></td>
<td>Fridays</td>
<td>Top Oval</td>
</tr>
<tr>
<td></td>
<td>2.55pm - 4pm</td>
<td></td>
</tr>
<tr>
<td></td>
<td>8am – 8.45am</td>
<td></td>
</tr>
<tr>
<td>Junior Boys Rugby League</td>
<td>Wednesdays</td>
<td>Top Oval</td>
</tr>
<tr>
<td></td>
<td>2.55pm - 4pm</td>
<td></td>
</tr>
<tr>
<td>Senior Girls Soccer</td>
<td>Fridays</td>
<td>Middle Oval</td>
</tr>
<tr>
<td></td>
<td>8am – 8.50am</td>
<td></td>
</tr>
<tr>
<td>Junior Girls Soccer</td>
<td>Fridays</td>
<td>Middle Oval</td>
</tr>
<tr>
<td></td>
<td>8am – 8.50am</td>
<td></td>
</tr>
<tr>
<td>Senior Boys Soccer</td>
<td>Thursdays</td>
<td>Top Oval</td>
</tr>
<tr>
<td></td>
<td>8am – 8.45am</td>
<td></td>
</tr>
<tr>
<td>Junior Boys Soccer</td>
<td>Thursdays</td>
<td>Top Oval</td>
</tr>
<tr>
<td></td>
<td>8am – 8.45am</td>
<td></td>
</tr>
<tr>
<td>Senior Girls Netball</td>
<td>Thursdays</td>
<td>Netball Courts</td>
</tr>
<tr>
<td></td>
<td>7.50am – 8.25am</td>
<td></td>
</tr>
<tr>
<td>Junior Girls Netball</td>
<td>Thursdays</td>
<td>Netball Courts</td>
</tr>
<tr>
<td></td>
<td>8.25am – 8.45am</td>
<td></td>
</tr>
</tbody>
</table>

Training is cancelled if it is raining.

## PSSA Results

<table>
<thead>
<tr>
<th>SPORT</th>
<th>VERSUS</th>
<th>RESULT</th>
</tr>
</thead>
<tbody>
<tr>
<td>Junior Boys Rugby League</td>
<td>Narrabeen North</td>
<td>Loss 6 - 22</td>
</tr>
<tr>
<td>Senior Boys Rugby League</td>
<td>Narrabeen North</td>
<td>Win 16 - 0</td>
</tr>
<tr>
<td>Junior Girls Soccer</td>
<td>CANCELLED</td>
<td>Loss 0 - 2</td>
</tr>
<tr>
<td>Senior Girls Soccer</td>
<td>DUE TO</td>
<td>Win 3 - 0</td>
</tr>
<tr>
<td>Junior Boys Soccer</td>
<td>A BUS</td>
<td>Draw 0 - 0</td>
</tr>
<tr>
<td>Senior Boys Soccer</td>
<td>BREAKDOWN</td>
<td>Draw 0 - 0</td>
</tr>
<tr>
<td>Junior Girls A Netball</td>
<td>Avalon</td>
<td>Loss 11 - 12</td>
</tr>
<tr>
<td>Junior Girls B Netball</td>
<td>Avalon</td>
<td>Win 8 - 2</td>
</tr>
<tr>
<td>Senior Girls A Netball</td>
<td>Avalon</td>
<td>Draw 4 - 4</td>
</tr>
<tr>
<td>Senior Girls B Netball</td>
<td>Avalon</td>
<td>Loss 3 - 6</td>
</tr>
</tbody>
</table>
ENROL NOW!!
PAY-AS-YOU-GO
No Direct Debit
No Contracts

Elanora Heights Public School
43 Elanora Road, Elanora Heights
FRIDAY Juniors: 6:00pm

Terrey Hills Community Centre
Yulong Ave, Terrey Hills
TUES Juniors: 6:00pm

Phone: 04 1300 4094
www.tkma.com.au

Learn Music on Keyboard at Elanora Heights Public School Enrolment

* 45min weekly group lesson
* Fun musical games * Ensemble playing
* Musical theory * Practical skills
* Instrument not required initially
* Competitive rate - $25 per session
* Convenient at-school venue

Call: 9411 3122 to enrol
(business hours during school term)

www.learnmusicschool.com.au

DANCE ARENA
ELANORA HTS
TERREY HILLS
BEGINNERS TO ADVANCED
CLASSICAL
H.S.C. DANCE
TAP
JAZZ / HIP-HOP
CONTEMPORARY

Katharina Ward
BA Dip Teach, AISTD
AGD & CEREB
diploma
Royal Academy of Dance
Registered Teacher 112922

99712244
ENROL NOW
ESTABLISHED 1989

For all your buying, selling and rental needs...

