Our School News
Week 6 | Commencing 18th August, 2014

Don’t forget to visit our website at elanorahts-pschool.nsw.edu.au

Notes Home This Week

CSIRO Show: Year 2
Green Day: K - 6
NB: If you have misplaced a note sent home, please check our website (notes tab) first.

Weekly Reminders!

NO Make Your Own Lunch this Week for Year 4 - postponed to Thursday Week 7

Show Off Your Own Healthy Lunch: Thu Aug 21
PSSA Trials: Fri Aug 22
Pittwater Zone Athletics Carnival: Tuesday Aug 26
School Banking: Send bank books in on Wednesday

Un-Named Lost Property: Parents, please come and check. Lots of lunch boxes & drink bottles - feel free to take as will be thrown out on Fri

Week 6 - Term 3

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Activity</th>
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<tbody>
<tr>
<td>Mon</td>
<td>18 Aug</td>
<td>K - 2 Assembly</td>
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<tr>
<td></td>
<td></td>
<td>K - 6 Jump Rope for Heart Launch 2.30pm</td>
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<tr>
<td>Tue</td>
<td>19 Aug</td>
<td></td>
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<tr>
<td>Wed</td>
<td>20 Aug</td>
<td>CSIRO Show - Year 2 Jumps Rope for Heart - Demo - 3 - 6 @10.30am</td>
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<td></td>
<td></td>
<td>School Banking Day</td>
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<tr>
<td>Thur</td>
<td>21 Aug</td>
<td>2015 Kindy Teddy Bears Picnic 11.15am</td>
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<tr>
<td></td>
<td></td>
<td>Show Off Your Own Healthy Lunch Day</td>
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<tr>
<td>Fri</td>
<td>22 Aug</td>
<td>PSSA Spring Trials (no special gear required)</td>
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Week 7 - Term 3

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Activity</th>
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<tbody>
<tr>
<td>Mon</td>
<td>25 Aug</td>
<td>3 - 6 Assembly</td>
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<tr>
<td>Tue</td>
<td>26 Aug</td>
<td>Pittwater Zone Athletics Carnival P&amp;C Meeting 7pm</td>
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<td></td>
<td></td>
<td>Years 3-4 Catholic Mass - Hall</td>
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<tr>
<td>Wed</td>
<td>27 Aug</td>
<td>School Banking Day</td>
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<tr>
<td>Thur</td>
<td>28 Aug</td>
<td>Make Your Own Lunch - Years 4 &amp; 6, 5/6R</td>
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<td>Fri</td>
<td>29 Aug</td>
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Kindergarten, Year 2, Year 4 and Year 6 Working Bee
On Sunday, 7 October we will be holding our second Working Bee for the year. We aim to eradicate as much asparagus fern from the bush area at the front of the school and the driveway as possible. We will also be looking at revitalising the first two garden beds near the Kindergarten classrooms. If you can help, please be at school at 10:00am with a suitable tool such as a mattock to remove the ferns. We are also looking for helpers to plant out the gardens. There will be a BBQ lunch for all helpers. I look forward to seeing you there.

Student achievement
Congratulations to Gaby J (5/6R) who has been selected in the Met North Girls' Soccer 12s Team. We wish Gaby and her team mates all the best at the state titles which will be held in Mudgee from 22-26 September.

Congratulations also to Alisha D (5Z) who competed in the Dance Classique Eisteddfod on the weekend. Alisha took out 1st Place in her Lyrical Solo, & 2nd Place in her Ballet Solo. It was a day of tough competition. Well done Alisha, a terrific result!

Teddy Bears picnic
This Thursday we are holding our Teddy Bears picnic for our 2015 Kindergarten students. Our wonderful Year 5 students will be assisting our new students on the day. If you know of someone who is enrolling at our school next year and hasn’t completed their enrolments forms please get them to contact the school as soon as possible.

