Our School News

Week 7 | Commencing 25th August, 2014

Don’t forget to visit our website at elanorahts-pschool.nsw.edu.au

Notes Home This Week

NB: If you have misplaced a note sent home, please check our website (notes tab) first.

Weekly Reminders!

Jump Rope for Heart: Don’t forget to get your sponsorships
Zone Athletics Carnival: Tue Aug 26
P&C Meeting: Tue Aug 26
Pittwater Zone Athletics Carnival:
Tues Aug 26
Make Your Own Healthy Lunch & Show Off Your Lunch: Thu Aug 28
Learn to Lead Excursion:
Mon Sep 1
Green Week: check calendar
School Banking: Send bank books in on Wednesday
Un-Named Lost Property: Parents, please come and check.

Week 7 - Term 3

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Mon</td>
<td>25 Aug</td>
<td>3 - 6 Assembly Book Fair Family Event- Library 3-5pm</td>
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<tr>
<td>Tue</td>
<td>26 Aug</td>
<td>Pittwater Zone Athletics Carnival P&amp;C Meeting 7pm Years 3-4 Catholic Mass - Hall</td>
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<tr>
<td>Wed</td>
<td>27 Aug</td>
<td>School Banking Day</td>
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<tr>
<td>Thur</td>
<td>28 Aug</td>
<td>Make Your Own Lunch - Years 4, 6, 5/6R Show Off Your Lunch - Year 3, 5C, 5Z &amp; 5M</td>
</tr>
<tr>
<td>Fri</td>
<td>29 Aug</td>
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Week 8 - Term 3

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<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Mon</td>
<td>1 Sep</td>
<td>K - 2 Assembly Learn to Lead Excursion @ NSHS</td>
</tr>
<tr>
<td>Tue</td>
<td>2 Sep</td>
<td>Green Week - Years 5 &amp; 6 - Narrabeen Beach &amp; Lagoon</td>
</tr>
<tr>
<td>Wed</td>
<td>3 Sep</td>
<td>Green Week - Year 1 &amp; Year 2 School Banking Day</td>
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<tr>
<td>Thur</td>
<td>4 Sep</td>
<td>Green Week - Kindy - Year 6 Show Off Your Lunch Day</td>
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<tr>
<td>Fri</td>
<td>5 Sep</td>
<td>Green Week - Kindy</td>
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Staying in touch has never been easier...Download it for FREE now
Go to iTunes or Google Play App Store and search for SCHOOL APP NAME provide details here

43 Elanora Rd, Elanora Heights NSW 2101 P (02) 9913 7283 / (02) 9913 7229 F (02) 9913 3749 E elanorahts-pschool@det.nsw.edu.au
Teddy Bear’s Picnic
What a day! Despite rain and inclement weather over eighty prospective Elanora Heights students turned up for our annual welcome to school event. Photos to follow further on in the newsletter. Mrs Yardley did a fantastic job (as usual) organising the day and our wonderful Year 5 students helped with the small group activities. I had a number of parents come up to me on the day commenting on how Responsible and Respectful the students were and just what a wonderful role model they were for their own children. Our Year 5 parents should feel justifiably proud of their children.

Student achievement
Congratulations to Oliver H (3B) and Jackson G (3B) who, along with other members of the U9 Tigers Narrabeen Football club, finished the entire soccer season undefeated. What a great effort!

If your child does something please let us know so that we can celebrate their achievement. Speaking of achievement, Ms Bosler has some very special news on the academic results of our students in recent international competitions later on in the newsletter.

SASS appreciation week
Today is the beginning of School Assistant Support Staff (SASS) week. Elanora Heights is very lucky to have such magnificent people who always go out of their way to assist parents, students and staff. Nothing appears too difficult. They are always warm and welcoming. If you get a chance, please feel free to drop by and show them some appreciation.

Homework helper and free spelling app
If your child is working on homework, a personal project or a school assignment? If you are experiencing difficulties don’t forget http://www.SchoolAtoZ.com.au which has lots of information and fact sheets to help with homework. For students polishing their spelling skills, the free Spelling Bee mobile app also allows them to record a list of their own words and then test themselves. You might even want to challenge them with a list you create. Here’s where you’ll find the free app to download: http://bit.ly/Q9ez0G

P&C meeting
Don’t forget that the next P&C meeting is tomorrow night, Tuesday, 26 August at 7:00pm in the staffroom. I look forward to seeing you there.

