Our School News

Week 5 | Commencing 11th August, 2014

Don’t forget to visit our website at elanorahts-pschool.nsw.edu.au

Found!

ęb FOUND: Blue change purse

Notes Home This Week

NB: If you have misplaced a note sent home, please check our website (notes tab) first.

Weekly Reminders!

NO PSSA Training this week

ICAS Maths: Tuesday Aug 12

Green Fruito/Vego: Thu Aug 14

Make Your Own Lunch: Year 3, 5C, 5Z & 5M - Thu Aug 14

School Banking Send bank books in on Wednesday

Un-Named Lost Property: Parents, please come and check. Lots of lunch boxes & drink bottles - feel free to take as will be thrown out on Fri

Week 5 - Term 3

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon</td>
<td>11 Aug</td>
<td>K - 6 Assembly</td>
</tr>
<tr>
<td>Tue</td>
<td>12 Aug</td>
<td>ICAS Maths - 8am</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Sydney Swans Visit - Stage 2</td>
</tr>
<tr>
<td>Wed</td>
<td>13 Aug</td>
<td>School Banking Day</td>
</tr>
<tr>
<td>Thur</td>
<td>14 Aug</td>
<td>Make Your Own Lunch - Yr3 and 5C, 5Z &amp; 5M</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Rainbow Fruito/Vego - Green</td>
</tr>
<tr>
<td>Fri</td>
<td>15 Aug</td>
<td>PSSA</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Rugby League v Bilgola Plateau</td>
</tr>
<tr>
<td></td>
<td></td>
<td>@ Narrabeen Reserve #4</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Soccer v Collaroy Plateau</td>
</tr>
<tr>
<td></td>
<td></td>
<td>@ Kitchener Park</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Netball v Collaroy Plateau</td>
</tr>
<tr>
<td></td>
<td></td>
<td>@ Boondah</td>
</tr>
</tbody>
</table>

Week 6 - Term 3

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon</td>
<td>18 Aug</td>
<td>K - 2 Assembly</td>
</tr>
<tr>
<td>Tue</td>
<td>19 Aug</td>
<td></td>
</tr>
<tr>
<td>Wed</td>
<td>20 Aug</td>
<td>CSIRO Show - Year 2</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Jump Rope for Heart - Demo</td>
</tr>
<tr>
<td>Thur</td>
<td>21 Aug</td>
<td>2015 Kindy Teddy Bears Picnic</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Make Your Own Lunch</td>
</tr>
<tr>
<td>Fri</td>
<td>22 Aug</td>
<td>PSSA Spring Trials (no special gear required)</td>
</tr>
</tbody>
</table>

Have you downloaded our EHPS School App?

Staying in touch has never been easier...Download it for FREE now

Go to iTunes or Google Play App Store and search for SCHOOL APP NAME.

E: elanorahts-pschool@det.nsw.edu.au

43 Elanora Rd, Elanora Heights NSW 2101 P (02) 9913 7283 / (02) 9913 7229 F (02) 9913 3749
Sea Eagles breakfast
I would like to take this opportunity to thank the Manly Sea Eagles for coming to our school and working with some of our students. Having professional athletes explaining the need for good nutrition and why it is so important to have a healthy lifestyle helps to reinforce the message. I would also like to thank Mrs New, Miss Powell and Miss Wood for organising this important event. On the topic of healthy eating don’t forget that this Thursday is GREEN fruito-vego day.

School photos
What a busy, read chaotic day! The children looked fantastic in their winter uniforms and I’m sure the photos will be sensational. Congratulations to everyone involved, especially Mrs Shea who was the driving force behind the organisation and responding to calls from our community.

Kinder 2015 tour
Unfortunately I was unable to make last Monday’s tour, however, Mrs Lomas took the group which contained a number of excited perspective students. Next week we will be holding our Teddy Bear’s Picnic for those children who have completed enrolment forms for Kindergarten in 2015. If you know of someone who intends to enrol at Elanora in 2015 and hasn’t completed the enrolment form could you please get them to contact the front office ASAP.

ICAS maths test
A gentle reminder that tomorrow morning, at 8am, we will be holding the maths ICAS test in Mrs Bosler’s room. I would like to thank Mrs Bosler for giving up her time to run the testing process.

Student Achievement
Last weekend Jaime attended the Moguls Talent Futures Camp & the NSW Junior Series Mogul Camp run by Peter Topalovic (Toppa) the Olympic Coach. Jaime and her team were coached before the event by Toppa, then did a couple of runs, where they were met at the base of the run by some of the Olympic athletes who were there to appraise the run and give advice on how they could improve.