Make your own lunch
This Thursday, 21 August is our “Show off Your Lunch Day” where students can show off their lunches they have created at home, where they focus on healthy food and demonstrate that food that is healthy can also be tasty. I would like to thank Mrs New and Mrs Cullen and our wonderful parent volunteers for assisting in this important program.

P&C meeting
Next Tuesday, 26 August we will be holding our end of term P&C meeting in the school staffroom. It is important that the school has a strong and vibrant P&C to assist the school. Please come along at 7pm, meet new people and help the school. I look forward to seeing you there.

Until next time,

Your Principal, Bill Gillespie
AND THE AWARD GOES TO...

The K-2 Bronze and Silver Awards will be given to the students at the K-2 assemblies and the 3-6 Bronze and Silver Awards will be given to the students at the 3-6 assemblies. The Gold and Diamond Awards will be given out at the K-6 Assembly. If you wish to see your child receive their award at assembly, please first contact the office to confirm this. When sending the 20 mini merits from home, please make sure that the mini merit on top has your child’s full name & class on it. Please do not send them in plastic bags or envelopes. The cut-off time each week is Thursday after recess. Thank you.

**SILVER AWARDS**

CALEB B  BILLY H  HOLLY L  
FREYA H  MAX H  MAX S  
MACKA H  FELIX H  COOPER W  

**BRONZE AWARDS**

ASHLEA A  KATHRYN G  SAHARA H  REMY P  
EMILIA B  MONIQUE H  SAM J  CAMILA P-T  
SOFIA B  FREYA H  WILBER K  BEN R  
JAMESON D  BILLY H  DANIEL M  RHYS S  
NICHOLAS D  FELIX H  CHRISTINA N  BRADLEY W  
BANJO E  KATE H  COBY P  

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**Kids Kafe Roster | To volunteer call 9913 2721**

Below is the roster for the next three weeks. Unfortunately, as of THIS THURSDAY, rFried Rice will no longer be available. Munch Monitor has a full list of daily items. Please don’t hesitate to call me or drop in to the canteen if you have any questions. Thanks, Wendy.

<table>
<thead>
<tr>
<th>Weeks 6 to 8 – Term 3</th>
<th>MON</th>
<th>TUE</th>
<th>WED</th>
<th>THUR</th>
<th>FRI</th>
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</thead>
<tbody>
<tr>
<td><strong>Week 6</strong> 18/8 – 22/8</td>
<td>LUCY</td>
<td>RENATE R KARIN S</td>
<td>BARB La G</td>
<td>DANNI Q MARTHA</td>
<td>JENNY T MATT D</td>
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<tr>
<td><strong>Week 7</strong> 25/8 – 29/8</td>
<td>DONNA P</td>
<td>KATE McG</td>
<td>ANGELA C</td>
<td>KYM G FIONA F</td>
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<tr>
<td><strong>Week 8</strong> 1/9 – 5/9</td>
<td>NEED HELP</td>
<td>KIM K</td>
<td>LINDA E</td>
<td>JENNY T REBECCA C</td>
<td></td>
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To order school lunches online go to [www.munchmonitor.com](http://www.munchmonitor.com)

Use log in – username: Elanora and password: munch2101
PSSA Spring Season and NEW User Pay Sports

Our new User Pay Sports and PSSA Spring Season for Terms 3 and 4 (beginning Friday 12th September, 2014 until Friday 28th November, 2014) are as follows:

USER PAY SPORTS SPRING SEASON

Tennis for Years 3-6 (30 spots available)
Fitkids for Years 3-6 (32 spots available)
Sportspro for Years 3-6 (30 spots available) Note: This program is set to build skills for Softball, Pittwater Tag, T-Ball and Cricket in preparation for PSSA in Term 1 2015. A great opportunity for all!
Junior Mixed AFL Years 3-4 (24 spots available) Note: This program is non-competitive; students play against the other 8 schools in the Pittwater PSSA. It is held at Narrabeen Sports High School and students will travel to and from the venue by bus. A MINIMUM of 8 GIRLS must participate in this program for us to enter.