Until next time,

Your Principal, Bill Gillespie
AND THE AWARD GOES TO...

The K-2 Bronze and Silver Awards will be given to the students at the K-2 assemblies and the 3-6 Bronze and Silver Awards will be given to the students at the 3-6 assemblies. The Gold and Diamond Awards will be given out at the K-6 Assembly. If you wish to see your child receive their award at assembly, please first contact the office to confirm this. When sending the 20 mini merits from home, please make sure that the mini merit on top has your child’s full name & class on it. Please do not send them in plastic bags or envelopes. The cut-off time each week is Thursday after recess. Thank you.

NOTE TO PARENTS: The childrens name listed below relate to TODAY’S assembly ONLY.

**SILVER AWARDS**

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<table>
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<tbody>
<tr>
<td>MAX B</td>
<td>MAX H</td>
<td>SARAH M</td>
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<tr>
<td>KEIRA C</td>
<td>BEAU H</td>
<td>LUKE P</td>
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<tr>
<td>ROSIE C</td>
<td>ISABELLA M</td>
<td>MIKALA W</td>
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**BRONZE AWARDS**

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<tbody>
<tr>
<td>FINN B</td>
<td>MADDISON F</td>
<td>SAM K</td>
<td>LUKE P</td>
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<tr>
<td>GENEVIEVE B</td>
<td>ISABELLA G</td>
<td>TIM K</td>
<td>ALANA P</td>
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<tr>
<td>TIMOTHY B</td>
<td>LILI G</td>
<td>TASHI L-F</td>
<td>SOFIA R</td>
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<tr>
<td>CHLOE B</td>
<td>ETHAN G</td>
<td>BENINO L</td>
<td>ETHAN S</td>
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<tr>
<td>SAM B</td>
<td>BRIDGET H</td>
<td>TARLIA M</td>
<td>MAX S</td>
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<tr>
<td>ASHLEY B</td>
<td>BEAU H</td>
<td>BEAU M</td>
<td>ASHER S</td>
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<tr>
<td>XAVIER B</td>
<td>BAILEY H</td>
<td>JESSE M</td>
<td>ZOE S</td>
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<tr>
<td>KEIRA C</td>
<td>MAX H</td>
<td>ANDREW M</td>
<td>TYLER T</td>
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<tr>
<td>JEREMY C</td>
<td>SIENNA H</td>
<td>JASON N</td>
<td>ZOE W</td>
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<tr>
<td>TARA D</td>
<td>MAX H</td>
<td>KATE O’S</td>
<td>RUBY W</td>
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<td>AMY D</td>
<td>GABY J</td>
<td>BEN P</td>
<td>ZARAH W</td>
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<tr>
<td>WILLIAM E</td>
<td>SHEA K</td>
<td>JOEL P</td>
<td>MONTANA W</td>
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RANGER TRACY

Year 4 was lucky enough to have a special visit from a park ranger last week as part of their study of National Parks. But this was no ordinary visitor – it was our KB teacher Miss Bullen dressed in her rangers uniform!

Miss Bullen lived at The Basin in Ku-ring-gai Chase National Park for 23 years; she moved to the Basin when she was 7yrs old. Living in such an environment means Miss Bullen has gained a broad knowledge of national parks and the environment simply by being surrounded by it for so long. It is a topic that she loves sharing with the community, and with us here at Elanora PS.

Miss Bullen told year 4 about the importance of looking after our National Parks, about all the fascinating wildlife in our parks, and how they too can enjoy the beauty of these parks, which are so close. She was asked a wide range of very interesting questions too!

Thanks very much Miss Bullen.
Kids Kafe Roster | To volunteer call 9913 2721

Below is the roster for the next three weeks. Please note that **Fried Rice is NO LONGER AVAILABLE** on a Thursday. Please don’t hesitate to call me or drop in to the canteen if you have any questions. Thanks, Wendy.