Call Duane Today for a Free Appraisal!
0415 708 992

Property of the Week
Family Home with Ocean & Lake Views
7 Bungoona Avenue
Elanora Heights
Offers Over $1,350,000
6 bed | 3 Bath | 4 Car

CONNECT | Week 4 - Term 3 Products & Services advertised are NOT endorsed by Elanora Heights P.S.
**Elanora P.S. After School Football Sessions**

**Proudly Sponsored By**

“Freshwater Community Bank - Branch of Bendigo Bank”

<table>
<thead>
<tr>
<th>COACHES</th>
<th>Qualified Manly United FC Coaches and Players</th>
</tr>
</thead>
<tbody>
<tr>
<td>TIME, DAY, AND DATES</td>
<td>3.10pm-4.10pm 6 x Tuesday’s – July 29th, August 5th, 12th, 19th, 26th and Sept 2nd</td>
</tr>
<tr>
<td>WHERE DO WE MEET?</td>
<td>Upper playground at the end of the school day.</td>
</tr>
<tr>
<td>WHAT WILL I NEED?</td>
<td>Trainers, appropriate clothing, drink.</td>
</tr>
<tr>
<td>PRICE</td>
<td>$90 inclusive – Please return all Forms &amp; Payments to the school office.</td>
</tr>
</tbody>
</table>

*(THERE IS A 1.5% SURCHARGE ON CREDIT CARD PAYMENTS)*

Parents will be notified via SMS should any sessions need to be postponed due to wet weather.

Please call Nick with any questions regarding the program.

Office 9982 6228 or mobile 0403 961 371

Email [nick@manlyunitedfc.com.au](mailto:nick@manlyunitedfc.com.au)

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**Dealing with Teen’s Back Chat!**

**PARENTS OF TEENS OR ALMOST TEENS**

"Learn how to restore a respectful and positive relationship between you and your teen”

Topics include:

- Similarities & differences between being a teenager today & their parent’s day
- What it is like being a teenager in this fast paced & competitive world
- Assertiveness skills to deal with teen’s behaviour, set boundaries & consequences
- Listening skills to find out what is going on in our teenager’s world & support them

**VENUE:** Chatswood Community Health Centre

**DATES:** Tuesday 5th August 2014

**TIME:** 7.00pm – 9.30pm

**COST:** $45pp

**PLEASE PHONE 9887 8383 TO BOOK YOUR PLACE IN THIS WORKSHOP**

This workshop will be facilitated by a qualified Parent Educator from Child and Adolescent Parenting, Northern Sydney Local Health District

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**Tuning in to Kids**

5 WEEK PARENTING COURSE – LIMITED PLACES

In this course, presented by De-Centre, a highly trained and experienced parent educator, you will learn how to better understand and manage your children’s emotions, to reduce stress and anxiety, as well as:

- Be better at talking with your child
- Understand your child better
- Help your child learn to manage their emotions
- Help prevent behaviour problems in your child
- Teach your child to deal with conflict

By learning these skills you can support the development of your child’s emotional intelligence, which helps them:

- Have greater success with making and keeping friends
- Have better concentration at school
- Be more able to calm down when upset or angry
- Have fewer behaviours
- Be more change and challenge better

**5 week course**

Tuesday nights 6.30-9.30pm

Beginning 5th August 2014

$155 or $175 concession

Venue: De-Centre

5/77 Kylies Street Westmead NSW

For more information or to book, please contact Nicky on 9988 6555 or info@decentre.org.au

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**CREATE YOUR OWN CRICKET MOMENT**

Presented by De-Centre

**Play Cricket**