Jaime at only 10 years also competed in the under 14’s Division and came 6th. She then competed in a Dual Mogul competition, where they raced each other, and came 3rd. Her overall performance for both events combined was 4th.

Jaime received many awards that weekend; receiving a bronze medal for the Dual Mogul, a pair of Goggles for the best jumps & air time and a brand new pair of skis, by Toppa himself, for the best overall performance of the weekend. A magnificent effort Jamie!

Until next time,

Your Principal, Bill Gillespie
AND THE AWARD GOES TO...

The K-2 Bronze and Silver Awards will be given to the students at the K-2 assemblies and the 3-6 Bronze and Silver Awards will be given to the students at the 3-6 assemblies. The Gold and Diamond Awards will be given out at the K-6 Assembly. If you wish to see your child receive their award at assembly, please first contact the office to confirm this. When sending the 20 mini merits from home, please make sure that the mini merit on top has your child’s full name & class on it. Please do not send them in plastic bags or envelopes. The cut-off time each week is Thursday after recess. Thank you.

GOLD AWARDS

| TARLIA M | TIA T | JESSICA T |

LEARN to LEAD TRAINING DAY

Tomorrow, the Learn to Lead (L2L) Team and some of the deputies will attend the annual Training Day at Narrabeen Sports High School.

Students from Narrabeen North Public School and Narrabeen Sports High School will also attend this Training Day. Unfortunately Narrabeen Lakes Public School will be unable to attend due to a clash of dates. As a result, each school has been invited to bring extra students to ensure adequate numbers for team formation.

These extra students have been nominated by the L2L team from the pool of deputies who have helped the L2L Team deliver activities during lunchtimes this term.

Students will participate in a range of sports including Basketball/Netball, Basic (generic) Sports Skills, Dance, Soccer, Tennis and Touch Football. The L2L team will learn the basic skills for each of these sports and some management and coaching strategies. This Training Day will help them with the organisation and delivery of K-6 sport/physical lunchtime activities to support the Premier’s Sporting Challenge (PSC) for 2014.

The L2L team and deputies are looking forward to this day and a full report will be included in next week’s newsletter.

SRC REPORT

The first of two SRC meetings for Term 3 was held in the 2W classroom last Thursday.

The attendance at this meeting was very good with only a few absences due to sickness. SRC representatives in K, Years 2, 4 and 6 were rostered to bring ideas and/or suggestions from their respective classes to the meeting.

The SRC representatives were very well prepared thanks to the support of teachers who enabled them to conduct class meetings prior to the SRC meeting to gather ideas/suggestions for discussion.

Many good suggestions were made and all approved motions will be presented to Mr Gillespie this week.
**RAINBOW FRUITO-VEGO**

**GREEN Fruito-Vego** | Martha Leonard – Wholistic nutritionist @ deliciousnutrition.com.au

**When:** Thursday, 14th August

It is wonderful to see our children munch on vegetables just as enthusiastically as fruits in our daily fruito-vego snack. Please send **GREEN** fruits and vegetables this **Thursday** for our Rainbow Fruito-Vego. Besides green fruits, this is a great chance to promote green vegies and their many health benefits. Scientists are still discovering more micro-nutrients in plants and unravelling their role in human health.

Green ideas for Thursday: green apple, pear, kiwifruit, honeydew melon, lime, grapes, celery, broccoli, lettuce, rocket, snow peas, peas, beans, sprouts, cucumber, asparagus, artichokes …

---

**MAKE YOUR OWN LUNCH CHALLENGE – YEARS 3-6**

Thank you to all those parents who have offered to help and for sending back the notes. If you haven’t returned the note and want your child to participate, just send in the note and $4.

On the day, your child still needs to bring a lunchbox and also a smaller container to carry their sandwich or wrap and fruit. Here’s the timetable:

- **Thursday 14th August:** Yr 3, Yr 5 (including 5M)
- **Thursday 21st August:** Yr 4
- **Thursday 28th August:** Yr 6

Thank you to Kate Hickson, Kristin Bell and Kirsty Bell who are coordinating this challenge.

---

**PSSA TRAINING**

Please note that there is **NO PSSA training** this week.
**Kids Kafe Roster | To volunteer call 9913 2721**

Below is the roster for the next three weeks. We are in need of helpers THIS FRIDAY!! If you are able to help, please drop by & see us or phone on the number below. Your help is much appreciated as we cannot operate without the help of our wonderful volunteers. Thanks, Wendy.