### Weeks 7 to 9 – Term 3

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<th>MON</th>
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<td>Week 7</td>
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<td>25/8 – 29/8</td>
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<td>DONNA P</td>
<td>DONNA P</td>
<td>ELISA P</td>
<td>KATE McG</td>
<td>ANGELA C</td>
<td>KYM G</td>
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<td>ELISA P</td>
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<td>FIONA F</td>
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<td>Week 8</td>
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<td>1/9 – 5/9</td>
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<tr>
<td>KRISTEN B</td>
<td>KRISTEN B</td>
<td>KIM K</td>
<td>LINDA E</td>
<td>MICHAELA B</td>
<td>JENNY T</td>
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<td></td>
<td></td>
<td>REBECCA C</td>
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<td>Week 9</td>
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<td>8/9 – 12/9</td>
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<tr>
<td>FIONA F</td>
<td>FIONA F</td>
<td>CANTEEN FUN DAY!!</td>
<td>ANGIE K</td>
<td>LOUISE E</td>
<td>KELLY G</td>
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<td></td>
<td></td>
<td>PAULA B</td>
<td></td>
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<td>SINA V</td>
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To order school lunches online go to [www.munchmonitor.com](http://www.munchmonitor.com)

Use log in – username: Elanora and password: munch2101

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Premier’s Reading Challenge 2014 | KIM WOODS

Congratulations to the 160 students who completed this year’s challenge:


**Year 6** – Millie R, Max S, Montanna W.

Congratulations to all, a massive Reading effort.
PSSA Spring Season and NEW User Pay Sports

Our new User Pay Sports and PSSA Spring Season for Terms 3 and 4 (beginning Friday 12th September, 2014 until Friday 28th November, 2014) are as follows:

**USER PAY SPORTS SPRING SEASON**

- **Tennis for Years 3-6** (30 spots available)
- **Fitkids for Years 3-6** (32 spots available)
- **Sportspro for Years 3-6** (30 spots available) Note: This program is set to build skills for Softball, Pittwater Tag, T-Ball and Cricket in preparation for PSSA in Term 1 2015. A great opportunity for all!
- **Junior Mixed AFL Years 3-4** (24 spots available) Note: This program is non-competitive; students play against the other 8 schools in the Pittwater PSSA. It is held at Narrabeen Sports High School and students will travel to and from the venue by bus. A MINIMUM of 8 GIRLS must participate in this program for us to enter.

As per last season entries for these programs **MUST BE COMPLETED ONLINE** at schoolinterviews.com.au. Our code for this season of sport is **9S4TJ**. The programs are filled on a first come, first served basis. If a sport that your child wishes to participate in is full then there is a waiting list, however, you will run the risk of missing out on a second preference by remaining in the waiting list for a first choice sport.

The School Interviews website will be **OPEN for bookings on Friday 29th August, 2014 at approximately 4pm** after the completion of our trials for the upcoming PSSA Season.

**PSSA TRIALS - SPRING SEASON**

Our PSSA trials will be held throughout the school day on Friday 22nd August. This season's sports are as follows:

- **Junior Girls** - Pittwater Tag - Coach: Jono Rosconi
- **Junior Boys** - Softball - Coach: Sylvia Zaratsian
- **Senior Girls** - Softball - Coach: Abby Clydsdale
- **Senior Boys** - Cricket - Coach: Dave Waters

Thank you for your continued support of school sports and the associated programs that we endeavour to provide our students with within our school.

**ICAS Writing Test... | VICKI BOSLER**

The ICAS Writing Test was held in late Term 2 and seven students from Years 3-6 sat this exam. Two students were awarded a Participation Certificate and will receive their certificate at a morning assembly.

Students who gained a Merit, Credit or Distinction in this exam will receive their certificate at the next K-6 Assembly (Week 10). Parents are more than welcome to attend this assembly.