As per last season entries for these programs MUST BE COMPLETED ONLINE at schoolinterviews.com.au. Our code for this season of sport is 9S4TJ. The programs are filled on a first come, first served basis. If a sport that your child wishes to participate in is full then there is a waiting list, however, you will run the risk of missing out on a second preference by remaining in the waiting list for a first choice sport.
The School Interviews website will be OPEN for bookings on Friday 22nd August, 2014 at approximately 4pm after the completion of our trials for the upcoming PSSA Season.

PSSA TRIALS - SPRING SEASON

Our PSSA trials will be held throughout the school day on Friday 22nd August. This season’s sports are as follows:

- Junior Girls - Pittwater Tag - Coach: Jono Rosconi
- Junior Boys - Softball - Coach: Sylvia Zaratsian
- Senior Girls - Softball - Coach: Abby Clydsdale
- Senior Boys - Cricket - Coach: Dave Waters

Thank you for your continued support of school sports and the associated programs that we endeavour to provide our students with within our school.

LEARN to LEAD | JESSICA P (5Z)

L2L Weekly Update

Last Thursday, 14th August, 2014 I ran a lunchtime dance session for year 2 girls in the hall. After a fun warm up, my deputies Teagan B, Holly N, Tea C and Michaela M and I taught the girls a fabulous dance routine. ‘Happy’, ‘Roar’ and ‘Dance Horse’ were the songs chosen by the girls. A great time was had by all! Listen out for announcements for the next dance session.
MAKE YOUR OWN LUNCH CHALLENGE — YEARS 3-6

The first round of the Make Your Own Lunch talks and workshops took place last week. 130 students from Year 3 and Year 5 (inc 4/5M) made an amazing first impression with a great turn out and high levels of enthusiasm and involvement. After commencing with a nutrition lesson, students had a lot of fun discussing and sampling various foods as well as making their own healthy lunch consisting of a wrap/sandwich (topped with options such as chicken, vegies, salad and cheese) and some healthy snacks/treats (including carrot sticks, olive and feta sticks and mini fruit kebabs). Everyone tried something new and there were many surprised young faces when discovering some new tastes and flavours including hummus, sprouts, olives and more!

The majority of these students will now commence their two week challenge to make their own lunch and morning tea! We are really looking forward to seeing some of their creations!

There will be a show off your lunch day on Thursday 21st – a chance to showcase the amazing lunches these students are creating at home – be ready for tonnes of admiration!

The next group for the workshops will be Year 4, Year 6 and 5/6R on Thursday August 28th. Please remember to bring a container to hold your sandwich/wrap and another to hold your snack/healthy treat in! Also bring a re-useable water bottle to complete the meal!

Anyone from Year 4 or 6 still to bring in their permission slips, please get them in ASAP so you don’t miss out on this fabulous event.

Thank you to our wonderful parent volunteers – Kate Hickson, Kristin Bell, Kirsty Bell, Sina Valentin, Amanda Tennant, Tara Mooney, Kelly Gallo, Jenny Tutt - we could not do it without you.

Thank you also to the class teachers for their support and encouragement.
Where does it go when the cold wind doth blow? Some of our environmentally-minded students have thought about litter in the ocean and written second stanzas to complete my Ode to an August Playground – published a fortnight ago. Well done Connor (4/5M) and Genevieve (3W) who have thought about the consequences of litter in the oceans. Their contribution is below and more will be published next week.

**From Connor:**

Mixed up in all the litter,  
I spot a tiny bit of glitter,  
Plastic bags thrown around,  
In the midst of the turtle’s playground.  
For us we see a piece of string,  
For them it’s a fun plaything.  
Our oceans once peaceful but now choking,  
When will everyone realise we’re not joking?  
Pick up your litter “Take 3 for the sea!”  
It’s not that hard, in fact it’s easy!  
So save our turtles, save our marine.  
Let’s get our amazing oceans clean!