<table>
<thead>
<tr>
<th></th>
<th>MON</th>
<th>TUE</th>
<th>WED</th>
<th>THUR</th>
<th>FRI</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Week 5</strong></td>
<td>11/8 – 15/8</td>
<td>FIONA F</td>
<td>ANGIE K</td>
<td>SHARON C</td>
<td>LOUISE E</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Week 6</strong></td>
<td>18/8 – 22/8</td>
<td>RENATE R</td>
<td>KARIN S</td>
<td>BARB La G</td>
<td>DANNI Q</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Week 7</strong></td>
<td>25/8 – 29/8</td>
<td>DONNA P</td>
<td>KATE McG</td>
<td>ANGELA C</td>
<td>KYM G</td>
</tr>
</tbody>
</table>

To order school lunches online go to [www.munchmonitor.com](http://www.munchmonitor.com)

*Use log in – username: Elanora and password: munch2101*

---

**2014 Premier’s Debating Challenge..| Kim Woods**

The 2014 Premier’s Debating Challenge has now been completed. Over the past three months, eight of Elanora’s year 5 and 6 students were involved in four separate debates.

In round 1, Amy P, Michaela M, Charlotte T and Daniel M took on Mona Vale P.S. After a close debate, they were narrowly defeated.

In round 2, Sam K, Charlotte T, Luke S and Emma F defeated Narrabeen Lakes in another close debate. This was our only win for the challenge, but a very respectable one at that.


The 4th and final round saw the team of Sam K, Luke S, Charlotte T and Emma F travel to Mona Vale to take on their B team. This resulted in a loss to our school.

Unfortunately, Elanora Heights will not progress through to the finals, but are to be congratulated on their Responsible and Respectful manner in approaching the Challenge.

The children involved have given up numerous lunch times to prepare for the four debates. Their confidence and debating skills have increased immensely.

---

**ICAS Mathematics Test | Vicki Bosler**

This is the last of the ICAS Tests offered for 2014. The ICAS Mathematics Test will be held at 8:00am in the 3B classroom on Tuesday, 12th August, 2014 (Term 3, Week 5). Please assemble outside the 3B classroom at 7:55am.
Premier’s Reading Challenge 2014 | KIM WOODS

With only 13 days left for the Premier’s Reading Challenge, it is wonderful to see so many students finishing their challenge. The official completion date of the Challenge is August 22, so if your child’s name is not published below, there is still time.

Congratulations to:

Kindy – Zoe E, Molly E, May F, Joshua P, Javi VS
Year 1 – Caleb B, Tasman B, Zara F, Toby G, Rhydian W
Year 2 – Louisa E, Jake E, Andie H, Kate H, Arielle H, Isabelle H, Rhys S, Jiya VS
Year 3 – Benino L, Thomas W
Year 4 – Sam K, Jacques M, Tamara W
Year 5 – Tim K, Connor S

** These children were validated as of 7/8/14 – apologies if your child finished after the validation date.

A reminder of the challenge goals for those still on their way OR ready to start:

<table>
<thead>
<tr>
<th>Challenge</th>
<th>Number of books need to complete challenge</th>
<th>Number of PRC books for your challenge</th>
<th>Maximum number of personal choice books</th>
</tr>
</thead>
<tbody>
<tr>
<td>K - 2</td>
<td>30</td>
<td>25</td>
<td>5</td>
</tr>
<tr>
<td>3 - 4</td>
<td>20</td>
<td>15</td>
<td>5</td>
</tr>
<tr>
<td>5 - 6</td>
<td>20</td>
<td>15</td>
<td>5</td>
</tr>
</tbody>
</table>

Many of the books are available to borrow from the school library. If you require any further information or help entering books etc, please don’t hesitate to contact your child’s teacher. Happy reading.

ARTISTS of 1ST

We were all inspired by the amazing artistic abilities of 1ST and Ms St Heaps last week as they painted seascapes. Ms St Heaps had been to an art workshop session as part of our PCS professional learning and was keen to try out her wonderful ideas with the class. After looking at some real scapes, they used water colour on a wet background so that the cool colours would bleed into each other, just like the sea. Stipple brushes used in a stabbing motion made the waves look foamy, and flicking and tapping techniques sprayed splashes across the picture. Wow!