The results are presented in the table below:

<table>
<thead>
<tr>
<th>Award</th>
<th>Number of Students</th>
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<tbody>
<tr>
<td>High Distinction</td>
<td>Max H (3W)</td>
</tr>
<tr>
<td>Distinction</td>
<td>Rebecca H (4/5M)</td>
</tr>
<tr>
<td></td>
<td>Charlotte T (5/6R)</td>
</tr>
<tr>
<td></td>
<td>Sam K (5/6R)</td>
</tr>
<tr>
<td>Credit</td>
<td>Indiya B (3W)</td>
</tr>
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REBECCA NEW
JUMP ROPE FOR HEART COORDINATOR

Our school is participating in the Heart Foundation Jump Rope for Heart program this Term as our annual fundraiser in place of the Spellathon! We would love your support. Heart Foundation Jump Rope for Heart is an exciting and non-competitive program which encourages children to become more active through skipping, learning new skills and raising vital funds for heart research and community health programs.

Skipping is an excellent way for children to keep fit and healthy. Over the next few weeks, your child or children will be learning a range of fun skipping skills and new tricks. We will emphasise the importance of regular physical activity and the importance of healthy eating for a healthy lifestyle. They will also enjoy a skipping demonstration.

Jump Rope for Heart is also a great way to encourage children to get involved in our community and support Australia’s leading heart health charity, the Heart Foundation. The Jump Rope for Heart team provides our school with fantastic resources and support so that we can implement the program. In return, we ask that students help by seeking sponsorship for their involvement.

Sponsorship is easy – simply go online to www.heartfoundation.org.au/jumprope, click on the green ‘Kids Join Now’ button, and register your child today!

• A secure fundraising page will be created as soon as you register; all you need to do then is click the ‘Email Sponsors’ link to send your family and friends an email asking them for their support… It’s that easy!

• This is an easy, safe way for your child to monitor their progress, receive bonus prizes and even receive sponsorship from family and friends who are further afield.

• Our school fundraising page is https://jumprope2014-elanoraheightspublicschool-108650.everydayhero.com/au/elanora-heights

At the end of the program we will be holding a Jump Off, an event to celebrate and culminate the Heart Foundation Jump Rope for Heart program. This will be held on September 17th. The Jump Off day is a great opportunity for you to witness how much fun skipping can be, come along and pick up a rope! More information to come soon!

We were lucky enough last week to have a demonstration from the Middle Harbour Whipper Skipper team and their coach Dianne Robertson.

These students train for at least 1 hour a week and their dedication certainly was evident. They impressed us with routines set to both slow and upbeat music. There was individual and group skipping, with one, two and (at one stage) three ropes! We were so thankful for their cheery and professional presentation. Everyone was keen to start skipping after that display!
Green Week | JENNY CULLEN, Environment Co-ordinator

Tuesday 2nd – Friday 5th September
Each year our school has featured a whole school Green Day focussed on environmental education activities. This year the activities are scheduled over four days to accommodate our growing numbers and timetabling requirements. These activities are designed to increase students’ knowledge and appreciation of our extraordinarily rich local environment and also, the pressing problems faced both locally and globally. Parents are welcome to attend any activities. If you have particular experience or interest that you would like to contribute, please let me know!

Waste – Please make an effort to send an earth-friendly lunch and morning tea during Green Week – without plastic or foil. Over a lifetime, the waste created with our food is causing real problems. It is truly heartening to see Elanora students taking pride in their healthy, waste-free lunches and morning teas.

Green Week Activities

Kindergarten and Year 1: Environmental Art – a 1 ½ hour session with Emmie Collins, an artist and bush regenerator. Students will make an artwork using small found natural objects, so please start collecting. Look for thin, light natural objects which could be easily glued or attached to paper e.g. leaf skeletons, seed pods, small pieces of driftwood, feathers, small shells with holes. Send in from Monday, 25th August. Parent helpers needed.

Years 1 – 6: Birds in our School, Thursday, 4th September – Tim Thurston will give a presentation about the birds who share our playground, particularly the birds named in our school houses: Rosella, Lorrikeet, Kookaburra and Currawong. Tim is an ecologist completing further study in ornithology, researching Rainbow Lorrikeets. He is also a professional bird caller and is experienced in children’s nature education.

Year 2: Waste presentation and audit, Wednesday, 3rd September – Pittwater Council’s Waste Education staff will talk about waste and organise an audit of the total school waste from the previous day. It is several years since the school’s last waste audit so we will be comparing results.