**From Genevieve:**

It goes out to sea  
Where the fish will be  
They think it is good,  
They think it is food.  
But it’s the worst  
Thing they could have had  
It’s very bad.  
It chokes and tangles them  
Till they drop dead.  
So what will you do  
When you see this too?  
It’s not much to ask,  
But it’s a very important task.
IN FOCUS

THIS WEEK’S FEATURES...

INTRODUCING:
Lucy Maree McNab (daughter of Mrs McNab, 4/5m)
Born: 28/6/14
Weight: 3.895kg (8 pound 9 and a half)
Length: 53cm long
Big sister Willow is enjoying having a little sister to entertain!! All is well and we’re loving the smiles!!!

MANLY SEA EAGLES BREAKFAST | REBECCA NEW

Last week we had our final Manly Sea Eagles Breakfast Club. It was great to see so many children attend the final session. Students who had attended all four sessions and remembered to bring along their workbooks were entered into a draw on the day. The lucky winner of family pass to the final home game of the season was Coby P from Kindergarten! He and his family will be heading along to the game at Brookvale...congratulations! The prize was drawn by Manly Co-Captain Jason King.

Each child who participated in the program received a pack with some Sea Eagles goodies in it. The winning trivia team also received a Manly Sea Eagles signed cap. Thanks to Miss Powell, Miss Woods and Miss Widman for their help on the early morning starts - the students and I really appreciated it.
BASKETBALL GALA DAY

On Tuesday, August 12, a group of Year 6 boys participated in the PSSA Combined Schools Basketball Gala day at Northern Beaches Indoor Sports Centre.

There were 9 teams in the Year 5/6 competition.

Our boys started the day well with a 14-0 win over Harbord Public School and then a 24-0 win over St Ives Public School. Our 3rd game, against Manly West Wizards, was always going to be the toughest with a few familiar faces from rep teams and all the Manly West team consisted of boys who have played basketball regularly before. A tight, well fought game saw the Elanora boys go down 10-13. This put them in second spot in their pool. Their next game was a playoff to make the semi’s and again they came up against a Manly West team, Manly West Waves, and the Elanora boys came out victors this time 19-10.

The semi-final was going to be tough as there were 2 teams in the other pool who were very strong. The boys battled hard but unfortunately went down to another St Ives Public School team 15-16, just 1 point from a finals berth.

Congratulations to the boys, Christian G, Beau H, Nathan C, Wilson C, Luke S and Max S, particularly to the 3 who had very little or no basketball experience. They all did a fantastic job. Thanks to Bailey T who stepped in as manager as he broke his wrist and could not participate.
Premier’s Reading Challenge 2014 | KIM WOODS

With only 4 days left for the Premier’s Reading Challenge, it is wonderful to see so many students finishing their challenge. The official completion date of the Challenge is this Friday, August 22, so if your child’s name is not published below, there is still time.

Congratulations this week to:

Kindy – Sophie C, Finlay O, Bonnie P
Year 1 – Ella F, Orlando G, Josh K, Luella S
Year 2 – Rusty-Jay E, Alex K, Josh P
Year 3 – Timothy B, Sam B,
Year 4 – Mikayla F, Nathan S, Jasper S,
Year 5 – Tegan B, Sam K, Jessica P

** These children were validated as of 18/8/14 – apologies if your child finished today.

A reminder of the challenge goals for those still on their way OR ready to start:

<table>
<thead>
<tr>
<th>Challenge</th>
<th>Number of books need to complete challenge</th>
<th>Number of PRC books for your challenge</th>
<th>Maximum number of personal choice books</th>
</tr>
</thead>
<tbody>
<tr>
<td>K - 2</td>
<td>30</td>
<td>25</td>
<td>5</td>
</tr>
<tr>
<td>3 - 4</td>
<td>20</td>
<td>15</td>
<td>5</td>
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<tr>
<td>5 - 6</td>
<td>20</td>
<td>15</td>
<td>5</td>
</tr>
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Many of the books are available to borrow from the school library. If you require any further information or help entering books etc, please don’t hesitate to contact your child’s teacher. Happy reading.