Everyone was so proud of their work, well done 1ST!
MANLY SEA EAGLES BREAKFAST CLUB
A group of lucky students have been attending the Manly Sea Eagles Breakfast Club before school over the past three weeks. This Wednesday will be the final session of the club with a visit from TWO surprise Sea Eagles players. Students have been participating in fun, physical activity each session as well as completing group quiz tasks around the NRL and a healthy lifestyle. Each session has finished up with a delicious and nutritious breakfast for the students. The program was the prize for a written submission to the NRL club in regards to our Live Life Well at School Program - promoting a healthy lifestyle in our students and in our community.

Staff and players from the Sea Eagles Club have been in attendance each week along with staff from EHPS. At this weeks final session of the Breakfast Club, one lucky participating student will WIN a FAMILY PASS to the Sea Eagles final home game for the regular season against the Penrith Panthers. This is also going to be Glenn Stewart’s final home game at the Sea Eagles so it is tipped to be an extra special occasion at Brookvale. Each student who has participated in all FOUR sessions of the Breakfast Club will have their name in the draw for this prize...so don’t forget to turn up (with your work book) and be in it to win it!

The photos are of Sea Eagles Breakfast Club members with Jesse Sene-Lefao & their staff member Mel.

Toasting in the Morning!
We will be starting a rolling roster of parents to supply 2 loaves of bread so that the music program participants can grab a slice before heading to class in the early 7.30am practices.
Junior Band Monday 730am band practice starts today in the hall, and every Monday going forward.
Guitars that were in the hall are now in the Art Room next to the Stella Room at the usual time.

Congratulations to Beauty and the Beast Performers!
Some of our musicians were selected to perform over the last few weekends (and countless practices) at Narrabeen Sports High’s Production of Beauty and the Beast. Holly N, Teagan B and Jessica Pearson made us very proud!

Junior Band & Guitar Ensemble Parents
We are on the hunt for a parent volunteer to help us. Akin to being a class parent but for the music program – this role involves emailing updates to parents, coordinating parent volunteers to assist at rehearsals and special concert events. This person would be in DIRECT contact with the Conductors and Instructors to advise of student absences.
Thank you Di Vassallo & Jane Hoffman, Strings Parent and Intermediate and Senior Band Parent respectively. Volunteering is contagious!

Band Fees
During the Music Committee meeting last night, it was decided that there will be no discounts for missed practices. The music programs spend on instruments, concerts and educators does not decrease if fewer people participate. A set term rate and no discounts will be offered. Invoices are still outstanding for Terms 1 & 2, please pay today. We should have new invoices out to program parents once MYOB is implemented throughout the P & C committees, in the next few weeks.

Feedback
As always, email is best and remember Bec Heather is a volunteer parent herself. Contact her at becko1@optusnet.com.au. Incoming emails may be raised at the Music Committee meetings as required.
National Literacy Numeracy Week at Elanora Heights PS

This year we are participating in the NLNW Reach for the Stars data collection activity in Week 7 this term.

We know parents have a pivotal role in their children’s numeracy development, through encouragement, support and exposure to the use of mathematics in everyday activities.

You can support our school investigations related to drinking water with some of the following activities at home…

**Water at home**

- Help your child conduct a home water audit.
- How many taps do you have inside and outside your home? Where are they? Are there any other sources of water?
- Help your child collect data on how many times water is used in a day at home (e.g. having a drink, bathing, toilet, filling the kettle, watering the garden, feeding animals).
- Help your child work out how much water is used at home.
- How much water does your bath hold? How much water is used in a half-flush and a full-flush of the toilet? How much water is used in your shower in one minute? How long do people shower for? Do you leave the tap running when brushing your teeth? How much water does your dishwasher use for a full load? What is the capacity of the kitchen sink? How much water does your family drink? Use in food preparation? How much water is used in the washing achine? Are there any dripping taps? What about water in the garden?
- Discuss how you could save water at home.
- How much water could you save? How much money could be saved?
- Your child may be interested in interviewing you, a grandparent or a neighbour on where their drinking water came from when they were at school.
MUSIC TRIVIA NIGHT

SAT 13th September
7pm – 11pmish

Hosted by EHPS in School Hall

Theme: Music through decades........
Get dressed up as your favourite rocker / band / era. The choice is endless.