Year 3: Aboriginal Heritage presentation, Thursday, 4th September – a presentation with each class by an officer from the Aboriginal Heritage Office, informing students about aspects of traditional Aboriginal culture and appropriate respect for artefacts such as rock engravings.

Year 4: Catchment education, Wednesday, 3rd September - a class session with Coastal Environment Educators learning about stormwater, where it goes and how we can help keep it clean using a large-scale 3D model of the Narrabeen Lagoon catchment.

Outdoor environmental activities –

Year 2: Wed 3rd or Thursday 4th September – Tim will take each Year 2 class for a 1 hour session learning about the habitat and creatures in our grounds.

Year 3: Thursday 4th September - a 1½ - 2 hour session led by a teacher from Gibberagong Environmental Education Centre, learning about the school’s native bushland and creatures who may live there. Gibberagong teachers are specialist staff with the Department of Education and Communities.

Year 4: Thursday 4th September, Dewrang Reserve - a 1½ - 2 hour session led by a teacher from Gibberagong Environmental Education Centre, learning about the importance of local bushland at Dewrang Reserve, above the school.

Years 5 and 6: Tuesday 2nd September, Elanora Heights to Narrabeen Lagoon - following the trail of stormwater (and what it carries) with class teachers. This relates to the Take 3 for the Sea project which Stage 3 students have been working on.
Practice
Band members – keep practising to improve your skills- you are part of something bigger!

When you play in a band, you get to experience what too few people will ever enjoy. You don’t just hear music coming TO you from speakers or ear buds. YOU are IN it. You are PART of it. The music is HAPPENING ALL AROUND YOU. It’s the ultimate surround sound!

- Mr Warda (via hannybanany2015)

Committee Meeting
The next Music Committee Meeting is scheduled for Wednesday, September 3rd at 730pm at the Elanora Squash courts. All are welcome to attend.

On the Agenda:
Music Participant's Code of Conduct
Where we are at with the MYOB – so we can get invoices out
Music and equipment retrieval
Coordination progress for Navy Band school visit

Uniform Shop
Uniform Shop Coordinator KATE DUTTON
Open on Monday & Thursday from 8.15am to 9.45am
Purchase in store or by order form available online. Pay by cash or card (Eftpos, Visa or Mastercard)
Email: ehrs.uniforms@gmail.com
Alterations & Repairs by Michelle Sturrock (Dressmaker and parent), great rates on offer to Elanora families. Details are available at the Uniform Shop.

Second Hand Uniforms
Second Hand Uniform Coordinator KAREN WOODLEY
Enquiries or Purchase please call 9913 1292 after 9.00am or email thewoodleys@optusnet.com.au
ENROL NOW!!
PAY-AS-YOU-GO
No Direct Debit
No Contracts

Elanora Heights Public School
43 Elanora Road, Elanora Heights
FRIDAY Juniors: 6:00pm

Terrey Hills Community Centre
Yulong Ave, Terrey Hills
TUES Juniors: 6:00pm

Phone: 04 1300 4094
www.tkma.com.au

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PRODUCTS & SERVICES ADVERTISED ARE NOT ENDORSED BY ELANORA HEIGHTS P.S.
Hi everyone, Nikita and I (Aspen) have joined the John Maclean Foundation to complete the Kids 4 Kids Ironman. This will have us swimming 3.8kms, riding 180kms and running 42.2kms in a total of 8 weeks.

This will be a very hard task for us as we have to average 500m of swimming each week, 22.5kms bike riding a week and 5.25kms of running a week so we are asking if you could donate whatever you can to motivate us and help raise money for children who desperately need new wheelchairs and don’t get to enjoy the freedom we have. We start our Ironman on Sat 30 August!!!!

Thank you, Aspen & Nikita Lievert.

To donate whatever you can please go to https://jmfkids4kids2014.everydayhero.com/au/team-askita
NIPPERS REGISTRATIONS

North Curl Curl SLSC - Sunday 14th September - 9am to 3pm.
Contact: www.nthcurlcurlslsc.com.au or office@nccslsc.com.au

North Narrabeen Surf Club  Sunday 14th & 21st September 2014 - 9am to 12pm
Contact: www.nnsischnippers.com or registration@nnsischnippers.com