This Week is BOOK WEEK

Book Week is the longest running children’s festival in Australia. This special week is here again and is an exciting time for students, parents and teachers. The library program, as always, will reflect active involvement in the school’s teaching and learning programs.

The slogan for this year is “Connect to Reading”. The library will be running a Book Fair as part of our commitment to promote reading.

During library sessions this term, students have been introduced to shortlisted books nominated for awards, to be announced this week by the Children’s Book Council of Australia. Further, through the use of technologies, students will also complete a variety of interactive activities related to the books, authors and illustrators

This week, all classes will have the opportunity to create a WISH LIST of products available from the Book Fair and students will negotiate with parents and carers as to whether they are able to purchase any of these products.

Please note that this is an opportunity for children to purchase books for themselves not for donation to the library. Purchases can be made at a Family Event on Monday 25th August between 3.00pm and 5pm.

I look forward to this special time of the year and hope to see you at the Book Fair Family Event.
SYDNEY SWANS VISIT | REBECCA NEW, AFL School Ambassador

Last Tuesday some students from Stage 2 who have had previous involvement with our school PSSA AFL or AusKick programs, got a visit from two up-and-coming Sydney Swans players (Matthew Dick and George Hewett) and a development office (Brodie Watson). Students participated in a Q and A session with the players as well as learning and developing some vital skills of the game - kicking, marking and handballing. Each child also received a Swans/Volkswagen Environmental Education booklet and a Red Rookie membership (which entitles them to three free Swans games and some other exclusive offers).

If you would like your child to get a Red Rookie pass please visit [http://www.sydneyswans.com.au/fan-zone/red-rookie](http://www.sydneyswans.com.au/fan-zone/red-rookie) and follow the links. As an AFL Ambassador School we are lucky to be able to have access to such great offers. There is also a family ticket offer for the game at ANZ Stadium on August 30th with a Family Ticket for $50! Bring the family to a game! To redeem this offer visit [www.ticketek.com.au/sydneyswans](http://www.ticketek.com.au/sydneyswans), choose your match and use the password FAMILYFOOTY.

NO CAR ACCESS AT THE SCHOOL

**Monday 730 Junior Band Practice** – NO CAR ACCESS AT THE SCHOOL – because of the path works and heavy machinery that will block the way. Please always be mindful of the children, while accessing the school grounds.

**Guitar Coordinator** is Danni Quinnell – Many thanks for volunteering!

Our Intermediate/Senior Band needs a base guitarist and a guitarist – if you are interested please let Bec Heather know.

**Practising!**

Remember that if your child is in the band, they need to practise a minimum of 4 times a week for 15 minutes. It is expected that they have a private tutor to help them work through their music – if you need a tutor please let us know and we will endeavour to put you in touch with one. Thank you to Kelly Hindman for volunteering to get this list together for the start of the year.

“Where words leave off, music begins.” — Heinrich Heine

From [http://www.goodreads.com/quotes/tag/music](http://www.goodreads.com/quotes/tag/music)

**FACT:**

One of the only activities that activates, stimulates, and uses the entire brain is music.
ENROL NOW!!
PAY-AS-YOU-GO
No Direct Debit
No Contracts

Elanora Heights Public School
43 Elanora Road, Elanora Heights
FRIDAY Juniors: 6:00pm

Terrey Hills Community Centre
Yulong Ave, Terrey Hills
TUES Juniors: 6:00pm

Phone: 04 1300 4094
www.tkma.com.au

CONNECT | Week 6 - Term 3 | Products & Services advertised are NOT endorsed by Elanora Heights P.S.
North Curl Curl SLSC
Nippers Registration Day
Sunday 14th September 2014
9am – 3pm

Email: office@nccslsc.com.au