Cost: $25- per head includes Pizzas from Toro Nero. BYO Nibblies. Soft drink and alcoholic drinks will be available at bar for a small donation. Great prizes to be won.
# PSSA Results

<table>
<thead>
<tr>
<th>SPORT</th>
<th>VERSUS</th>
<th>RESULT</th>
</tr>
</thead>
<tbody>
<tr>
<td>Junior Boys Rugby League</td>
<td>Newport</td>
<td>Win 28 - 0</td>
</tr>
<tr>
<td>Senior Boys Rugby League</td>
<td>Newport</td>
<td>Loss 0 - 4</td>
</tr>
<tr>
<td>Junior Girls Soccer</td>
<td>Bilgola Plateau</td>
<td>Draw 0 - 0</td>
</tr>
<tr>
<td>Senior Girls Soccer</td>
<td>Bilgola Plateau</td>
<td>Draw 1 - 1</td>
</tr>
<tr>
<td>Junior Boys Soccer</td>
<td>Bilgola Plateau</td>
<td>Loss 1 - 2</td>
</tr>
<tr>
<td>Senior Boys Soccer</td>
<td>Bilgola Plateau</td>
<td>Loss 0 - 2</td>
</tr>
<tr>
<td>Junior Girls A Netball</td>
<td>Bilgola Plateau</td>
<td>Win 23 - 0</td>
</tr>
<tr>
<td>Junior Girls B Netball</td>
<td>Bilgola Plateau</td>
<td>Win 5 - 2</td>
</tr>
<tr>
<td>Senior Girls A Netball</td>
<td>Bilgola Plateau</td>
<td>Win 25 - 5</td>
</tr>
<tr>
<td>Senior Girls B Netball</td>
<td>Bilgola Plateau</td>
<td>Win 19 - 4</td>
</tr>
</tbody>
</table>

# PSSA TRAINING

Please note that there is **NO PSSA training** this week.

---

**Uniform Shop**

**Uniform Shop Coordinator** KATE DUTTON

**Open** on Monday & Thursday from 8.15am to 9.45am

**Purchase** in store or by order form available online. **Pay by** cash or card (Eftpos, Visa or Mastercard)

**Email:** ehps.uniforms@gmail.com

**Alterations & Repairs** by Michelle Sturrock (Dressmaker and parent), great rates on offer to Elanora families. Details are available at the Uniform Shop.

**Second Hand Uniforms**

**Second Hand Uniform Coordinator** KAREN WOODLEY

**Enquiries or Purchase** please call **9913 1292** after 9.00am or email thewoodleys@optusnet.com.au
Learn Music on Keyboard at Elanora Heights Public School Enrolment

* 45min weekly group lesson
* Fun musical games * Ensemble playing
* Musical theory * Practical skills
* Instrument not required initially
* Competitive rate - $25 per session
* Convenient at-school venue

Smart Kids Love Music!
Call: 9411 3122 to enrol
(Business hours during school term)

www.learnmusicschool.com.au

ENROL NOW!!
PAY-AS-YOU-GO
No Direct Debit
No Contracts

Elanora Heights Public School
43 Elanora Road, Elanora Heights
FRIDAY Juniors: 6:00pm

Terrey Hills Community Centre
Yulong Ave, Terrey Hills
TUES Juniors: 6:00pm

Phone: 04 1300 4094
www.tkma.com.au
I _ M _ A _ G _ N _ E _

An exhibition of students’ works.

Monday 11 August – Sunday 24 August

Opening and awards
Wednesday 13 August, 4 – 5pm

Presentation at the imag_ne sculpture, outside Mona Vale Library followed by exhibition viewing and afternoon tea in the Library.

The imag_ne exhibition features works from local primary and senior students responding to the theme “imagine”. The works showcase the artists’ imaginations, whilst celebrating the return of the imag_ne sculpture to Pittwater.


Artwork by Amber Knights, Year 1, Cloud Stories, 2014

MWB A

Biddy Ball

Biddy Ball is designed to enhance the hand/eye coordination, left right motor skills, ball work & fitness.

For boys and girls 7 years & under

Every Saturday at Northern Beaches Indoor Sports Centre, ph: 9913 3622
2.30-3.30pm $9 per session

Come down and have some fun and improve your skills!! No booking required.

Christmas Market

Come and join in the winter spirit at Terrey Hills’ very own traditional German Christmas Market, to be held on

Friday, 15th August
5.30pm - 8.30pm

International School

Bring the whole family to enjoy this traditional German winter fare, including Glühwein (for adults), hot waffles, gingerbread, Christmas sweets, waffles, hot chips, corn and of course a German Bratwurst.

Entertainment will include German folk dancers, musicians and other festive entertainments.

This event is open to the whole community, so get into the winter spirit with your family and friends!